

# Weekly Prayer Guide

- Day 1:** Pray the prayer of the week out loud. Spend 5 minutes in silence.
- Day 2:** Read the Scripture the prayer is based on. Spend 10 minutes in quiet reflection.

*Write the Scripture reference below. What reflections do you have on this passage?*

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- Day 3:** Pray the prayer of the week out loud. Spend 7 minutes in silence.
- Day 4:** Read the Scripture the prayer is based on.

*What does this passage reveal about the life that God wants for you?*

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- Day 5:** Pray the prayer of the week out loud. Spend 10 minutes in silence.
- Day 6:** Reflect on the prayer.

*Is there anything this week that you need to confess to the Lord?*

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*Is there anything you can praise Him for?*

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*Is there anything you need to ask Him for?*

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- Grace Day:** Today, we invite you to rest in the grace that comes from Jesus. Say a breath prayer of thanks for all that God has done, and rest.