

## Weekly Prayer Guide



**Day 1:** Pray the prayer of the week out loud.  
Spend 5 minutes in silence.

**Day 2:** Read the Scripture the prayer is based on.  
Spend 10 minutes in quiet reflection.

**Day 3:** Pray the prayer of the week out loud.  
Spend 7 minutes in silence.

**Day 4:** Read the Scripture the prayer is based on.  
What does this passage reveal about the life that God wants for you?

**Day 5:** Pray the prayer of the week out loud.  
Spend 10 minutes in silence.

**Day 6:** Reflect on the prayer. Is there anything this week that you need to confess to the Lord? Is there anything you can praise Him for? Is there anything you need to ask Him for?

**Grace Day:** Today, we invite you to rest in the grace that comes from Jesus. Say a breath prayer of thanks for all that God has done, and rest.

## Lamentations 3:21-26



Dear God,

**In the midst of my suffering, when there's no end to the grief in sight. The darkness and heartache consume me, though I resist with all my might.**

When the weight of my sin is unbearable, alone and helpless I cry out to You, Lord.  
I confess I don't always understand Your plan, Father. It's Your peace and love I move toward.

**Your love is my only hope— an anchor that keeps me grounded in You. Though I still fail and sin, Lord, You are faithful and willing to pursue.**

Amen

## Matthew 5:3-12



Dear God,

**You saved me while I was still your enemy—the cross satisfies my sinful debt. Your will for me is to surrender to You. You saved my soul—it is protected and kept.**

I am blessed when I realize my need for You—a savior to do what I cannot. Please stir in my soul a desire for You. You gave me a new life—one that You bought.

**I am blessed when I mourn my rebellious ways. I admit I'm a sinner who needs your help, Lord. Together, Your Spirit convicts and comforts. I'm not left to my own accord.**

I am blessed when I'm humble—when I surrender in full pursuit of You. I relinquish control in a call of repentance. My life has been made new.

**I am blessed as my love for You grows. My understanding of the Gospel deepens. I want to truly know You, Lord, as You satisfy my soul and my faith strengthens.**

I am blessed when I am merciful and when my heart is pure. Through Your sacrifice and not my works— my eternity is secure.

**I am blessed when I'm a peacemaker and when I am persecuted for righteousness sake. Lord, help me forgive others and spread Your truth with every chance I have to take.**

Amen

## Matthew 5:13-16



Dear God,

**You say I am the salt of the earth in a world that's so corrupt. When I am tempted to cave to evil ways, Your grace and strength are enough.**

Please help me live in such a way that leads others to Your throne. You are a good father who gives abundant life. You make Your power known.

**You didn't give Your life for me to stay comfortable. I now have a purpose. Help me spread Your Good News. Holy Spirit, guide me so I don't become useless. Let my life display Your purpose in any way You choose.**

In good times and in bad, You alone deserve the glory, honor, and praise. You say, "I am the light of the world." Let me shine for you and not myself, always!

**You set me apart from the rest of the world, Jesus. You are the source of light. I don't want to conceal, but share, my faith. Let my passion for You ignite.**

My pride and fear of what others will think attempt to cover the light You have placed in me. Holy Spirit, I need Your wisdom in sharing my faith so others can be set free.

**Even in life's most painful moments, I still want my light to shine brightly for You. As a believer, I have Your perfect peace—a glorious treasure not of this world, it's true.**

Amen

## Hebrews 4:15-16



Dear God,

**May I never forget Your sacrifice, Jesus. You're on the throne as my High Priest. You plead to God on my behalf, Lord. For my longings and also for what I need.**

Your priesthood isn't temporary, Lord, as you have eternal reign. The love You lavish upon us is better than any earthly gain.

Amen

## Psalms 40:1-3



Dear God,

**As You're teaching me patience, please give me strength and peace. The process is not easy, but I'm completely dependent on You.**

You hear my cry! You know exactly what troubles my heart. Thank You for knowing me so deeply. For Your constant pursuit of me.

**In desperation, I admit I need help. My despair has me trapped in a pit, but I can see Your hand reaching for me— ready to rescue me.**

The weight of my sin, guilt of my past, feelings of worthlessness are the mud and the mire keeping me trapped. I have been placed on solid ground, rescued from the pit, mud, and mire— only possible by the help of Your gracious, mighty hand.

**You steadied me. Like a baby learning to walk, my dependence on You remains. I have been made new through You. Your grace and mercy sustain.**

I have a new song. My soul sings Your praise. The spirit of fear and condemnation are no more.

**I praise Your Holy name, Father. Through the good and the bad, let my life point others to You.**

Amen

## Ephesians 3:19-21



Dear God,

**What a privilege it is to experience Your unfailing love.**

**I ask that You continue to transform every aspect of my life.**

My finite mind can't comprehend the depth of Your love. Thank You for choosing to love a sinner like me.

**God, You complete me. Through Your Son's sacrifice, I have purpose. Without Christ, there is a void in my life that cannot be satisfied.**

Father, You are all-knowing. I don't know what I need in comparison to the truth and wisdom that You freely and knowingly give.

**Holy Spirit, Your power is at work within me. Thank you for providing daily sanctification. Salvation is a gift from You; all glory goes to You, God, and not myself.**

Amen

## James 1:5-8



Dear God,

**You are so generous in giving Your wisdom, no matter the circumstance I face. You are not critical when I ask for help; You freely give without reprimand.**

Lord, help me remember You are not disappointed when I need Your help. You want me to depend on You; You continually draw me back to You, no matter how far I stray.

**Let my faith be in You alone, God. I don't want to revert back to the ways of the world; I rebuke the plans of the enemy in Jesus' name.**

I pray to have an unwavering faith, Lord. Thank You for never giving up on me. Please provide wisdom through Your Word, Your Holy Spirit, and wise counsel.

Amen

## Ephesians 6:10-14



Dear God,

**There is a supernatural war—a battle cry for lost souls. The fight is against spiritually dark forces not of this world.**

Thank You, God, for saving my soul. Though my salvation is secure through You, the attacks from the enemy require me to stand my ground and to put on Your armor.

**I am commanded by You to be strong. This is not of my own strength, but from You.**

Your armor acts as a shield; it protects me from the strategies of the devil, who is ready to kill, steal, and destroy me. Lord, as I read Your Word, help me keep scripture on my heart in order to resist the enemy's schemes.

**Holy Spirit, I ask for Your discernment; help me follow the truth in Your quiet, still voice. Even though I am still in the fight while on this earth, You have already won the battle.**

Amen