

*All Recipes Contain Oil, Salt & Pepper

Soups				
Day	Name	Dietary	Notes	Ingredients
Daily	Italian Wedding Soup	NF, (GF w/o Pasta)		Carrots, Onion, Celery, Dill, Kale, Italian Sausage, Roasted Chicken or Turkey Base, Pasta, Olive Oil , Salt and Pepper
Monday	Gazpacho	GF, NF, V+	Allergen Alert: None	Tomatoes, Cucumber, Bell Pepper, Onion, Poblano, Garlic, Lemon, Champagne Vinegar, Basil, Red Wine, Red Pepper Flake
Tuesday	Cilantro Lime Chicken	GF, NF, DF	Allergen Alert: Corn	Onion, Garlic, Carrots, Poblano, Potato, Chicken Stock, Chipotles in Adobo, Corn, Chicken, Lime, Cilantro
Wednesday	Harissa Grilled Corn & Potato	GF, NF, DF	Allergen Alert: Corn *Contains Pork	Corn, Potatoes, Onion, Bacon, Garlic, Turkey Stock, Chives, Harissa, Smoked Paprika, Coconut Milk
Thursday	Summer Veggie	GF, NF, V+	Allergen Alert:	Onion, Carrot, Celery, White Wine, Zucchini, Yukons, Kale, Garlic, Veggie Stock, Fire Roasted Tomatoes, Corn Blend, White Beans, Thyme, Rosemary, Red Pepper Flake
Friday	Tomato Basil	GF, NF, V+	Allergen Alert: *Contains Coconut	Fire Roasted Tomatoes, Carrots, Onion, Garlic, Veggie Stock, Basil, Coconut Milk
Saturday	Tuscan Rosemary White Bean	NF, V+, GF	Allergen Alert:	Onion, Garlic, Carrots, Celery, Chili Flake, Rosemary, Tomato Paste, White Wine, Oregon, Herbs de Provence, Veggie Stock, Fire Roasted Tomatoes, Kale, Basil, Parsley, White Beans
Sunday	Shrimp Bisque	GF, NF	Allergen Alert: Heavy Cream *Contains Shrimp	Shrimp, Fire Roasted Tomatoes, Heavy Cream, Onions, Garlic, White Wine, Red Pepper Flake, Thyme