



The exquisite Royal Palace gates in Fes, Morocco

Cultural and Professional Study Tours 2026 and 2027

Travel • Understand • Enjoy



**JON BAINES
TOURS**



www.jonbainestours.com

About Us

When I set up the company, I wanted to ensure that our travellers experienced the hidden, the lesser known and the unexpected in every destination; the teahouses, old buildings, local markets, lanes and parks that tell a story. To follow a narrative of a place's past, helping us understand its present and perhaps allowing us a glimpse of its future. This is best achieved by walking the streets and talking to locals; which we do, both on tour and during the research stage.

We have two friendly offices in London and Melbourne and we are always available to talk and provide personal service. We also run events for our clients. I'm very proud that travellers return to explore the world with us - so much so that we have an unofficial JBT 'family'! We're doing what we love to do, and it's gratifying to know that other people also love our tours.



Here's to exploring more of the world with you all - whether you are new to our tours or a valued JBT regular.

- Jon Baines

Our Tours



A proud mum and her baby
(by Liza Miller, Midwifery in Peru, June 2025)

We run **fully escorted, small-group, professional and cultural tours and cruises.**

Our professional tours give you specialist insight into your particular profession in another country through meetings with your peers and visits to, e.g., clinics, NGOs, hospitals and educational centres. Partners are welcome on all tours and CPD is available on some; please visit our website for details.

Our cultural tours open the world in new and precise ways through the prism of, e.g., botanical history, the history of belief or medicine, or cuisine. Discover unexpected facets of each destination – our curated tours are rich and exciting, created with expertise and enthusiasm.

Every tour takes you under the skin of a destination and straight to its heart. Uncover the unexpected, learn from local experts and burnish your understanding.

Tour Leaders and Guides

Cigil, our wonderful national guide in Turkey



Our tour leaders are hand-picked for their experience, personality and passion. They provide professional, academic and cultural guidance alongside excellent local guides, who add depth, flavour and perspective as you travel around the country together.

The most important job of a tour leader is to provide pastoral care. Interesting, enthusiastic and accomplished people in their own right, tour leaders may also give specialist talks during the tour. They are the sort of person you will enjoy sharing a drink with at the end of a busy day.

Tour leaders work alongside our highly experienced national guides, most of whom we have worked with for many years. National guides look after the tour organisation and talk about local history, cuisine, education, traditions etc, as well as having the specialist knowledge to contextualise medical and technical translations on our professional tours. We have very enquiring travellers and our guides, such as Zhang (John) in China, 'Prince Charles' in South India, Long in Vietnam, Coco in Japan, Cigil in Turkey (pictured in Marmaris), Amr in Egypt and Frank in South Africa, receive rave reviews from even the most discerning guests.

Projects We Support



Working on a mould, Jaipur Foot

There are many inspiring, ground-breaking local projects in the destinations we visit, encompassing independent charities or NGOs. Many of our itineraries support such projects, with some examples below.

In Rajasthan, **The Barefoot College** provides training to villagers in a variety of skills including health care, education and engineering.

The extraordinary, multiple award-winning **Jaipur Foot** was founded in 1975 to provide artificial limbs to the poor.

The **Kim Long Charity Clinic** in central Vietnam provides free healthcare to underprivileged communities in remote areas.

In Bali, midwives, medical staff and outreach workers at **Yayasana Rama Sesana** improve the health of low-income women, and the NGO **Yayasan Bumi Sehat** provides primary health care and education for poor families.

Partnered Tours



Tbilisi old town in Georgia on a partnered tour with The Dowling Club

As well as the tours and cruises in this brochure, we run bespoke tours in conjunction with organisations and professional bodies.

For many years we have partnered with organisations such as the **Royal Society of Medicine**, the **Australian College of Nursing** and the **Australian College of Midwives** – to name just a few – to create special interest tours, on which all are welcome.

In addition, we run private, 'closed group' tours exclusively for the members of organisations such as the **Travelling Surgical Society of Great Britain and Ireland**, **The Dowling Club** and the **West Kent Medico-Chirurgical Society**.

We also organise **student study tours** in conjunction with several Australian universities. **Please contact us to find out more.**

How We Travel



Taking the toy train to Ooty

Tours are a journey, an experience, and an adventure and the transport should be part of that. We try to include as much variety as possible. Internal flights are often necessary and save time, but to really see a country, overland is best. We like to include a rail journey, and we love to walk – the best way to get to know a town or city centre. Wandering the streets allows for browsing, listening and musing; stopping for that spontaneous drink, or unusual snack, or that surreal purchase. To spice up our tours we also travel by rickshaw, ox cart, jeep, ferry, cable car, rice barge and bus. *Bon voyage!*

What We Eat



Traditional Turkish testik kebabs

We make sure that you enjoy the best of a country's cuisine and drinks. We also try to be as local as possible, with some tours offering cooking experiences. Many of our regular meals add to your cultural experience, such as a meal at the Koto charity in Hanoi, brandy tasting in Armenia, a cup of chá in a relaxed Sichuan teahouse, Kobe beef in Kobe or tasty samples on a culinary walking tour in Istanbul. Or you might enjoy a homemade lunch on a spice smallholding in Sri Lanka, experience locavore in Crete, sip wine from a medieval wine window in Florence, or sample chichi frégis in Marseilles.

Where We Stay



The elegant small cruise ship, Monet, is a favourite

When it comes to accommodation we like charm, comfort, a central location and good service. Wherever possible, we stay in buildings that reflect the culture of the destination.

Sometimes, however, period charm means cold rooms, intermittent plumbing and unresponsive staff - in which case we will book that reliable, modern hotel.

We also like variety; from the city *grand dame*, to the contemporary boutique, to the bungalow, to the unusual (a boulder hotel, or perhaps a rice barge). A good bar area to gather for an evening is also important. On our cruises, we aim to use smaller ships, such as the pictured MS Monet, with their intimacy, service and style.




Tour Name	Tour Date	Page
2026		
Spice, Trade and Botanicals: Histories along the Malabar Coast	23 January – 7 February 2026	1
Medicine and Society in South India	25 January – 7 February 2026	1
Journey along the Mekong: A medical and dental study tour and cruise	5 – 16 February 2026	2
Thailand Post WFOT Congress Tour	13 – 20 February 2026	3
A History of Medicine Cruise Along the Nile	13 – 25 February 2026	4
Veterinary Study Tour in Sri Lanka	15 February – 1 March 2026	5
Palliative Care in North India	22 February – 8 March 2026	5
Ophthalmology in Nepal and Bhutan	15 – 27 March 2026	6
Medicine and Society in China	4 – 18 April 2026	6
Wildflowers, Wine and History in Crete	CAN BE COMBINED 18 – 24 April 2026	7
Guernsey, Sark and Jersey: A Heritage Tour in the Channel Islands	24 April – 2 May 2026	7
In the Footsteps of Florence: A Nightingale Nursing History Tour to Germany	CAN BE COMBINED 3 – 6 May 2026	8
In the Footsteps of Florence: A Nightingale Nursing History Tour to Florence	8 – 13 May 2026	8
A History of Medicine Cruise in the Eastern Mediterranean	16 – 25 May 2026	9
Botanical Histories in the Kingdom of Flowers: Yunnan, Southwest China	19 May – 1 June 2026	10
Culture and Belief in Romania	8 – 20 June 2026	10
The History of Medicine in Scotland: A Seedbed of Medical Innovation	19 – 30 June 2026	11
Midwifery in Morocco Post ICM Congress Tour	21 June – 2 July 2026	11
Medicine in the Malay Archipelago	21 June – 4 July 2026	12
The 6th Secret London	14 – 17 August 2026	12
Wildflowers, Wine and the Cape Floral Kingdom: Botanical Histories in South Africa	27 August – 10 September 2026	13
Rural and Remote Healthcare in the NT: From the Red Centre to the Top End	3 – 11 September 2026	13
Palliative Care in Hungary and Romania	13 – 23 September 2026	14
Legacies of Plagues: A Social and Medical History Tour of Italy, France and England	19 September – 5 October 2026	14
Medicine and Society in Uzbekistan, Tajikistan and Turkmenistan	20 September – 3 October 2026	15



Tour Name	Tour Date	Page
 In the Footsteps of Wallace in the Malay Archipelago: Borneo, Singapore and Indonesia	20 September – 4 October 2026	15
 North and South Japan: Hokkaido and Kyushu	4 – 16 October 2026	16
 Dental Study Tour to Japan	5 – 16 October 2026	16
 Dental Study Tour to Peru	18 – 30 October 2026	17
 Nursing and Midwifery in Nepal	25 October – 7 November 2026	17
 Physiotherapy and Rehabilitation in China	2 – 14 November 2026	18
 Obstetrics and Gynaecology in Egypt with a Nile Cruise	4 – 15 November 2026	18
 Ecuador and the Galápagos Islands by private yacht	4 – 18 November 2026	19
 Medicine in Brazil and Argentina	8 – 20 November 2026	19

2027

 A Cruise Through History Along the Hooghly with Katie Hickman	25 January – 5 February 2027	20
 Dental Study Tour in Egypt	January 2027	20
 History of Medicine Along the Nile with Rosalie David	February 2027	20
 Botanical History in Kolkata and Darjeeling	March 2027	20



Spice, Trade and Botanicals: Histories along the Malabar Coast



Cruise in a converted rice barge on the Keralan backwaters

23 January – 7 February 2026

Tour leader: Gina Fullerlove

www.jonbainestours.com/malabar

The captivating Malabar Coast has been a meeting place of cultures throughout history. Its lush landscapes were fragrant with the precious spices that brought traders from far and wide, making this coastline rich in both wealth and culture.

This tour takes you through the most evocative parts of Malabar, taking inspiration from Hortus Malabaricus (meaning “Garden of Malabar”), which captured the flora of the Western Ghats. Nearly thirty years in the making, it was published in Amsterdam from 1678 to 1693.

At the end of the tour there is the option to extend at a Keralan backwater resort.

**2 nights Bangalore – 3 nights Mysore – 2 nights Ooty – 2 nights Madurai
– 3 nights Periyar – 3 nights Cochin**

Medicine and Society in South India

From the shore temples at Mahabalipuram to the languid backwaters of Cochin, travel through the lush southern states of Tamil Nadu, Karnataka and Kerala. This tour will showcase some of the greatest cities and most beautiful landscapes of South India, the birthplace of Ayurveda.

Spend time with your professional peers and meet dedicated medical practitioners in a wide variety of healthcare settings, ranging from an Ayurvedic Medical Retreat to leading medical institutions.

At the end of the tour there is the option to extend at a Keralan backwater resort.



The shore temples at Mahabalipuram

25 January – 7 February 2026

Tour leader: Janice Liverseidge

www.jonbainestours.com/indiamed

**3 nights Mahabalipuram – 2 nights Bangalore – 3 nights Mysore
– 2 nights Ooty – 3 nights Cochin**



Your elegant riverboat on the Mekong



Fishermen on the Mekong River

Journey along the Mekong: A medical and dental study tour and cruise

Journey by land and water through the languid, beautiful lands of the Mekong in Vietnam and Cambodia.

Travel from dynamic Ho Chi Minh City to the Mekong Delta. Cruise for three nights on the stylish Pandaw Indochina along the Mekong River, past mangroves, bamboo forests, floating markets and villages to Phnom Penh, a city retaining its French colonial architecture amidst leafy riverside streets. Explore the great archaeological sites of Angkor Wat, Ta Prohm and the Bayon.

The professional visits and talks provide historical and contemporary insight into medicine and dentistry in Indochina, as well as its culture and society.

There is an optional extension to beautiful Koh Andet Island at the base of the Cardamom Mountains after the tour.

5 – 16 February 2026
Tour leader: Dr Elizabeth Milford
www.jonbainestours.com/mekong

**3 nights Ho Chi Minh – 3 nights Mekong River Cruise – 2 nights Phnom Penh
- 3 nights Siem Reap**

Thailand Post WFOT Congress Tour



A longtail boat in Phuket

13 – 20 February 2026

Tour leader: Marilyn Pattison

www.jonbainestours.com/thaiot

This tour offers a fascinating journey through Thailand's history and culture, showcasing how Thai traditions and local practices are integrated into occupational therapy.

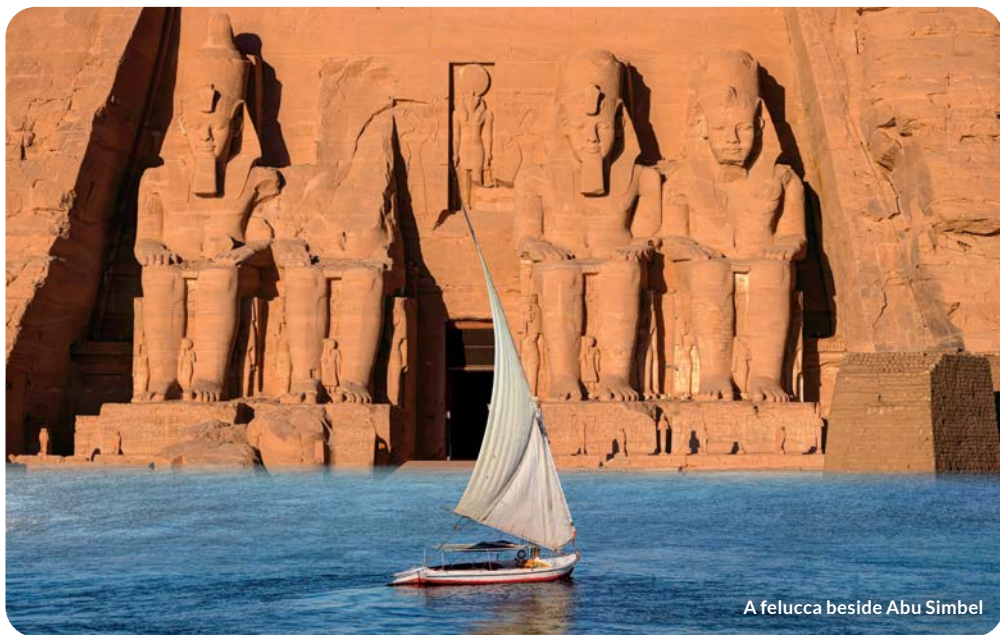
Following the WFOT conference in Bangkok, journey to Chiang Mai, Doi Suthep-Pui National Park and beautiful Phuket.

Explore the evolution of occupational therapy in Thailand within its unique social and economic contexts, highlighting how Western therapeutic practices are integrated with traditional Thai medicine.

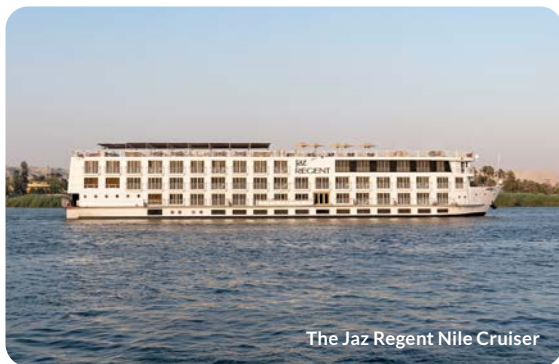
4 nights Chiang Mai – 3 nights Phuket



Harvesting marigolds in Kunming, Yunnan, China



A felucca beside Abu Simbel



The Jaz Regent Nile Cruiser

A History of Medicine Cruise Along the Nile

Cruise in comfort to Egypt's most fascinating destinations and learn about the history of medicine in Egypt. Cruise along the River Nile aboard the luxury MS Jaz Regent Nile river cruiser and stay in first-class hotels in Giza and Luxor.

Listen to lectures by Professor Rosalie David, an authority on the medicine of Ancient Egypt, who will accompany you on private shore visits to sites of medical historical interest, as well as the wonders of ancient Egypt. Janice and Rosalie are a popular and highly successful team from previous History of Medicine Along the Nile cruises.

There is an optional 3-night extension to Alexandria and the battlefield of El Alamein after the tour.

13 – 25 February 2026
Tour leader: Janice Liverseidge
Speaker: Professor Rosalie David
www.jonbainestours.com/nile26

3 nights Giza – 7 nights Nile cruise – 2 nights Luxor

Veterinary Study Tour in Sri Lanka



A leopard in Nala National Park

15 February – 1 March 2026

Tour leader: Shaun Opperman

www.jonbainestours.com/srilankavets

Gain unique insight into Sri Lanka's veterinary practice and rich diversity of wildlife. Meet your Sri Lankan peers and hear talks from local experts, with specialist visits encompassing the Animal Wellness Trust, Giritale Wildlife Centre, Amba Estate, Peradeniya Veterinary Hospital, Elephant Transit Home and Yala National Park.

There is also a full cultural programme that allows you to enjoy the wonderful landscapes, cuisine and wildlife of beautiful Sri Lanka, from the capital Colombo, to the cultural heart and the highlands, to the beaches of the south.

This tour has wide appeal and is ideal for anyone with an interest in animals and wildlife, as well as veterinarians.

**2 nights Colombo – 3 nights Sigiriya – 1 night Kandy – 2 nights Amba Estate
– 3 nights Yala National Park – 2 nights Galle – 1 night Colombo**

Palliative Care in North India

Within Hindu belief, the concept of a 'good death' is deeply intertwined with both physical wellbeing and spiritual readiness. Join David Oliviere on a journey that will carefully consider the spiritual, ethical, legal and cultural aspects associated with palliative care in four northern states.

Professional visits include Shanti Avedna Sadan, India's first hospice, Delhi based charity CanSupport and the inspiring Saroj Gupta Cancer Centre. You will spend time with a host of specialists including Dr Anjum Joad, whose pioneering course in palliative medicine and nursing is the only one of its kind in North India.



An elderly woman in Varanasi

22 February – 8 March 2026

Tour leader: David Oliviere

www.jonbainestours.com/palliativeindia

**3 nights Delhi – 3 nights Jaipur – 1 night Agra – 2 nights Lucknow
– 2 nights Varanasi – 3 nights Kolkata**

Ophthalmology in Nepal and Bhutan



Tiger's Nest monastery

15 – 27 March 2026

Tour leader: Brendan J. Moriarty

www.jonbainestours.com/ophthal

Guided by the philosophy of Gross National Happiness and a shared commitment to improving public health, Bhutan and Nepal have built robust eye care workforces and achieved a dramatic reduction in preventable blindness over the past 30 years.

The tour's professional itinerary includes visits to government and community ophthalmology units, non-governmental organisations, and specialist eye care training facilities.

Experience extraordinarily rich cultures and history and explore spectacular mountain landscapes at a beautiful time of year, when meadows are cloaked in wildflowers.

**4 nights Kathmandu – 2 nights Thimpu – 2 nights Punakha
– 3 nights Paro – 1 night Kathmandu**

Medicine and Society in China

This tour takes you on an epic journey through China's history, culture and medicine.

Examine healthcare in China, the challenges posed due to its rapid economic development, and the legacy of the One Child Policy, as well as how western medicine and Traditional Chinese Medicine (TCM) are integrated in practice.

From imperial Beijing travel to the Silk Road city of Xi'an and by high-speed train to Chengdu, known for its arts, cuisine, teahouses and pandas. From Chongqing, embark on a three-night cruise along the great Yangtze River, past some of China's most stunning scenery, to end in Shanghai.



A panda cub in Chengdu

4 – 18 April 2026

Tour leader: Dr Wendy Denning

www.jonbainestours.com/chinamed

**4 nights Beijing – 2 nights Xi'an – 3 nights Chengdu
– 3 nights Yangtze Cruise – 2 nights Shanghai**

Wildflowers, Wine and History in Crete



A lovely courtyard in Chania, Crete

18 – 24 April 2026

Tour leaders: Gillian Winter
and Doug Langmead

www.jonbainestours.com/crete

Visiting Crete at peak wildflower season is a sensory adventure. An island brimming with beautiful flowers and stunning landscapes, there are around 2,000 species of plants, of which about 10% are endemic to the island.

Crete's natural beauty is equalled only by the richness of its history, which can be seen in labyrinthine lanes, mighty fortresses, Renaissance mansions, mosques and Turkish bathhouses.

Gourmands also need look no further on an island where 'locavore' is a way of life. Rural tavernas often produce their own meat, cheese, olive oil, raki and wine, and catch their own seafood.

6 nights Chania, Crete

..... The above and below tours can be combined

Guernsey, Sark and Jersey: A Heritage Tour in the Channel Islands

Just off the coast of France, the beautiful isles of Guernsey, Sark and Jersey stud the warm waters of the Gulf of St Malo. Not quite English and not quite French, these independent self-governing islands have their own character and culture. Their distinctive histories date back 250,000 years and include a period of Nazi occupation during WWII, which left a poignant legacy of war tunnels, bunkers and coastal fortifications.

Late April is a particularly lovely time to explore, with wildflowers covering clifftops, woods and verges. Combined with stunning scenery, charming old-world towns and superb local food, these islands are a literal breath of fresh air.



Gorey Castle, Jersey

24 April – 2 May 2026

Tour leader: Dr Chet Pager

www.jonbainestours.com/channel

4 nights Guernsey – 4 nights Jersey

In the Footsteps of Florence: A Nightingale Nursing History Tour to Germany



3 – 6 May 2026

Tour leader: Maddie Blackburn

www.jonbainestours.com/fngermany

Florence Nightingale believed that nursing was an art, and this tour offers a great opportunity to explore Kaiserswerth, the quaint northern neighbourhood where she honed her craft and was influential to her career.

This tour can be run in conjunction with *In the Footsteps of Florence: A Nightingale Nursing History Tour to Florence* (below) by taking a two-night extension with the tour leader that travels by train from Dusseldorf to Basel, Switzerland.

Spend two nights in Basel, exploring its galleries and museums, before travelling to Florence by rail, arriving on 8 May.

3 nights Kaiserswerth

..... The above and below tours can be combined

In the Footsteps of Florence: A Nightingale Nursing History Tour to Florence

Explore the beautiful Renaissance city of Florence on a five-night tour, which includes two dinners to enjoy the cuisine of Florence.

This nursing study tour can be combined with *In the Footsteps of Florence: A Nightingale Nursing History Tour to Germany*. It includes a number of specialist, unique visits examining nursing and medical history.

The tour highlight is visiting Villa Colombaia, where Florence Nightingale was born, on her birthday (12 May).



8 – 13 May 2026

Tour leader: Maddie Blackburn

www.jonbainestours.com/fnitaly

5 nights Florence



Nafplion, Greece



The Roman amphitheatre at Pergamum

A History of Medicine Cruise in the Eastern Mediterranean

History, medicine and culture intertwine on this journey through Turkey and the Greek Islands. It would be hard to find such a concentration of important medical historical sites anywhere else, amidst some of the richest culture and history in the world.

Set sail on the MS Monet, a classic small ship that is exclusive to this JBT group, with private, bespoke shore excursions. Cruise from Istanbul to the beaches of Gallipoli, onto Pergamum, Kos and Rhodes.

Your journey encompasses thousands of years of medical history, including Florence Nightingale, the Gallipoli beach hospitals, Hippocrates, Galen and the Knights of St John.

Deepen your understanding with specialist talks and visits in the expert company of Simon Chaplin and Christine Hallett.



MS Monet

16 – 25 May 2026

Tour leader: Jon Baines

Speakers: Simon Chaplin & Christine Hallett

www.jonbainestours.com/medcruise

10 Day Cruise: Istanbul to Athens

**Istanbul – Gallipoli – Pergamum – Ephesus – Bodrum – Kos – Rhodes
– Naxos – Epidaurus – Athens**

Botanical Histories in the Kingdom of Flowers: Yunnan, Southwest China



Black Dragon Pool, Yunnan

19 May – 1 June 2026
Tour leader: Professor Tim Entwisle
www.jonbainestours.com/yunnan

This exciting new tour has been designed with tour leader and renowned botanist, Professor Tim Entwisle.

Yunnan is known as the 'Kingdom of Flowers' for its extraordinary floral and botanical diversity, stretching from the jungles of Indochina to the Tibetan massif, with many well loved garden plants – camellias, azaleas, primroses, magnolias, rhododendrons, poppies, and others – hailing from this region.

This spectacular region of lakes and mountains is dotted with beautiful and historic towns, such as Lijiang and Dali. There is the option to enjoy the lush tropical beauty of Xishuangbanna on a post-tour extension.

3 nights Kunming – 4 nights Dali – 3 nights Lijiang – 2 nights Shangri-la – 1 night Kunming

Culture and Belief in Romania

Romania's history of belief reflects a rich blend of ancient, Christian, and folk traditions. Pre-Christian Dacian spirituality, centered on nature and deities like Zalmoxis, merged with Roman and later Byzantine Christianity, shaping the Orthodox faith. Over centuries, pagan customs intertwined with Christian rituals, creating unique folk practices, festivals, and superstitions. Influences from Slavic, Ottoman, and Western cultures added further layers. This fusion of ancient and sacred beliefs defines Romania's enduring spiritual identity and cultural heritage.

Experience Romania's spectacular unspoiled countryside and rustic medieval villages, glorious painted churches, excellent food and wine and an eclectic ethnic mix.



Bran Castle

8 – 20 June 2026
Tour leader: The Very Reverend Richard Marsh
www.jonbainestours.com/romania

**2 nights Bucharest – 2 nights Sibiu – 1 night Cluj – 2 nights Maramures – 2 nights Bucovina
– 2 nights Brasov – 1 night Bucharest**

The History of Medicine in Scotland: A Seedbed of Medical Innovation



Loch Ewe

19 – 30 June 2026

Tour leader: Heather McFall

www.jonbainestours.com/scotlandmed

Discover the rich medical history and culture of Scotland, while traveling through some of its most spectacular scenery.

Scottish medical schools have had a disproportionate international impact. Scots physicians and the medical schools and colleges that flourished in the 18th and 19th centuries were influential in shaping the modern medical profession.

Experience Scotland's spectacular landscapes, culture and excellent cuisine, including its famed whisky. Stay in hotels with magnificent settings, which you will be able to enjoy well into the long, light-filled evenings.

**3 nights Edinburgh – 1 night Aberdeen – 2 nights Inverness – 1 night Plockton
– 2 nights Arisaig (for Skye) – 2 nights Glasgow**

Midwifery in Morocco: Post ICM Congress tour

From the bustling streets of Casablanca to the serenity of Bin El Ouidane, from the imperial grandeur of Meknes and Fes to the cultural heart of Marrakesh, this journey offers a unique opportunity to witness the country's diverse approaches to childbirth and women's healthcare, with its blend of tradition and modernity.

The professional visits have been organised with the president of the Association Marocaine des Sages-Femmes (AMSF), the Moroccan Association of Midwives.

Along the way, you'll sip tea with Berber families, marvel at ancient architecture, and soak in the sounds, scents, and sights of the medinas and mountains.



Bab Mansour Gate, Mekne

21 June – 2 July 2026

Tour leader: Patti Paine

www.jonbainestours.com/mwmorocco

2 nights Casablanca - 3 nights Meknes - 2 nights Bin el Ouidane - 4 nights Marrakesh

Medicine in the Malay Archipelago



Spectacular Mt Bromo at sunrise

21 June – 4 July 2026

Tour leader: Dr Chet Pager

www.jonbainestours.com/malaymed

Step off the tourist trail and explore the rich cultural and medical heritage of Malaysia and Indonesia on this educational journey.

The Malay Archipelago is home to a diverse mix of cultures and extraordinary biodiversity. Located at the crossroads of global trade, Malaysia and Indonesia have long been a vital hub in the Southeast Asian spice route. Their medical heritage blends ancient belief with modern healthcare.

This tour will delve into the culture, history and medicine of some of Southeast Asia's most diverse and captivating islands.

**4 nights Borneo - 1 night Singapore - 3 nights Manado - 1 night Mount Bromo -
1 night Surabaya - 3 nights Yogyakarta**

The 6th Secret London

London is full of secrets. Its long and multilayered history takes many twists and turns and even today there are sides to London many people will never see.

On this tour we will reveal some of London's secrets, its hidden nooks and crannies and the places where only insiders can go; but of course, the information is strictly classified. We can only hint at our secret itinerary in this all-too-public space.

In the interests of security, we can impart no more details. All will be revealed to the privileged few who secure a place on the tour; but until then, sssshhhh.



14 – 17 August 2026

Tour leader: Janice Liverseidge

www.jonbainestours.com/secrets

Wildflowers, Wine and the Cape Floral Kingdom: Botanical Histories in South Africa



Yellow bulbinella flowers, South Africa

27 August – 10 September 2026

Tour leader: Carolyn Fry

www.jonbainestours.com/botanysa

The Cape Floral Kingdom is one of the richest areas of plant biodiversity in the world. This tiny region on the southern tip of South Africa is one of only six Floral Kingdoms in the world.

One of the outstanding botanical stars of the show is the distinctive Fynbos vegetation, unique to the Cape Floral Region, which includes the famous protea. As well as its botanical significance, the southern tip of South Africa is spectacularly beautiful, particularly in the flowering season.

Learn about wildflowers and the Cape Floral Kingdom as well as experiencing the vibrant culture and history and the food and fine wine of South Africa - a journey that will leave you both uplifted and inspired.

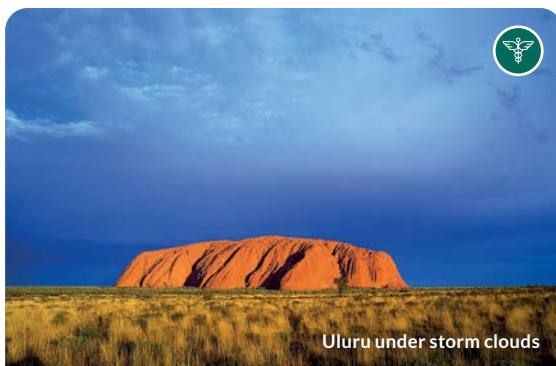
**3 nights Cape Town – 2 nights Hermanus – 2 nights Franschhoek – 3 nights Langebaan
– 3 nights Himeville – 1 night Durban**

Rural and Remote Health Care in the Northern Territory

Explore the dramatic landscapes of the Northern Territory as you learn about the delivery and practice of remote healthcare in the region. There is a wide range of high calibre professional visits throughout the tour, organised with local health care professionals.

The visits provide both a general overview and an in-depth look at cultural issues and remote care. From Uluru, travel across the Red Centre to Alice Springs. Take the Ghan up to Darwin and the Top End and continue to visit Litchfield National Park.

Through the meetings, talks and time spent with fellow professionals on the ground, gain real insight into remote and rural healthcare in the Northern Territory.



Uluru under storm clouds

3 – 11 September 2026

Tour leader: Dr Jo Grey

www.jonbainestours.com/nthealth

**2 nights Uluru - 2 nights Alice Springs
- 1 night the Ghan - 3 nights Darwin**

Palliative Care in Hungary and Romania



Timisoara, Romania

13 – 23 September 2026

Tour leader: David Oliviere

www.jonbaines.com/palliative

This study tour looks at the rituals and approaches surrounding end-of-life care and bereavement in Hungary and Romania.

These beautiful countries share spectacular scenery and architecture but are culturally distinctive. Visiting two different destinations that are ethnically and culturally different provides fascinating insight into their evolving palliative and hospice care, while immersing you in the rich history and culture of these rewarding countries.

Led by one of our most popular tour leaders, this tour has wide appeal – partners are very welcome.

**3 nights Budapest – 2 nights Pécs – 1 nights Timisoara – 3 nights Brasov
– 1 night Bucharest**

Legacies of Plagues: A Social and Medical History Tour of Italy, France and England

Follow the route of the Black Death through Europe, where it was first introduced by Genovese and Venetian merchants. Travelling through several beautiful European cities, each day will focus on a legacy of plague; from marmots to mustard, to perfumes, conspiracies and scapegoats, to art, architecture and town planning; learn the myriad ways plague has shaped our world.

The tour includes specialist visits and talks, with expert guides and speakers connecting past and present. Journey through some of Europe's most attractive and historic cities with excellent accommodation and opportunities to experience regional wines and cuisine.



Marseille Harbour

19 September – 5 October 2026

Tour leader: Dr Norman Swan

www.jonbainestours.com/plagues

**2 nights Venice – 2 nights Ferrara – 3 nights Florence – 2 nights Genoa
– 2 nights Marseilles – 3 nights Paris – 2 nights London**

Medicine and Society in Uzbekistan, Tajikistan and Turkmenistan



The great city walls of Khiva

20 September – 3 October 2026

Tour leader: Dr Matt Young

www.jonbainestours.com/stans

Explore the historical and contemporary medicine and society of the Silk Road. Travel in the footsteps of Silk Road caravans through Uzbekistan and visit Tajikistan, centre of the ancient Sogdian empire. Continue to Turkmenistan's desert cities, which have witnessed the passing of some of history's most dominant empires.

Visit the birthplace of Avicenna and learn of the legacy of this deeply influential 12th century physician, and meet your medical peers.

There is a pre-tour extension to Kyrgyzstan and Kazakhstan, offering the opportunity to explore five nations at the heart of the ancient Silk Road.

**2 nights Tashkent – 4 nights Samarkand – 3 nights Bukhara
– 2 nights Khiva – 2 nights Ashgabat**

In the Footsteps of Wallace in the Malay Archipelago: Borneo, Singapore and Indonesia

This tour follows in the footsteps of the remarkable naturalist, Alfred Russel Wallace, from Sarawak in Borneo to Singapore, across to northern Sulawesi, to the spice island of Ternate, before ending in Bali by the Wallace Line.

Alfred Russel Wallace developed the theory of evolution through natural selection in the Malay Archipelago, independently of Charles Darwin. He was known as the greatest living authority on this region and discovered what is now known as the Wallace Line.

The tour is led by Jan Beccaloni. An expert naturalist, Jan is also highly knowledgeable about this region, with a number of unique personal contacts.



The Wallace Line near Bali

20 September – 4 October 2026

Tour leader: Jan Beccaloni

www.jonbainestours.com/wallace

4 nights Borneo – 1 night Singapore – 4 nights Sulawesi – 3 nights Ternate – 2 nights Bali

North and South Japan: Hokkaido and Kyushu



Lake Toya in Hokkaido

4 – 16 October 2026

Tour leader: Jason James

www.jonbainestours.com/northandsouth

Japan's four main islands – Hokkaido, Honshu, Shikoku, and Kyushu – encompass enormous cultural and geographic diversity.

This diversity is at its richest between the wild, thickly forested expanse of Hokkaido and the lush volcanic island of Kyushu, with its subtropical landscapes. If Japan was overlaid on Europe, Hokkaido would be in Scandinavia and Kyushu in Portugal.

Travel in autumn, when Hokkaido's leaves will be turning vivid hues and Kyushu will still be experiencing warmer days and evenings. Learn about the rich history and delicious local cuisines of both islands in the company of Japan expert, Jason James.

**2 nights Hakodate – 3 nights Sapporo – 2 nights Nagasaki
– 2 nights Beppu – 3 nights Kagoshima**

Dental Study Tour to Japan

This highly successful dental study tour to Japan is now running for the fourth year, once again with our wonderful guide, Coco.

Experience Japan's beautiful autumnal hues in some of its loveliest gardens. Explore one of its most imposing castles and the ancient capital of Kyoto, alongside chic Ginza in Tokyo and vibrant Namba in Osaka. Explore lesser-known Japan, including the samurai and geisha quarters of Kanazawa, Miyajima Island in the Inland Sea, Tokyo's waterways and Kyoto's laneways.

The tour includes specialist dental visits, talks and meetings with Japanese dentists. There is an optional extension to Mt Fuji.



Kyoto in autumn

4 – 16 October 2026

Tour leader: TBC

www.jonbainestours.com/japandental

3 nights Tokyo – 2 nights Kanazawa – 1 night Nagoya – 2 nights Hiroshima – 3 nights Kobe

Dental Study Tour to Peru



Machu Picchu (taken on tour by Linda Deys)

18 – 30 October 2026

Tour leader: Dr Tim Sunnucks

www.jonbainestours.com/dentalperu

Peru – land of gold and the sun-worshipping Incas, the biggest empire in pre-Columbian America. From its biodiverse cloud forests and indigenous peoples, to the towering Andes and its Inca ruins, Peru is an extraordinary destination.

The itinerary combines a rich cultural programme with professional visits examining dentistry and oral health in a country where modern and traditional health care are both widely practiced. Professional visits encompass hospitals, clinics, charities and traditional medicine.

Peru is also known for its excellent cuisine, which you will enjoy alongside downtime and local markets and shops.

**2 nights Lima – 4 nights Sacred Valley – 1 night Machu Picchu
– 2 nights Cusco – 2 nights Puno – 1 night Lima**

Nursing and Midwifery in Nepal

Squeezed between India and Tibet, Nepal encompasses both lush subtropical forest and soaring Himalayan peaks. With distinctive ethnic groups and languages, a wide range of architecture, vivid colours and vibrant street life, Nepal is a treat for the senses.

This tour will take you from bustling Kathmandu to the serene mountainside city of Pokhara before heading to the jungle of Chitwan National Park. You will see the many faces of Nepal and its people.

Throughout the tour there will be several professional visits looking at community nursing, midwifery and maternal and child health in Nepal.



Bodhi Tree, Kathmandu

25 October – 7 November 2026

Tour leader: Ruth King

www.jonbainestours.com/nepalnw

**3 nights Kathmandu – 3 nights Pokhara – 3 nights Chitwan National Park
– 2 nights Kathmandu**

Physiotherapy and Rehabilitation in China



Architecture detail, Forbidden City, Beijing



Examine the developments in therapy and rehabilitation in China within a social and economic context and learn how Western therapies are incorporated with Traditional Chinese Medicine (TCM).

Gain fascinating insight into China by looking at its society, its history and its approach to therapy and rehab, as well as its contemporary culture. A superb cultural programme takes you well off the beaten track to offer an insider's view of China.

The tour has been created in consultation with Sheila Purves MBE, who assisted with the professional visits and will be with the tour in Beijing.

2 – 14 November 2026

Tour leader: Professor Gillian Webb

www.jonbainestours.com/physiochina

4 nights Beijing – 2 nights Xi'an – 1 night Guilin – 3 nights Yangshuo – 2 nights Shanghai

Obstetrics and Gynaecology in Egypt with a Nile Cruise

Begin your journey in evocative Giza, home to the great pyramids. Fly south to Aswan, where the Nile produces lush palm groves, bringing life to the desert landscape.

Cruise in comfort for three nights aboard the deluxe MS Jaz Regent River Cruiser. Along the way, enjoy private shore visits to sites of medical historical interest, with a focus on obstetrics and gynaecology, as well as the wonders of ancient Egypt. Gain insight into Egyptian healthcare and explore the society and culture of this remarkable land.

There is an optional 3-night extension to Alexandria and the battlefield of El Alamein after the tour.



Philae Temple on the Nile at sunset



4 – 15 November 2026

Tour leader: Professor Richard Smith

www.jonbainestours.com/egypto&g

3 nights Giza – 2 nights Luxor – 4 nights Nile cruise – 2 nights Aswan

Ecuador and the Galápagos Islands by private yacht



Marine iguana with blue footed boobies, Galápagos

4 – 18 November 2026

Tour leader: Dr Adrian Seymour

www.jonbainestours.com/ecuador

Ecuador is a land of enormous cultural and natural diversity, encompassing the descendants of Spanish conquistadors and many distinct Indigenous communities. It also boasts extraordinary biodiversity, with the jewel in its crown being the Galápagos Islands.

Experience colonial Quito, the exquisite cloud forests of Mindo, the high country thermal springs at Papallacta in the Andes, and experience the Galápagos Islands on a first-class yacht.

There is an optional pre-tour extension to the Amazon at an eco-lodge that blends seamlessly into its forest surroundings.

**3 nights Quito – 3 nights Mindo Cloud Forest – 3 nights Papallacta
– 4 nights Galápagos Islands – 1 night Quito**

Medicine in Brazil and Argentina

Take a spectacular journey from Rio in Brazil to Buenos Aires in Argentina through breathtaking landscapes. Starting in iconic Rio de Janeiro, continue to the historic gold rush port of Paraty, onto the vast, thundering Iguazu Falls, and finish in the cosmopolitan elegance of Buenos Aires - Argentina's grand capital city.

Learn about medicine in very different parts of South America. Experience the vitality, music, colour and diversity of Brazil, the fine wines and food of Argentina and see authentic tango in the most sophisticated city in South America.

There is an optional extension to the Patagonian icefields after the tour.



Take the cable car in spectacular Rio

8 – 20 November 2026

Tour leader: Janice Liverseidge

www.jonbainestours.com/brazilmed

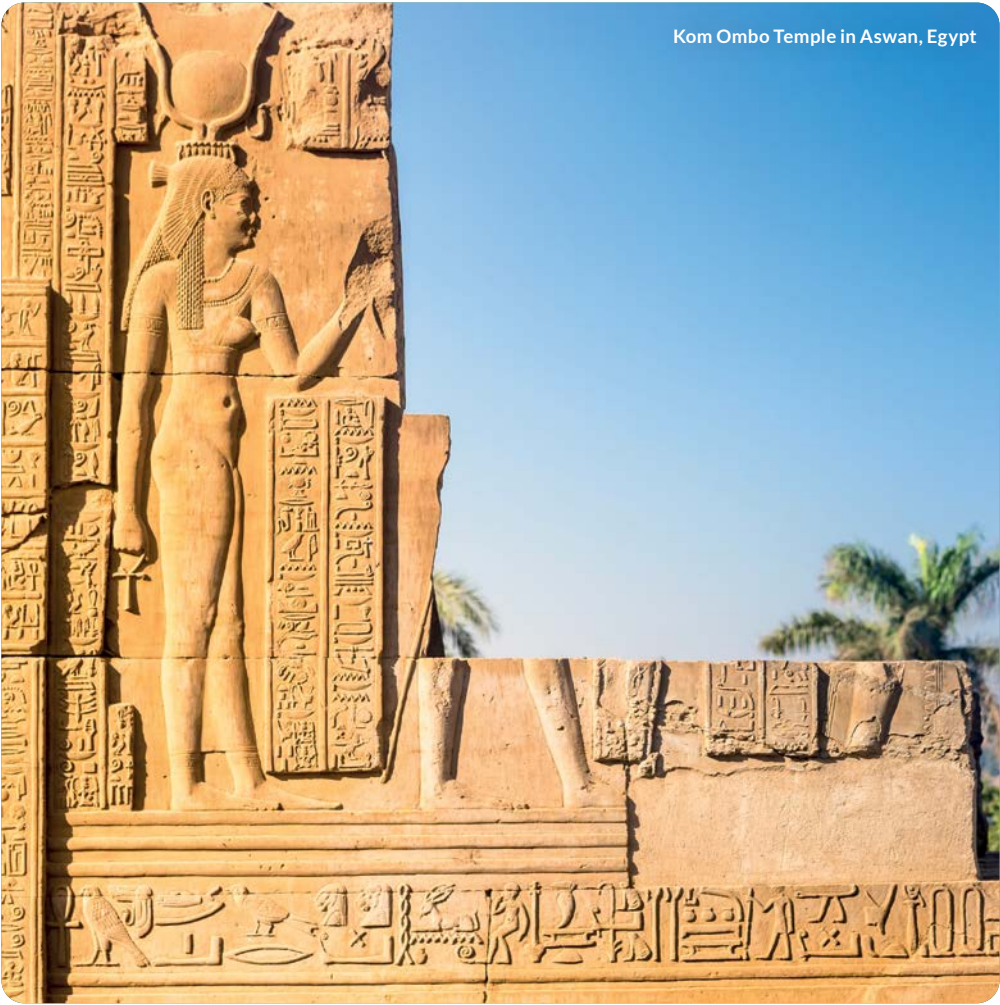
3 nights Rio de Janeiro – 3 nights Paraty – 3 nights Iguazu Falls – 3 nights Buenos Aires

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-  Cultural tours
-  Professional tours
-  Cruises

Tour Name	Tour Date	Tour Leader
 A Cruise Through History Along the Hooghly	25 January - 5 February 2027	Katie Hickman
 Dental Study Tour in Egypt	January 2027	Kevin Esplin
 History of Medicine Along the Nile	February 2027	Rosalie David
 Botanical History in Kolkata and Darjeeling	March 2027	TBC





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TOURS**

Contact Information

For more information about any of these tours, please contact us. You can also download individual tour brochures from the website.



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Watsonia tabularis, a fynbos species at the top of Table Mountain (Botanical Histories in South Africa, 27 Aug - 10 Sep 2026)