

Weekly Prayer Guide

☐ **Day 1:** Pray the prayer of the week out loud. Spend 5 minutes in silence.

☐ **Day 2:** Read the Scripture the prayer is based on. Spend 10 minutes in quiet reflection.

Write the Scripture reference below. What reflections do you have on this passage?

☐ **Day 3:** Pray the prayer of the week out loud. Spend 7 minutes in silence.

☐ **Day 4:** Read the Scripture the prayer is based on.

What does this passage reveal about the life that God wants for you?

☐ **Day 5:** Pray the prayer of the week out loud. Spend 10 minutes in silence.

☐ **Day 6:** Reflect on the prayer.

Is there anything this week that you need to confess to the Lord?

Is there anything you can praise Him for?

Is there anything you need to ask Him for?

☐ **Grace Day:** Today, we invite you to rest in the grace that comes from Jesus. Say a breath prayer of thanks for all that God has done, and rest.