

*All Recipes Contain Oil, Salt & Pepper

September 2026 Market Sides			
Name	Dietary	Notes	Ingredients
*Chicken Salad	GF, DF	Allergen Alert: Mayo (Soy, Eggs, Corn), Nuts (Almonds)	Chicken, Apples, Diced Celery, Currants, Sliced Almonds, Mayo, Shallots, Champagne Vinegar, Sugar, Dijon
*Tuna Salad	GF, NF, DF	Allergen Alert: Mayo (Soy, Eggs, Corn)	Tuna, Celery, Dill, Lemons, Mayo, Dijon, Red Onion
*Blackberry Kale	GF, DF, V+	Allergy Alert: Nuts (Almonds)	Kale, Golden Raisins, Pecans, Blackberries, Sunflower Seeds, Balsamic, Apple Juice, Blackberry Puree
*Broccoli Slaw	GF, V	Allergen Alert: Mayo (Soy, Eggs), Nuts (Almonds)	Broccoli, Cranberries, Almonds, Shallots, Mayo, Buttermilk, Apple Cider Vinegar, Sugar
*Pesto Pasta	NF, V	Allergy Alert: Gluten (Pasta), Dairy	Cavatappi, Mozzarella Balls, Spinach, Tomato, Parmesan, Basil, Garlic
Crisp Apple Pasta	V	Allergy Alert: Gluten (Pasta), Dairy (Parmesan), Nuts (Pecans)	Pasta, Cranberries, Celery, Red Onion, Oranges, Pecans, Parmesan, Apple, Apple Cider Vinegar, Apple Juice, Dijon, Brown Sugar, Cinnamon
*BLT Egg Salad	GF, NF, DF	Allergy Alert: Eggs, Mayo (Egg, Soy, Corn), Pork (Bacon)	Bacon, Tomatoes, Eggs, Celery, Dill, Green Onion, Mayo, Dijon, Lemon, Worcestershire, Horseradish, Garlic
*Chipotle Sweets	GF, NF, V+	Allergy Alert: Corn	Sweet Potatoes, Corn Blend, Black Beans, Roasted Red Peppers, Cilantro, Chipotles in Adobo, Lime Juice
*Black Bean Quinoa	GF, NF, V+	Allergy Alert: Corn	Quinoa, Bell Pepper, Red Onion, Corn Blend, Tomatoes, Black Beans, Cilantro, Lime, Chipotles in Adobo, Dijon, Chili Powder, Garlic
*Maple Mustard Brussels	GF, NF, V+	Allergy Alert:	Brussels, Whole Grain Mustard, Maple Syrup, Oranges, Orange Juice, Dried Cranberries
*Herb Marinated Veggies	GF, NF, V	Allergy Alert: Dairy (Mozzarella)	Tomatoes, Cucumber, Bell Pepper, Grilled Corn, Red Onion, Basil, Mozzarella, Red Wine Vinegar, Dijon, Oregano, Garlic, Red Pepper Flake

*Available in Naperville and Oak Park