

BREKKIE

GOLDEN FOLDED EGGS	22
soft scrambled eggs, mushrooms, bacon, kale salad, avocado (GF) add: sourdough toast 3 no bacon sub: smoked salmon or halloumi 2	
AVOCADO TOAST	16
crumbled feta, grain and seed mix, alfalfa sprouts, basil oil, sourdough add: poached egg 3	
SMOKED SALMON TOAST	20
whipped garlic feta, cucumbers, pickled onions, dill, lemon, sourdough add: poached egg 3	
MUSHROOM TOAST	16
cremini mushrooms, whipped garlic feta, grain & seed mix, watercress, basil oil, sourdough add: poached egg 3	
BANTER BIG BREAKFAST	24
two poached eggs, bacon, halloumi, tomato jam, mushrooms, avocado, roasted tomato, parsley, sourdough toast NO SUBSTITUTIONS - REMOVALS WELCOME	
HOUSEMADE GRANOLA	14
maple greek yoghurt, seasonal fresh berries, berry compote (GF) (N)	
BYOB - build your own brekkie	12
two eggs any style, sourdough toast choice of hashbrown or salad pro tip: add bacon & avocado 10 add sides a la carte	

SIDES

HASHBROWN	3	GRILLED CHICKEN	7
BACON	5	FRIED CHICKEN	7
AVOCADO	5	SOFT SCRAMBLED	6
HALLOUMI	6	POACHED EGG	3
MUSHROOMS	5	FRIED EGG	3
SMOKED SALMON	7	MIXED BERRIES	6
ROASTED TOMATO	4	VEGEMITE	2
TOMATO JAM	2	SOURDOUGH TOAST	4

BOWLS

BANTER BOWL	18
pickled carrot, cabbage, watermelon radish, cucumber, edamame, avocado, quinoa, miso ponzu dressing (GF) (DF) choice of grilled chicken, smoked salmon or poached egg	
FALAFEL BOWL	18
three falafels, pickled onions, avocado, cucumber, whipped garlic feta, kale salad, romesco, Za'atar dressing (GF) (N)	
ROASTED VEGGIES & FARRO	16
honey & cumin roasted carrots, sweet potatoes, parsnips, broccoli, beets, Tuscan kale, farro, apple cider black pepper vinaigrette (DF) add: grilled chicken 7	
CURRIED BUTTERNUT SQUASH SOUP	13
lime crema, cilantro, spiced pepitas, served with sourdough toast	
KALE & AVO SALAD	15
baby kale, sweet & spicy dressing, avocado, quinoa, carrots, pepitas, red onion & chickpeas (GF) (DF) add: grilled chicken 7	

SNACKS

SWEET POTATO FRIES	7
bowl of sweet potato fries served with spicy mayo (GF) (DF)	
SEASONED FRIES	7
bowl of crispy fries, house chili sage seasoning served with black garlic aioli (GF) (DF)	
EDAMAME HUMMUS	15
sumac, honey & cumin roasted carrots, broccoli, parsnips, sweet potato, beets, Za'atar spiced pita (DF)	

BANTER
Murray Hill

SANDWICHES

BACON & EGG ROLL	14
fried egg, bacon, pickled onions, lettuce, tomato jam, garlic aioli, ciabatta (DF) add: avocado 4 all items below served with seasoned fries, sweet potato fries or salad	
FRIED CHICKEN SANDWICH	18
buttermilk fried chicken, lettuce, pickles, Mike's Hot Honey, garlic aioli, spicy aioli, sesame bun	
CLASSIC BURGER	17
beef patty, white cheddar, caramelized onions, tomato jam, potato bun add: bacon 3	
CHICKEN SALAD WRAP	19.5
housemade chicken salad, spinach, cucumber, carrot on a toasted spinach wrap (GFO)(DF)	
MUSHROOM WRAP	19.5
mushrooms, avocado, red cashew pesto, purple cabbage, harissa aioli on a toasted spinach wrap (GFO) (N) (DF)	
THAI CRUNCH WRAP	20
choice of chicken or falafel with spicy cashew dressing, edamame hummus, carrots, kohlrabi, cucumber, watermelon radish, cabbage, & herbs on a toasted spinach wrap (GFO) (N) (DF)	

SWEETS

NUTELLA FRENCH TOAST	19
nutella, nut crumble, seasonal mixed berries, banana, maple syrup (N)	
LAMINGTON	5
buttery sponge cake, covered in chocolate, rolled in coconut, and filled with our berry jam	
MISO CARAMEL LAMINGTON	6
buttery sponge cake, covered in chocolate, coconut and sesame, and filled with our berry jam. Miso caramel sauce served on the side	
WHITE CHOCO RASPBERRY MUFFIN	5
BANANA BREAD	8
served with spiced citrus cream cheese (GF)	

DF = DAIRY FREE | GFO = GLUTEN FREE OPTION AVAILABLE | GF = GLUTEN FREE | N = CONTAINS NUTS

THERE WILL BE AN AUTO GRATUITY OF 20% APPLIED TO PARTIES OF 6 OR MORE

COFFEE

served hot or iced add almond or oat milk	0.5
DRIP COFFEE	3.5
AMERICANO	4
ESPRESSO	4
MACHIATTO	4
CORTADO	4.5
FLAT WHITE	5
CAPPUCCINO	5
LATTE	5.5
HOT CHOCOLATE	5.5
MOCHA	6
COLD BREW	5.5
ICED COCONUT AMERICANO served with oat cold foam	8

WELLNESS

served hot or iced	
MATCHA LATTE	6
SEASONAL MATCHA LATTE lavender blueberry	8
CHAI LATTE	6
GOLDEN LATTE	6

TEAS BY RISHI

served hot or iced	
ENGLISH BREAKFAST	5
JASMINE GREEN	5
TANGERINE GINGER herbal	5

JUICES & DRINKS

ORANGE JUICE	7
GRAPEFRUIT JUICE	7
FRESH START lemon, apple, ginger	8
GREEN VITALITY kale, cucumber, lemon, celery, fennel, parsley	8
WATERMELON MINT watermelon, lime, mint	8
HOUSEMADE LEMONADE	6
SWEET PEACH ICED TEA	6
ICED MATCHA LEMONADE	8
SPARKLING LEMON SPINDRIFT	6
COCONUT WATER	6
FEVER TREE GINGER BEER	6

COCKTAILS

MIMOSA brut (sparkling), oj	12
BELLINI brut (sparkling), peach	12
ESPRESSO MARTINI vodka, mr black, banter blend espresso, orange	15
BLOODY MARY vodka, housemade bloody mix	14
THANK EVANS banter secret recipe refreshing + spritzzy	15
MATCHA MARGARITA tequila, matcha, apple, mint, ginger, honey, citrus	16
UPSIDE-DOWN PINEAPPLE mezcal, jalapeño infused tequila, st germain, pineapple, citrus	16
MELON MATE gin, watermelon, citrus, mint, bubbles	15

WINES

ALKOOMI merlot, frankland river, victoria, australia	14/55
STARRS REACH red blend (chilled), riverland, south australia	15/59
GOOD INTENTIONS sauvignon blanc (orange), mt gambier, south australia	16/62
NOVA VITA pinot gris (rosé), adelaide hills, south australia	15/58
HARE & TORTOISE pinot gris, victoria, australia	15/56
DEAN CREEK ESTATE sauvignon blanc, south australia	14/54
J GUILLERMIN brut (sparkling), alsace, france	14/55

BEERS + THINGS

OTHER HALF green city ipa	9
ROCKAWAY vacation zone pale ale	9
MONTAUK easy riser belgian wheat	9
BRAVEN bushwick pilsner	6
ATOMIC DOG cider	7
JIANT hard kombucha	8
PARTAKE non-alcoholic ipa	7

SPIRIT-FREE

WATERMELON COOLER watermelon, citrus, mint, sparkling water	10
ESPRESSO TONIC banter blend espresso, citrus, tonic	7
NOHITO ginger, lime, mint, passionfruit, sparkling water	10
HIGH TEA jasmine green tea, lemon, peach	8