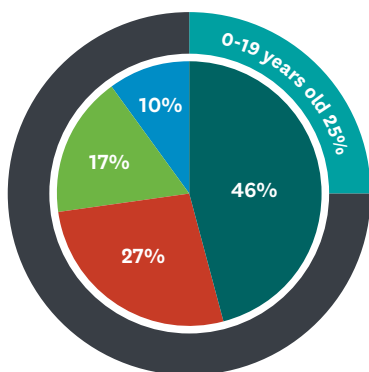


National Summary

Infant, child, and adolescent (0-19 years) population (2022-2032):

Population data play a crucial role in assessing the current and anticipated future demand for services. By analysing population data, it becomes possible to understand the size and composition of the population, allowing for a better estimation of the demand for services.



A quarter of Aotearoa's 2022 population was 0-19 years old

Ethnicity

- 'Other' (including NZ European/Pākehā)
- Māori
- Asian
- Pacific

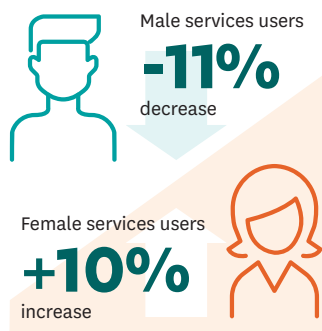
While 10-year projections (2022 to 2032) indicate a declining overall 0-19 years population (by -0.6%); projections show a trend towards a growing ethnically diverse population.

+6%
Māori

+1%
Pacific

+36%
Asian

Service user access to ICAYMH/AOD services, from 2019-2021:



Decrease seen in the number of service users



Overall access rate to services

5% target rate

set by the MHC for the overall 0-19 years age group

2021 4.6%

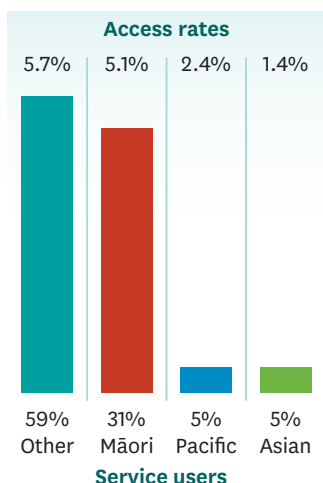
2023 4.5%

Service user access to ICAYMH/AOD services, 2021:

Service user data can help to identify utilisation patterns and gaps in service delivery, guiding resource allocation and interventions for timely and appropriate mental health services and support.

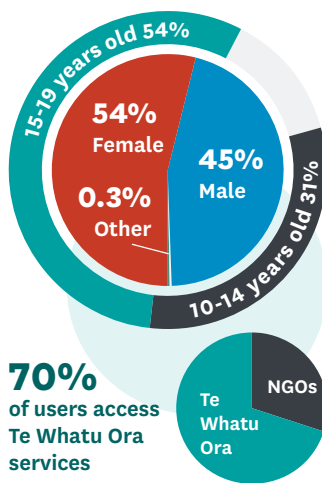
Access rates by ethnicity

'Other Ethnicity' group (includes NZ European/Pākehā) largest proportion of service users with the highest access rate

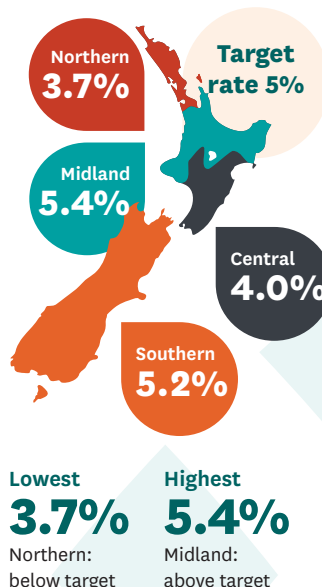


Access rates by gender

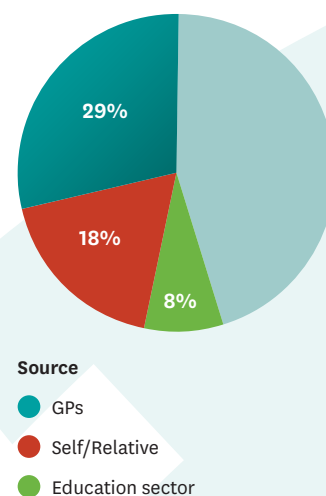
'Other Ethnicity' group (includes NZ European/Pākehā) largest proportion of service users with the highest access rate



Access rates by region

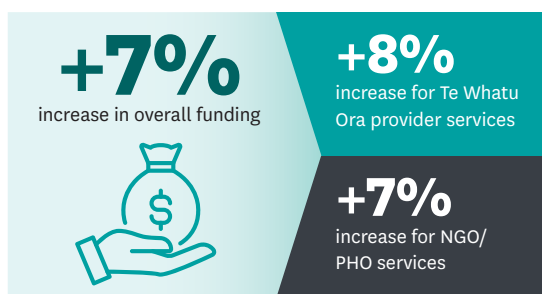


Largest referral sources to mental health services



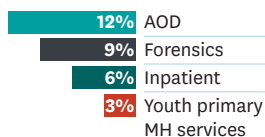
Find out more at wharaurau.org.nz/stocktake

ICAYMH/AOD funding 2020-2022:

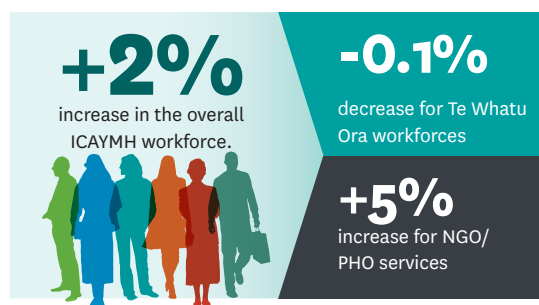


Funding by service

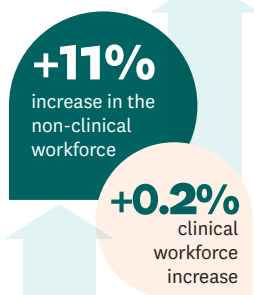
70% funding allocated to **community-based** infant, child, adolescent and youth mental health services/activities



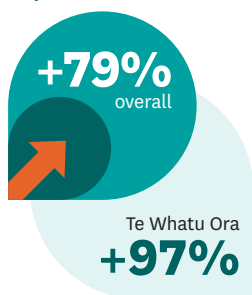
ICAYMH/AOD workforce 2020 to 2022/23:



Workforce increases

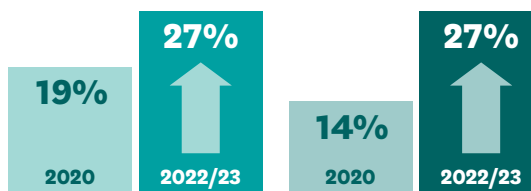


Reported vacancies



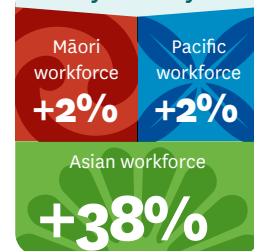
Turnover

Overall annual turnover rate increased from 19% to 27%



No change in NGO turnover - remained at 27%

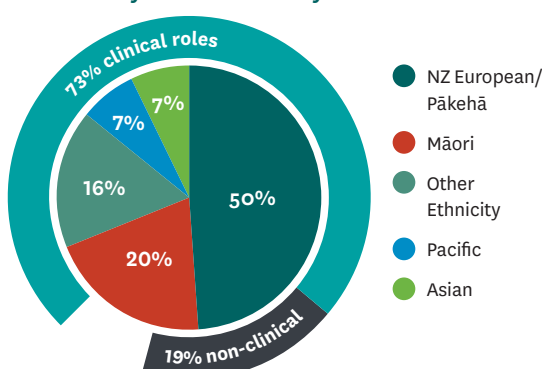
Workforce increases by ethnicity



ICAYMH/AOD workforce 2022/23:



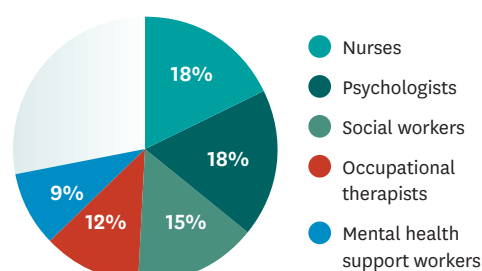
Workforce by role and ethnicity



Vacancy rate



27% overall turnover rate breakdown



Main reasons for staff turnover were external and internal job opportunities, moving into private practice for better salaries, and relocating to another city/town

BIGGEST WORKFORCE CHALLENGE:

Recruitment and retention of experienced staff

GREATEST WORKFORCE DEVELOPMENT NEED:

Training in therapeutic interventions

Recommendations:

- **Increase and allocate appropriate levels of funding** to enable improvements in essential infrastructure, service, and workforce development activities
- **Engage in prevention and early intervention activities** that includes mental health promotion to inform, educate, and improve mental health literacy and stigma reduction for early access to essential services
- **Invest in and continue to provide early intervention programmes and services** (in schools, community), including evidence-based digital resources
- **Continue to expand and strengthen primary services and workforce** to alleviate demand on specialist services
- **Develop new and better youth-informed services**, especially for Māori, Pacific, and Asian young people
- **Increase, strengthen and support the workforce through:**
 - Funding, planning, and service re-design
 - Increasing capacity via effective and targeted recruitment and retention strategies
 - Increasing capability by identifying knowledge and skills requirements and enabling access to development opportunities

Find out more at wharaurau.org.nz/stocktake