

NOTICE OF PRIVACY PRACTICES and NOTICE OF PATIENT RIGHTS AND RESPONSIBILITIES

A. NOTICE OF PRIVACY PRACTICES

This notice describes how medical information about you may be used and disclosed and how you can access this information. Please read it carefully.

Maintaining patient privacy is part of the Stallant Health and Wellness mission to serve the needs of the community. Controlled use of medical information by staff at Stallant Health and Wellness is essential to providing optimum patient care.

The United States government created rules for the use and protection of medical and health information by hospitals, clinics, and other medical practices. The rules are a result of the 1996 Health Insurance Portability and Accountability Act (HIPAA). They are meant to provide all patients in the United States with standard privacy protections. One rule requires hospitals and clinics to provide all patients with a Notice of Privacy Practices to explain how patient medical information is used. The same rule requires hospitals and clinics to keep records showing that patients have received the notice.

We are happy to provide you with this copy of Stallant Health and Wellness' Notice of Privacy Practices. We hope it will answer any questions you may have about how patient medical information is used here.

If you have questions about anything contained in this notice, please feel free to contact the site privacy officer for Stallant Health and Wellness. Contact information for these individuals is provided in the final section of this notice.

Stallant Health and Wellness' duties. By law, Stallant health and Wellness is required to keep Protected Health Information (PHI) private. The federal government defines PHI as any information, whether oral, electronic or paper, which is created or received by Stallant Health and Wellness and relates to a patient's physical or mental health or condition, or payment for the provision of medical services. This includes not only the results of the tests and notes written by doctors, nurses, and other clinical personnel, but also certain demographic information (such as your name, address, and telephone number) that is related to your health records.

Stallant Health and Wellness is required by law to give you this notice and follow the terms and conditions of the notice that is currently in effect. Stallant Health and Wellness is required to report breaches of your unsecured PHI as required by law.

How Stallant Health and Wellness fulfills these duties:

- Stallant Health and Wellness considers patient privacy as part of its mission to serve the needs of the patient first.
- Stallant Health and Wellness takes necessary precautions against inappropriate use or disclosure of PHI.
- Stallant Health and Wellness employees are expected to access PHI only as necessary to perform their jobs.

- Stallant Health and Wellness employees who violate these rules and policies are subject to sanctions, including discipline and termination.

The Health Care Providers Covered By This Notice. This notice covers Stallant Health and Wellness and Stallant Health and Wellness personnel, volunteers, students, and trainees. The notice also covers other health care providers that come to Stallant Health and Wellness facilities to care for patients (such as physicians, physician assistants, therapists, and other health care providers not employed by Stallant Health and Wellness). Some of these other health care providers give you their own notice of privacy practices that describes how they will protect your PHI. Stallant Health and Wellness may share your PHI with other health care providers for their treatment, payment and healthcare operations. This arrangement is only for sharing information and not for any other purpose.

How we may use or disclose your PHI without your authorization:

Treatment. To provide, coordinate, or manage your health care. For example, we may disclose your PHI to another physician or health care provider, such as a specialist, pharmacist, or laboratory, who, at the request of your provider, becomes involved with your health care.

Payment. To obtain payment for your health care services. This may include certain activities needed to approve or pay for your health care services.

Health Care Operations. To support the daily activities related to health care. These activities include, but are not limited to, quality assessment activities, patient safety, investigations, oversight of staff performance, practitioner training, licensing, communications about a product or service, and conducting or arranging for other health care related activities. We do not use or disclose any genetic information for underwriting purposes.

Patient contacts. At times, Stallant Health and Wellness may access information, such as your name, address, and general medical condition to contact you to set up or remind you about future appointments; provide information about treatment alternatives or other information that may be of interest to you; or disclose health-related benefits or services that may be of interest to you.

Business Associates. To certain companies (“business associates”) that provide various services to Stallant Health and Wellness (for example, billing, transcription, software maintenance, legal services, and managed care support). The law requires that business associates protect your PHI and comply with the same HIPAA Privacy standards that we do.

Public Health Purposes. Stallant Health and Wellness may disclose PHI for public health purposes. The following are some examples of releases that are allowed for public health purposes:

- To report vital statistics (e.g., births, deaths);
- To report to the federal government adverse reactions to medication or safety problems with FDA-regulated products;
- To notify people of product recalls; and to report communicable diseases to local, county, state, and federal health officials;
- For prevention or control of disease, injury, or disability.

Reporting Victims of Abuse, Neglect, or Domestic Violence. To government authorities that have authority to receive such information, including a social service or protective service agency.

Communicable Diseases. To a person who might be at risk of contracting or spreading a communicable disease or condition.

Workers' Compensation. Stallant Health and Wellness may disclose PHI for workers' compensation or similar programs as authorized or required by law. These programs provide benefits for work-related injuries or illness.

Health Oversight. To a health oversight agency legally authorized for audits, investigations, and inspections. Such activities may include the health care system, government benefit programs, civil rights laws, and other government regulatory programs.

Legal Proceedings. To parties and entities in proceedings of courts and administrative agencies, including in response to a court order or subpoena.

Inmates. To a correctional facility with respect to inmates.

Coroners, Medical Examiners and Funeral Directors. Stallant Health and Wellness may release PHI to a coroner or medical examiner when necessary to identify the deceased, determine the cause of death, or as otherwise authorized by law. Stallant Health and Wellness also may release PHI to a funeral director as necessary to carry out the funeral director's duties, including arrangements after death.

Law Enforcement Activities. Stallant Health and Wellness may disclose PHI to law enforcement officials. For example, we may release PHI to law enforcement officials:

- In response to a valid court order, grand jury subpoena, or search warrant;
- To identify a suspect, fugitive, or missing person;
- About the victim of a crime under certain limited circumstances;
- About a death believed to be a result of criminal conduct; or
- About a crime committed on Stallant Health and Wellness premises.

Military Personnel. If a patient is a member of the United States Armed Forces, Stallant Health and Wellness may release PHI as required by military authorities. Stallant Health and Wellness also may release PHI about foreign military personnel to the appropriate foreign military authority. When the military organization is sponsoring the medical evaluation, the patient's PHI is shared with both the patient and the sponsoring organization. Patients being evaluated on behalf of the military should be aware of these arrangements.

Research. To researchers. The MHS reviews research proposals and protocols to ensure the privacy of your PHI requested for such research activities.

Avert Threats. To prevent or lessen a serious and imminent threat to the health or safety of a person or the public.

Disclosures by a Health Plan. To parties that need your PHI for health plan purposes such as enrollment, eligibility verification, coordination of coverage, or other benefit programs.

Family Members and Others Involved in Your Care. Stallant Health and Wellness may disclose relevant PHI to a family member or friend who is involved with your care. We find that many patients want us to discuss their care with their family members and others to keep them up-to-date on your care, to help you understand your care, to help in handling your bills, or to help in the scheduling of your appointments. In a disaster situation, we also may disclose relevant PHI to disaster relief organizations to help locate your family members or friends or to inform them of your

location, condition, or death. If a family member or friends are present while care is being provided, Stallant Health and Wellness will assume your companions may hear the discussion, unless you state otherwise. If you do not want Stallant Health to disclose your PHI to your family or others who are involved with your care or handling your bills, please inform the person assisting you during registration and/or admission. Stallant Health and Wellness may also disclose your PHI to a personal representative who has authority to make health care decisions on your behalf.

Minors and Other Represented Beneficiaries. To parents, guardians, and other personal representatives, generally consistent with the law of the state where treatment is provided.

Health Oversight Activities Stallant Health and Wellness may disclose PHI to health oversight agencies that oversee our operations or personnel. For example, Stallant Health and Wellness may need to disclose PHI to the state agencies that oversee our health care facilities or licensed health care personnel (e.g., Department of Health, Medical Board, Nursing Board), or the federal agencies that oversee Medicare. These agencies need such information to monitor our compliance with state and federal laws.

National Security Activities. Stallant Health and Wellness may release PHI to authorized federal officials for intelligence, counterintelligence, or other national security activities authorized by law. Stallant Health and Wellness also may disclose PHI to authorized federal officials so they may provide protection to the President or other authorized individuals.

Required by Law. Stallant Health and Wellness will use or disclose PHI when required by federal, state, or local laws. For example, Stallant Health and Wellness is required to report certain gunshot wounds and other injuries that may have resulted from an unlawful act, and abuse or neglect of a child or vulnerable adult.

Permitted by Law. Stallant Health and Wellness may use or disclose PHI when permitted by federal, state, or local laws. For example, some Stallant Health entities are permitted to make a report to the Department of Transportation regarding a patient's ability to drive when the report is necessary to prevent or lessen a threat to the health or safety of a person or the public.

Information with Additional Protections. Certain types of PHI may have additional protection under federal or state law. For example, PHI about mental health, HIV/AIDS, and genetic testing results is treated differently than other types of PHI under certain state laws. Additionally, federally assisted alcohol and drug abuse programs are subject to certain special restrictions on the use and disclosure of alcohol and drug abuse treatment information. Stallant Health and Wellness will not release reproductive related PHI for the purposes of conducting a criminal, civil, or administrative investigation into or impose criminal, civil, or administrative liability on any person for the mere act of seeking, obtaining, providing, or facilitating reproductive health care, where such health care is lawful under the circumstances in which it is provided or for the identification of any person for the purpose of conducting such investigation or imposing such liability. To the extent applicable, Stallant Health and Wellness would need to get your written permission before disclosing that information to others in many circumstances.

Substance Abuse Treatment. If we maintain records protected by 42 CFR Part 2 related to Substance Use Disorder (SUD), they receive heightened protection. We will obtain your written consent upon entering our SUD treatment program and before disclosing these records for treatment, payment, or healthcare operations. Once given, you may revoke this consent at any time. Your SUD records, including any testimony derived from them, may not be used in any civil, criminal, administrative, or legislative proceedings against you without your specific written consent or a qualifying court order. Information disclosed to third parties may no longer be protected by federal privacy laws and could be subject to further redisclosure. Stallant Health does not use your health information for fundraising purposes and will

never solicit donations from any individual related to substance use disorder treatment or related services. You may report suspected violations to the U.S. Attorney for the judicial district in which the violation occurs. Contact information for the U.S. Attorney office where we operate is the San Francisco Branch: (415) 436-7200

Suspected violations by an opioid treatment program may be reported to the Substance Use and Mental Health Services Administration (SAMHSA), Opioid Treatment Program Compliance Office by phone at 204-276-2700 or online at OTP-extranet@opiod.samhsa.gov.

Artificial Intelligence. Stallant Health and Wellness providers may utilize HIPAA compliant artificial intelligence (AI) for the generation of medical record encounter notes or to help guide their healthcare recommendations and decision making processes. Stallant Health and Wellness will ensure accuracy to the fullest extent possible of any AI generated recommendations and/or encounter notes generated by AI by ensuring that the information is read and reviewed by a licensed or certified human health care provider prior to finalization of the record.

Health Information Exchange (HIE) We participate in the electronic sharing of health and social service information with other healthcare providers, health plans, other healthcare-related entities, including social service organizations, and others through a Health Information Exchange (HIE) system. Your electronic health records, including certain sensitive health information, may be accessible through the HIE to properly authorized users for purposes of treatment, payment, and healthcare operations, as well as other purposes permitted or required by law, by signing this document you acknowledge and accept participation in the HIE unless you submit an opt-out request.

If you do not want your electronic health records shared through the HIE, you have the right to opt-out by submitting an opt-out request by completing the HIE Request Form. If you have previously opted out of sharing our health records and wish to opt back into sharing, you may do so by completing the HIE Request Form. See a staff member for more details.

Even if you opt-out of having your health information used and disclosed through the HIE, some of your information may still be available through the HIE, to a properly authorized individual or entity as necessary in an emergency, Prescription Drug Monitoring Program or to report specific information to a government agency as required by law.

Patients' Rights with Respect to PHI. This section describes the rights of Stallant Health and Wellness patients to PHI.

Right to Inspect and Copy. You have the right to inspect and to request a copy of information maintained in Stallant Health and Wellness designated medical record about you. This includes medical and billing records maintained and used by Stallant Health and Wellness to make decisions about your care.

To obtain or inspect a copy of your PHI, submit a written request to the applicable Stallant Health and Wellness entity and address the request to the attention of the Health Information Management Services. Stallant Health and Wellness generally may charge a reasonable, cost-based fee to cover the expense of providing copies.

Most patients have full access to inspect and receive a copy of the full medical record. On rare occasions, Stallant Health and Wellness may deny a request to inspect and receive a copy of some information in the medical record. For example, this may occur if, in the professional judgment of a patient's physician, the release of the information would be reasonably likely to endanger the life or physical safety of the patient or another person.

Right to Request Alternate Methods of Communication. You have a right to request that Stallant Health and Wellness communication with you in certain ways (such as a letter or by phone) or at a certain location. For example, you may ask

that we contact you only at home or only at your place of business. In this situation, you may submit a written request to the applicable Stallant Health and Wellness entity specifying the communication method or alternative location being requested. The request should be address to the attention of the Site Privacy Officer. Stallant Health and Wellness will accommodate reasonable requests. However, if the request could result in Stallant Health and Wellness not being able to collect for services or cause significant administrative burden, Stallant Health and Wellness reserves the right to require you to provide additional information about how payment for services will be handled.

Right to Request Amendment. You have the right to request that your PHI in Stallant Health and Wellness' designated medical record for you be amended. If you wish to request amendment of the information in your record, submit a written request to the applicable Stallant Health and Wellness entity and address the request to the attention of the Health Information Management Services. The request must include a reason to support the amendment. Stallant Health and Wellness may deny a request for amendment based upon any of the following circumstances:

- The request is not in writing or does not include a valid supporting reason;
- The information you want to change was not created by Stallant Health and Wellness;
- The information is not part of the designated medical record; or
- The information in the record is accurate and complete.

If Stallant Health and Wellness denies your request for an amendment, Stallant Health and Wellness will give you a written explanation of the denial. If you still disagree with the explanation provided, you can submit your written disagreement to Stallant Health and Wellness as referenced above, or you can ask that your request for an amendment and explanation of the denial, or an accurate summary of such information, be documented and Stallant Health and Wellness may include a rebuttal statement addressing your statement of disagreement in the designated medical record.

Right to a List of Certain Disclosures. You can ask Stallant Health and Wellness for a list of the persons or organizations to which Stallant Health and Wellness has disclosed your PHI. The following are examples of disclosures that would not be included in the list:

- Disclosures to carry out treatment, payment, and health care operations;
- Disclosures made directly to you (the patient) or disclosures that you have specifically authorized;
- Disclosures to persons involved in your care;
- Disclosures incident to a use or disclosure that is otherwise permitted or required by law;
- Disclosures made for national security or intelligence purposes;
- Disclosures made to correctional institutions or law enforcement officials having custody over a patient.

Right to Request Restrictions. You can ask Stallant Health and Wellness to restrict the use or disclosure of PHI about you for treatment, payment, or health care operations. Your request must be in writing and submitted to the applicable Stallant Health and Wellness entity. The request should also be addressed to the attention of the Site Privacy Officer. Stallant Health and Wellness will carefully consider all requests. However, because of the integrated nature of Stallant Health and Wellness' medical record, Stallant health and Wellness is generally not able to honor most requests, nor is Stallant Health and Wellness legally required to do so. If you or someone on your behalf pays for a health care item or service in full, you can request that Stallant Health and Wellness not disclose information about the item or service to your health plan for payment or health care operations purposes, and Stallant Health and Wellness will agree to your request unless required by law to make the disclosure.

Right to Notice of Privacy Practices. You have the right to obtain a paper copy of this notice upon request, even if you have agreed to receive the notice electronically. To obtain a paper copy of this notice, submit a written request to the Stallant Health and Wellness entity. The request should be addressed to the attention of the Site Privacy Officer.

You may also file a written complaint with the United States Department of Health and Human Services – Office for Civil Rights. Stallant Health and Wellness honors your right to express concerns regarding your privacy. Stallant Health and Wellness would not – nor could it legally or ethically – take action against you for filing a concern or complaint regarding the use, disclosure, and rights of your PHI.

Complaints. If you want to file a complaint or express concerns about Stallant Health and Wellness use or disclosure of PHI, please speak with the Stallant Health & Wellness Practice Manager.

Stallant Health & Wellness: (707) 460-1802

Site Privacy Officer Contact Information.

If you have questions about anything contained in this notice, please feel free to contact the site privacy officer for Stallant Health and Wellness.

Crescent City Location:

Compliance and Quality Manager: (707) 460-1802 Ext. 1607

Practice Administrator: (707) 460-1802 Ext. 1600

Highland Location:

Compliance and Quality Manager: (909) 443-2584 Ext. 2601

Practice Administrator: (909) 443-2584 Ext. 2600

Key Information about this Notice.

- From time to time, Stallant Health and Wellness may change its practices concerning how we use or disclose PHI, or how we will implement patient rights concerning their information. Stallant Health and Wellness reserves the right to change the terms of this notice and make the new notice provisions effective for all PHI maintained by Stallant Health and Wellness. Stallant Health and Wellness will follow the terms and conditions of the notice that is currently in effect.

B. NOTICE OF PATIENT RIGHTS AND RESPONSIBILITIES

The following is the policy of Stallant Health and Wellness patient rights and responsibilities:

PATIENT RIGHTS

You have the right to:

- Respectful and considerate care.
- Know the names, titles and qualifications of all who provide your care.
- Full consideration of privacy and confidentiality with regards to information about, and records for your care.
- Information regarding diagnosis, evaluations, treatments, and prospects for recovery in terms you can understand.
- Participate actively in decisions involving your health care, including information about any proposed treatment or procedure, in order to give informed consent or refusal.
- Except in emergencies, this information shall include a description of the options for treatment and the risks or advantages of each.
- Know the medications prescribed for you, what they are, what they are for, how to take them properly and possible side effects.
- Have 24 hour access to your primary care physician or covering physician. If out-of-area or traveling, receive emergency care if needed.

- Change primary care or specialty physicians if other qualified physicians are available.
- Be provided with information about your health plan.
- Voice concerns and make suggestions regarding the organization and/or the care provided, including being informed of grievance procedures.
- Examine and receive an explanation of your bills for service, regardless of the source of payment.

PATIENT RESPONSIBILITY

You have the responsibility to:

- Respect the rights, property and environment of all physicians, health care professionals, employees, and other patients.
- Know the benefits and exclusions of your coverage.
- Provide your health care provider with complete and accurate information about present symptoms, past illnesses, hospitalizations, medications, and other health matters.
- Report unexpected changes in your condition.
- Clearly understand a contemplated course of action and follow the treatment plan agreed upon by you and your physician.
- Keep your appointments and if unable to do so, notify the office as soon as possible.
- Contact your primary care physician for any care needed after regular office hours.
- Know how to access health care services in routine, urgent, and emergency situations.
- Engage in behaviors that promote your good health, including nutrition, physical activity, and health risk avoidance and seek periodic health screening evaluations as recommended by your health care provider.
- Be responsible for meeting the financial obligations of your medical care as promptly as possible.
- For Managed Care and HMO members, receive a referral from your primary care physician and a prior authorization before seeking treatment from a specialist or other health care provider.

ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-844-333-3095 (TTY: 1-800-735-2929) or speak to your provider.”

Spanish / Español

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-844-333-3095 (TTY: 1-800-735-2929) o hable con su proveedor.

Arabic / العربية

تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم 1-844-333-3095 (1-800-735-2929) أو تحدث إلى مقدم الخدمة.

Armenian / ՀԱՅԵՐԵՆ

ՈՒՇԱԴՐՈՒԹՅՈՒՆ. Եթե խոսում եք հայերեն, Դուք կարող եք օգտվել լեզվական աջակցության անվճար ծառայություններից: Մատչելի ձևաչափերով տեղեկատվություն տրամադրելու համապատասխան օժանդակ միջոցներն ու ծառայությունները նույնպես տրամադրվում են անվճար: Զանգահարեք

1-844-333-3095 հեռախոսահամարով (TTY`
1-800-735-2929) կամ խոսք Ձեր փառակապակցի հետ:

Cambodian / ភាសាខ្មែរ

សូមយកចិត្តទុកដាក់៖ ប្រសិនបើអ្នកនិយាយ ភាសាខ្មែរ
សេវាកម្មជំនួយភាសាឥតគិតថ្លៃគឺមានសម្រាប់អ្នក។ ជំនួយ
និងសេវាកម្មដែលជាការជួយដ៏សមរម្យ
ក្នុងការផ្តល់ព័ត៌មានតាមទម្រង់ដែលអាចចូលប្រើប្រាស់បាន
ក៏អាចរកបានដោយឥតគិតថ្លៃផងដែរ។ ហៅទូរសព្ទទៅ 1-844-333-3095
(TTY: 1-800-735-2929) ឬនិយាយទៅកាន់អ្នកផ្តល់សេវារបស់អ្នក។”

Chinese / 中文

注意:如果您说[中文], 我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务, 以无障碍格式提供信息。致电 1-844-333-3095(文本电话:1-800-735-2929)或咨询您的服务提供商。”

Farsi / فارسي

توجه: اگر [وارد کردن زبان] صحبت می‌کنید، خدمات پشتیبانی زبانی رایگان در دسترس شما قرار دارد. همچنین کمک‌ها و خدمات پشتیبانی مناسب برای ارائه اطلاعات در قالب‌های قابل دسترس، به‌طور رایگان موجود می‌باشند. با شماره تماس بگیرید یا با (1-844-333-3095 (تله‌تایپ: 1-800-735-2929-1 ارائه‌دهنده خود صحبت کنید.

Hindi / हिंदी

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 1-844-333-3095 (TTY: 1-800-735-2929) पर कॉल करें या अपने प्रदाता से बात करें।”

Hmong / Lus Hmoob

LUS CEEV TSHWJ XEEB: Yog hais tias koj hais Lus Hmoob muaj cov kev pab cuam txhais lus pub dawb rau koj. Cov kev pab thiab cov kev pab cuam ntxiv uas tsim nyog txhawm rau muab lus qhia paub ua cov hom ntaub ntawv uas tuaj yeem nkag cuag tau rau los kuj yeej tseem muaj pab dawb tsis xam tus nqi dab tsi ib yam nkaus. Hu rau 1-844-333-3095 (TTY: 1-800-735-2929) los sis sib tham nrog koj tus kws muab kev saib xyuas kho mob.”

Japanese / 日本語

注: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。アクセシブル(誰もが利用できるよう配慮された)な形式で情報を提供するための適切な補助支援やサービスも無料でご利用いただけます。1-844-333-3095(TTY: 1-800-735-2929)までお電話ください。または、ご利用の事業者にご相談ください。

Korean / 한국어

주의: [한국어]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-844-333-3095 (TTY: 1-800-735-2929)번으로 전화하거나 서비스 제공업체에 문의하십시오."

Latioan / ລາວ

ເຊີນຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ຈະມີບໍລິການຊ່ວຍເຫຼືອພາສາເພີ່ມເຕີມໃຫ້ທ່ານ. ມີເຄື່ອງຊ່ວຍການບໍລິການເພີ່ມເຕີມເພື່ອໃຫ້ຂໍ້ມູນໃນຮູບເບບເບບສາມາດເຂົ້າເຖິງໄດ້. ໂທຫາເບບ 1-844-333-3095 (TTY: 1-800-735-2929) ຫຼື ລັກສະນະໃຫ້ບໍລິການຂອງທ່ານ."

Punjabi / ਪੰਜਾਬੀ

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹੁੰਦੀਆਂ ਹਨ। ਪਹੁੰਚਯੋਗ ਫਾਰਮੈਟਾਂ ਵਿੱਚ ਜਾਣਕਾਰੀ ਪ੍ਰਦਾਨ ਕਰਨ ਲਈ ਢੁਕਵੇਂ ਪੂਰਕ ਸਹਾਇਕ ਸਾਧਨ ਅਤੇ ਸੇਵਾਵਾਂ ਵੀ ਮੁਫਤ ਵਿੱਚ ਉਪਲਬਧ ਹੁੰਦੀਆਂ ਹਨ। 1-844-333-3095 (TTY: 1-800-735-2929) 'ਤੇ ਕਾਲ ਕਰੋ ਜਾਂ ਆਪਣੇ ਪ੍ਰਦਾਤਾ ਨਾਲ ਗੱਲ ਕਰੋ।"

Russian / РУССКИЙ

ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги

по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-844-333-3095 (TTY: 1-800-735-2929) или обратитесь к своему поставщику услуг.

Tagalog / Tagalog

PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-844-333-3095 (TTY: 1-800-735-2929) o makipag-usap sa iyong provider.”

Thai / ไทย

หมายเหตุ: หากคุณใช้ภาษา ไทย เรามีบริการความช่วยเหลือด้านภาษาฟรี นอกจากนี้ ยังมีเครื่องมือและบริการช่วยเหลือเพื่อให้ข้อมูลในรูปแบบที่เข้าถึงได้โดยไม่เสียค่าใช้จ่าย โปรดโทรติดต่อ 1-844-333-3095 (TTY: 1-800-735-2929) หรือปรึกษาผู้ให้บริการของคุณ”

Vietnamese / Việt

LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 1-844-333-3095 (Người khuyết tật: 1-800-735-2929) hoặc trao đổi với người cung cấp dịch vụ của bạn.”