

## BREKKIE

|                                                                                                                                                    |    |
|----------------------------------------------------------------------------------------------------------------------------------------------------|----|
| <b>GOLDEN FOLDED EGGS</b>                                                                                                                          | 22 |
| soft scrambled eggs, mushrooms, bacon, kale salad, avocado (GF)<br>add: sourdough toast 3<br>no bacon sub: smoked salmon or halloumi 2             |    |
| <b>AVOCADO TOAST</b>                                                                                                                               | 16 |
| crumbled feta, grain and seed mix, alfalfa sprouts, basil oil, sourdough<br>add: poached egg 3                                                     |    |
| <b>SMOKED SALMON TOAST</b>                                                                                                                         | 20 |
| whipped garlic feta, cucumbers, pickled onions, dill, lemon, sourdough<br>add: poached egg 3                                                       |    |
| <b>MUSHROOM TOAST</b>                                                                                                                              | 16 |
| cremini mushrooms, whipped garlic feta, grain & seed mix, watercress, basil oil, sourdough<br>add: poached egg 3                                   |    |
| <b>BANTER BIG BREAKFAST</b>                                                                                                                        | 24 |
| two poached eggs, bacon, halloumi, tomato jam, mushrooms, avocado, roasted tomato, parsley, sourdough toast<br>NO SUBSTITUTIONS - REMOVALS WELCOME |    |
| <b>HOUSEMADE GRANOLA</b>                                                                                                                           | 14 |
| maple greek yoghurt, seasonal fresh berries, berry compote (GF) (N)                                                                                |    |
| <b>BYOB - build your own brekkie</b>                                                                                                               | 12 |
| two eggs any style, sourdough toast<br>choice of hashbrown or salad<br>pro tip: add bacon & avocado 10<br>add sides a la carte                     |    |

## SIDES

|                |   |                 |   |
|----------------|---|-----------------|---|
| HASHBROWN      | 3 | GRILLED CHICKEN | 7 |
| BACON          | 5 | FRIED CHICKEN   | 7 |
| AVOCADO        | 5 | SOFT SCRAMBLED  | 6 |
| HALLOUMI       | 6 | POACHED EGG     | 3 |
| MUSHROOMS      | 5 | FRIED EGG       | 3 |
| SMOKED SALMON  | 7 | MIXED BERRIES   | 6 |
| ROASTED TOMATO | 4 | VEGEMITE        | 2 |
| TOMATO JAM     | 2 | SOURDOUGH TOAST | 4 |

## BOWLS

|                                                                                                                                                                          |    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| <b>BANTER BOWL</b>                                                                                                                                                       | 18 |
| pickled carrot, cabbage, watermelon radish, cucumber, edamame, avocado, quinoa, miso ponzu dressing (GF) (DF)<br>choice of grilled chicken, smoked salmon or poached egg |    |
| <b>FALAFEL BOWL</b>                                                                                                                                                      | 18 |
| three falafels, pickled onions, avocado, cucumber, whipped garlic feta, kale salad, romesco, Za'atar dressing (GF) (N)                                                   |    |
| <b>ROASTED VEGGIES &amp; FARRO</b>                                                                                                                                       | 16 |
| honey & cumin roasted carrots, sweet potatoes, parsnips, broccoli, beets, Tuscan kale, farro, apple cider black pepper vinaigrette (DF)<br>add: grilled chicken 7        |    |
| <b>CURRIED BUTTERNUT SQUASH SOUP</b>                                                                                                                                     | 13 |
| lime crema, cilantro, spiced pepitas, served with sourdough toast                                                                                                        |    |
| <b>KALE &amp; AVO SALAD</b>                                                                                                                                              | 15 |
| baby kale, sweet & spicy dressing, avocado, quinoa, carrots, pepitas, red onion & chickpeas (GF) (DF)<br>add: grilled chicken 7                                          |    |

## SNACKS

|                                                                                                         |    |
|---------------------------------------------------------------------------------------------------------|----|
| <b>SWEET POTATO FRIES</b>                                                                               | 7  |
| bowl of sweet potato fries served with spicy mayo (GF) (DF)                                             |    |
| <b>SEASONED FRIES</b>                                                                                   | 7  |
| bowl of crispy fries, house chili sage seasoning served with black garlic aioli (GF) (DF)               |    |
| <b>EDAMAME HUMMUS</b>                                                                                   | 15 |
| sumac, honey & cumin roasted carrots, broccoli, parsnips, sweet potato, beets, Za'atar spiced pita (DF) |    |

**BANTER**  
*Murray Hill*

## SANDWICHES

|                                                                                                                                                                                        |      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| <b>BACON &amp; EGG ROLL</b>                                                                                                                                                            | 14   |
| fried egg, bacon, pickled onions, lettuce, tomato jam, garlic aioli, ciabatta (DF)<br>add: avocado 4<br><i>all items below served with seasoned fries, sweet potato fries or salad</i> |      |
| <b>FRIED CHICKEN SANDWICH</b>                                                                                                                                                          | 18   |
| buttermilk fried chicken, lettuce, pickles, Mike's Hot Honey, garlic aioli, spicy aioli, sesame bun                                                                                    |      |
| <b>CLASSIC BURGER</b>                                                                                                                                                                  | 17   |
| beef patty, white cheddar, caramelized onions, tomato jam, potato bun<br>add: bacon 3                                                                                                  |      |
| <b>CHICKEN SALAD WRAP</b>                                                                                                                                                              | 19.5 |
| housemade chicken salad, spinach, cucumber, carrot on a toasted spinach wrap (GFO)(DF)                                                                                                 |      |
| <b>MUSHROOM WRAP</b>                                                                                                                                                                   | 19.5 |
| mushrooms, avocado, red cashew pesto, purple cabbage, harissa aioli on a toasted spinach wrap (GFO) (N) (DF)                                                                           |      |
| <b>THAI CRUNCH WRAP</b>                                                                                                                                                                | 20   |
| choice of chicken or falafel with spicy cashew dressing, edamame hummus, carrots, kohlrabi, cucumber, watermelon radish, cabbage, & herbs on a toasted spinach wrap (GFO) (N) (DF)     |      |

## SWEETS

|                                                                                                                                     |    |
|-------------------------------------------------------------------------------------------------------------------------------------|----|
| <b>NUTELLA FRENCH TOAST</b>                                                                                                         | 19 |
| nutella, nut crumble, seasonal mixed berries, banana, maple syrup (N)                                                               |    |
| <b>LAMINGTON</b>                                                                                                                    | 5  |
| buttery sponge cake, covered in chocolate, rolled in coconut, and filled with our berry jam                                         |    |
| <b>MISO CARAMEL LAMINGTON</b>                                                                                                       | 6  |
| buttery sponge cake, covered in chocolate, coconut and sesame, and filled with our berry jam. Miso caramel sauce served on the side |    |
| <b>WHITE CHOCO RASPBERRY MUFFIN</b>                                                                                                 | 5  |
| <b>BANANA BREAD</b>                                                                                                                 | 8  |
| served with spiced citrus cream cheese (GF)                                                                                         |    |

DF = DAIRY FREE | GFO = GLUTEN FREE OPTION AVAILABLE | GF = GLUTEN FREE | N = CONTAINS NUTS

THERE WILL BE AN AUTO GRATUITY OF 20% APPLIED TO PARTIES OF 6 OR MORE

## COFFEE

|                                                     |     |
|-----------------------------------------------------|-----|
| served hot or iced<br>add almond or oat milk        | 1   |
| DRIP COFFEE                                         | 3.5 |
| AMERICANO                                           | 4   |
| ESPRESSO                                            | 4   |
| MACHIATTO                                           | 4   |
| CORTADO                                             | 4.5 |
| FLAT WHITE                                          | 5   |
| CAPPUCCINO                                          | 5   |
| LATTE                                               | 5.5 |
| HOT CHOCOLATE                                       | 5.5 |
| MOCHA                                               | 6   |
| COLD BREW                                           | 5.5 |
| ICED COCONUT AMERICANO<br>served with oat cold foam | 8   |

## WELLNESS

|                                             |   |
|---------------------------------------------|---|
| served hot or iced                          |   |
| MATCHA LATTE                                | 6 |
| SEASONAL MATCHA LATTE<br>lavender blueberry | 8 |
| CHAI LATTE                                  | 6 |
| GOLDEN LATTE                                | 6 |

## TEAS BY RISHI

|                            |   |
|----------------------------|---|
| served hot or iced         |   |
| ENGLISH BREAKFAST          | 5 |
| JASMINE GREEN              | 5 |
| TANGERINE GINGER<br>herbal | 5 |

## JUICES & DRINKS

|                                                                  |   |
|------------------------------------------------------------------|---|
| ORANGE JUICE                                                     | 7 |
| GRAPEFRUIT JUICE                                                 | 7 |
| FRESH START<br>lemon, apple, ginger                              | 8 |
| GREEN VITALITY<br>kale, cucumber, lemon, celery, fennel, parsley | 8 |
| WATERMELON MINT<br>watermelon, lime, mint                        | 8 |
| HOUSEMADE LEMONADE                                               | 6 |
| SWEET PEACH ICED TEA                                             | 6 |
| ICED MATCHA LEMONADE                                             | 8 |
| SPARKLING LEMON SPINDRIFT                                        | 6 |
| COCONUT WATER                                                    | 6 |
| FEVER TREE GINGER BEER                                           | 6 |

## MOCKTAILS

|                                                                |    |
|----------------------------------------------------------------|----|
| WATERMELON COOLER<br>watermelon, citrus, mint, sparkling water | 10 |
| ESPRESSO TONIC<br>banter blend espresso, citrus, tonic         | 7  |
| NOHITO<br>ginger, lime, mint, passionfruit, sparkling water    | 10 |
| HIGH TEA<br>jasmine green tea, lemon, peach                    | 8  |

## BEERS + THINGS

|                                         |   |
|-----------------------------------------|---|
| OTHER HALF green city ipa               | 9 |
| ROCKAWAY pretzel neck oktoberfest lager | 9 |
| MONTAUK easy riser belgian wheat        | 9 |
| BRAVEN bushwick pilsner                 | 6 |
| ATOMIC DOG cider                        | 7 |
| PARTAKE non-alcoholic ipa               | 7 |

## WINES

|                                                                          |       |
|--------------------------------------------------------------------------|-------|
| BARE WINEMAKERS<br>pinot noir, limestone coast, south australia          | 16/59 |
| CHARLOTTE DALTON<br>red blend, adelaide hills, south australia           | 15/55 |
| GOOD INTENTIONS<br>sauvignon blanc (orange), mt gambier, south australia | 16/62 |
| NOVA VITA<br>pinot gris (rosé), adelaide hills, south australia          | 15/58 |
| HARE & TORTOISE<br>pinot gris, victoria, australia                       | 15/56 |
| DEAN CREEK ESTATE<br>sauvignon blanc, south australia                    | 14/54 |
| J GUILLERMIN<br>brut (sparkling), alsace, france                         | 14/55 |

## COCKTAILS

|                                                                                          |    |
|------------------------------------------------------------------------------------------|----|
| MIMOSA<br>brut (sparkling), oj                                                           | 12 |
| BELLINI<br>brut (sparkling), peach                                                       | 12 |
| ESPRESSO MARTINI<br>vodka, mr black, banter blend espresso, orange                       | 15 |
| BLOODY MARY<br>vodka, housemade bloody mix                                               | 14 |
| THANK EVANS<br>banter secret recipe<br>refreshing + spritzzy                             | 15 |
| MATCHA MARGARITA<br>tequila, matcha, apple, mint, ginger, honey, citrus                  | 16 |
| UPSIDE-DOWN PINEAPPLE<br>mezcal, jalapeño infused tequila, st germain, pineapple, citrus | 16 |
| MELON MATE<br>gin, watermelon, citrus, mint, bubbles                                     | 15 |