

*All Recipes Contain Oil, Salt & Pepper

August 2026 Market Sides			
Name	Dietary	Notes	Ingredients
*Chicken Salad	GF, DF	Allergen Alert: Mayo (Soy, Eggs, Corn), Nuts (Almonds)	Chicken, Apples, Diced Celery, Currants, Sliced Almonds, Mayo, Shallots, Champagne Vinegar, Sugar, Dijon
*Tuna Salad	GF, NF, DF	Allergen Alert: Mayo (Soy, Eggs, Corn)	Tuna, Celery, Dill, Lemons, Mayo, Dijon, Red Onion
*Blackberry Kale	GF, DF, V+	Allergy Alert: Nuts (Almonds)	Kale, Golden Raisins, Pecans, Blackberries, Sunflower Seeds, Balsamic, Apple Juice, Blackberry Puree
*Broccoli Slaw	GF, V	Allergen Alert: Mayo (Soy, Eggs), Nuts (Almonds)	Broccoli, Cranberries, Almonds, Shallots, Mayo, Buttermilk, Apple Cider Vinegar, Sugar
*Pesto Pasta	NF, V	Allergy Alert: Gluten (Pasta), Dairy	Cavatappi, Mozzarella Balls, Spinach, Tomato, Parmesan, Basil, Garlic
Citrus Herb Angel Hair	NF,V	Allergen Alert: Dairy (Parm), Gluten (Pasta)	Pasta, Parmesan, Garlic, Parsley, Rosemary, Thyme, Lemon Juice, Orange Juice, Dijon, Honey
*Pineapple Poppy Chickpea	GF, V+	Allergen Alert: Nuts (Almonds)	Chickpeas, Pineapple, Green Onion, Red Bell Peppers, Almonds, Kale, Apple Cider Vinegar, Brown Sugar, Dijon, Chipotle, Poppy Seeds
*Grilled Corn Sweet Potato	GF, NF, V	Allergy Alert: Dairy, Mayo (Egg, Soy, Corn)	Sweet Potatoes, Red Bell Pepper, Feta, Pepitas, Corn, Lime, Mayo, Sour Cream, Smoked Paprika, Cilantro
*Mango Lime Quinoa	GF, NF, V+	Allergy Alert: *Contains Coconut	Quinoa, Mango, Green Onion, Cilantro, Parsley, Edamame, Coconut, Carrots, Beets, Lime, Rice Wine Vinegar, Granulated Garlic, Dijon, Brown Sugar
*Cucumber Watermelon	GF, NF, V+	Allergy Alert:	Watermelon, Cucumber, Heirloom Cherry Tomatoes, Balsamic Glaze, Lemon, Basil
*Summer Harvest Salad	GF, NF, V+	Allergen Alert:	Heirloom Tomatoes, Zucchini, Yellow Squash, Bell Peppers, Red Onion, Brussels, Basil, Dijon, Brown Sugar, Apple Juice, Apple Cider Vinegar

*Available in NV & AD