



Menu

Senses Massage & Wellness
41 Hang Bong street, Hoan Kiem, Ha Noi



IM Spa
16 Hang Da Street, Hoan Kiem, Ha Noi



Opening time: 10h00 - 22h00, last appointment at 21h00



Indulgence Package

300 Minutes - 3,999,000VND
(Subject to 10% taxes & 5% service charges)

Benefits:

- Enjoy 60 minutes of absolute relaxation with a refreshing cocktail in hand as you immerse yourself in the cool water of our rooftop pool, offering panoramic views of the city from the 10th floor.
- Indulge in a 60-minute full-body exfoliation and herbal steam session to relax and detoxify your body, leaving you feeling refreshed and revitalized.
- Surrender to a professional massage with our exclusive Senses Package, designed to awaken all your senses and melt away stress and fatigue.
- Delight in a luxurious dinner with a view over the Old Quarter from above. Choose a set menu including a starter, main course, and dessert from Viet Restaurant's diverse selection of 100 signature dishes, and watch the sunset over the rooftops of the historic city.

Senses Package

210 minutes - 2,999,000VND

(Subject to 10% taxes & 5% service charges)

Benefits:

Awaken all your senses with:

- Herbal Steam Therapy

- Full-Body Massage combining three healing techniques: Hot Stone, Herbal Compress, and Bamboo Massage—relieving stress, improving blood circulation, detoxifying the body, and soothing muscle aches for deep relaxation.

- Rejuvenating Facial Massage with cold globes and jade stone to tighten pores, enhance nutrient absorption, slow down the aging process, firm the skin, and promote youthful skin regeneration.

- 24K Gold Facial Mask

- Hair Wash and Herbal Hair Treatment using 21 rare natural herbs that nourish both hair and scalp, leaving them healthy and glossy. The herbal ingredients also support scalp health and nourishment.

- Enjoy a Healthy Dessert and Herbal Tea to harmonize the body and promote overall well-being.



Jade Rejuvenating Facial - 24K Gold Leaf Mask - Herbal & Hot Stone Full-Body Massage - Nourishing Hair Wash

100 minutes - 1,599,000VND

(Subject to 10% taxes & 5% service charges)

Benefits:

Herbal & Hot Stone Full-Body Massage helps relieve muscle tension, improve blood circulation, and release tight muscles throughout the body.

Facial Massage with Jade Stone & Cold Globes smooths and firms the skin, reduces wrinkles caused by aging, stimulates new cell production, lifts facial contours, and minimizes pores.

Pure 24K Gold Leaf Facial Mask brightens the skin, softens texture, fades dark spots and pigmentation, tightens pores, smooths wrinkles and fine lines, and promotes youthful skin rejuvenation.

Herbal Hair Wash & Deep Conditioning with 21 rare natural herbs provides essential nutrients and minerals to nourish both the hair and scalp, keeping them strong, healthy, and shiny. Additionally, the herbal ingredients deeply condition and revitalize the scalp.



Nourishing Hair Wash & Full-Body Hot Stone Therapy Massage

100 minutes- 1,599,000VND

(Subject to 10% taxes & 5% service charges)

Benefits

Full-Body Hot Stone Massage helps relieve muscle aches and pains while promoting full-body blood circulation and energy flow.

Facial Massage with Cold Globes smooths and firms the skin, reduces wrinkles caused by aging, stimulates new cell production, lifts facial contours, and minimizes pores.

Therapeutic Facial Mask Application to nourish and restore skin health.

Herbal Hair Wash and Deep Conditioning Treatment using 21 rare natural herbs to provide essential nutrients and minerals for both hair and scalp, keeping them healthy, strong, and shiny. The herbal ingredients also help deeply nourish and revitalize the scalp.

Singing Bowl Therapy & Herbal Full-Body Massage

90 minutes- 1,599,000VND

(Subject to 10% taxes & 5% service charges)

Benefits:

With the Singing Bowl Therapy and Full-Body Massage, you will experience holistic healing for the Body - Mind - and Spirit:

- Supports sleep-related issues such as insomnia, frequent waking, restless sleep, and waking up feeling tired and sluggish.
- Helps relieve anxiety disorders, stress, depression, and postpartum depression, as well as headaches and migraines.
- Addresses hormonal imbalances and issues related to the uterus and reproductive system.
- Relieves musculoskeletal problems such as back pain, lower back pain, neck and shoulder stiffness, joint pain, and leg numbness.



Full-Body Bamboo Therapy Massage

60 minutes- 1,099,000VND

90 minutes - 1,299,000VND

(Subject to 10% taxes & 5% service charges)

Benefits:

Using the heat of warm bamboo sticks combined with deep-tissue kneading and massage techniques,

this therapy helps to:

Reduce stress and tension

Prevent muscular dysfunction and imbalances

Soothe muscle aches and pains

Boost blood circulation

Promote deep relaxation and inner calm

Enjoy a healthy dessert and a rejuvenating herbal tea to complete the experience and nourish the body from within.



Full-body Hot Stone Therapy Massage

60 minutes - 1,099,000VND

90 minutes - 1,299,000VND

(Subject to 10% taxes & 5% service charges)

Benefits

Discover the surprising benefits of Hot Stone Massage for your body:

- Relieves pain and muscle tension
- Reduces stress and promotes mental calm
 - Enhances blood circulation
- Boosts the body's immune system
 - Improves sleep quality
- Promotes healthier, more radiant skin

Finish the experience with a soothing cup of rejuvenating herbal tea to nourish your body and uplift your senses.





Full-Body Herbal Compress Therapy Massage

60 minutes - 1,099,000VND

90 minutes - 1,299,000VND

(Subject to 10% taxes & 5% service charges)

Benefits:

The herbal compress contains a blend of natural healing herbs such as eucalyptus, ginger, lemongrass, and lime—each offering therapeutic benefits to enhance overall well-being. The gentle heat combined with the natural aromas helps release toxins,

ease fatigue, and calm the mind. Benefits include:

- Relief from muscle aches and body fatigue
- Mental relaxation and stress reduction
- Skin rejuvenation and improved complexion
- Enhanced sleep quality and deeper rest

Complete the experience with a nourishing dessert and a cup of rejuvenating herbal tea to harmonize and refresh the body from within.

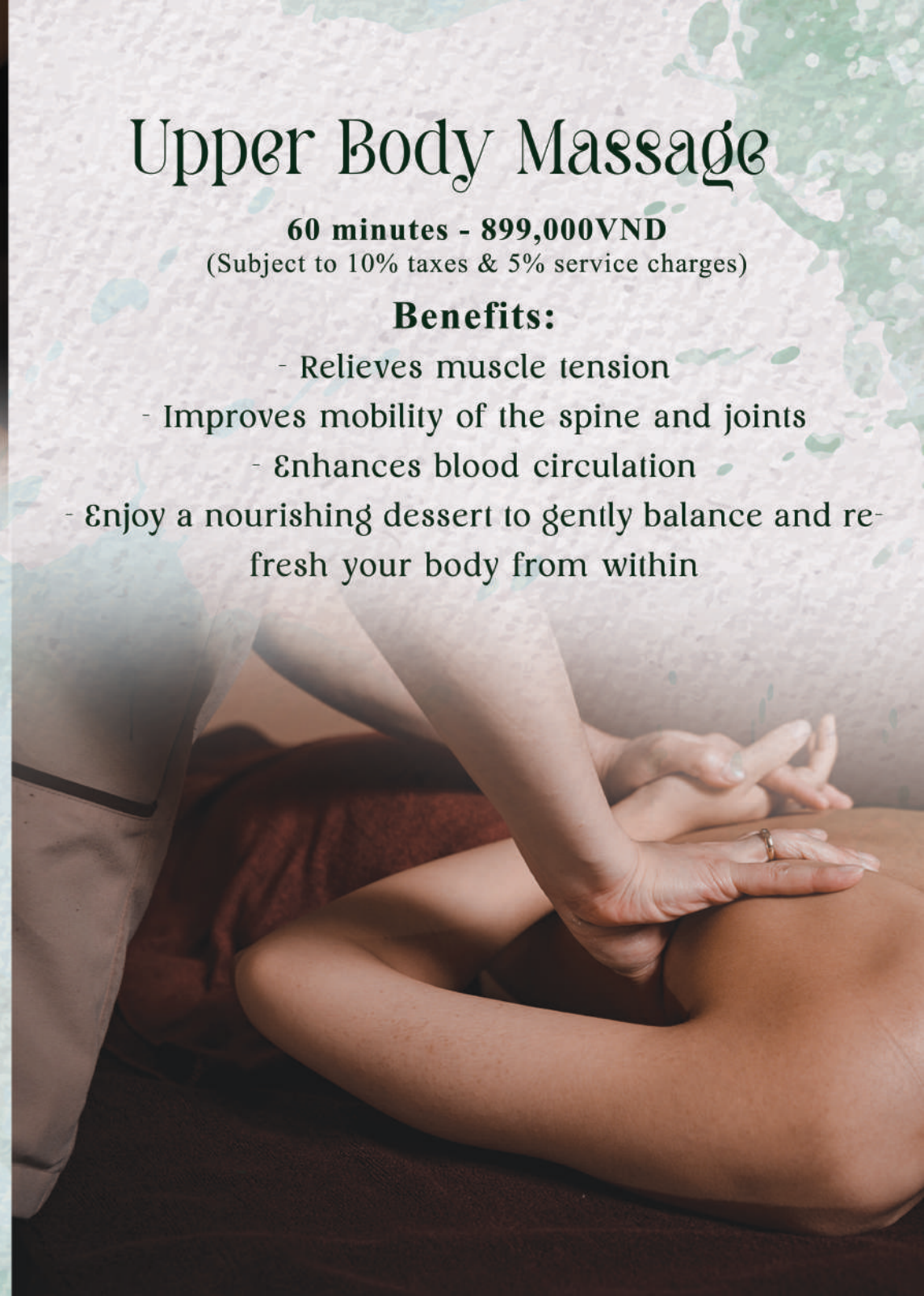
Upper Body Massage

60 minutes - 899,000VND

(Subject to 10% taxes & 5% service charges)

Benefits:

- Relieves muscle tension
- Improves mobility of the spine and joints
- Enhances blood circulation
- Enjoy a nourishing dessert to gently balance and refresh your body from within



Foot Massage

60 minutes - 699,000VND

(Subject to 10% taxes & 5% service charges)

Benefits:

- Body exfoliation to remove dead skin cells and reveal smoother, brighter skin
- Foot massage to relieve tension and stimulate pressure points
- Hot stone therapy to relax muscles and promote deep physical and mental relaxation
- Enjoy a nourishing dessert to restore balance and refresh your body from within



Full-Body Exfoliation with Coffee Essence & Herbal Steam Therapy

60 minutes - 699,000VND

(Subject to 10% taxes & 5% service charges)

Benefits:

Exfoliating with Coffee Grounds helps remove dead skin cells and impurities, leaving the skin smoother and brighter. Coffee grounds are rich in antioxidants, which protect the skin from free radical damage, slow down the aging process, and improve blood circulation—resulting in a healthy, radiant glow.

- Herbal Steam Therapy offers a variety of benefits:
- The steam combined with herbal essential oils enhances blood circulation, easing muscle and joint pain, relieving headaches, and improving sleep quality. Sweating during the steam session helps the body eliminate toxins and accumulated waste, promoting detoxification and overall well-being.

