


Activities Calendar - November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Governor's Bend reserves the right to change the schedule due to CDC protocol updates, unexpected events, lack of interest, time restraints, weather or need.</i></p> <p><i>Activity locations: GR= Garden Room AR=Activity Room L=Lobby</i> <i>DR=Dining Room C=Chapel FP=Front Porch CR=Conference Room</i></p> <div></div>						1
2 10:00– Worship Service	3 9:30– Chair Exercise with Hannah (AR) 10:30– Bible Study (C) 11:00– Headbanz Game (AR) 2:00– Concert: Stan & Kathy Moon (L) 3:00– Heart Healthy Bingo Game with Madison from UC Health Dept. (AR) 4:00– Walking Club	4 9:30– Chair Exercise with Hannah (AR) 10:30– Noodle Ball (AR) 2:00– Making a Painted Turkey Flower Pot Craft (AR) 3:00– Resident Council Meeting (AR) 4:00– Walking Club	5 9:30– Chair Exercise with Hannah (AR) 10:15– Worship Service (C) 2:00– Balloon Volleyball (AR) 3:00- Wii Bowling Tournament (GR) 4:00– Walking Club 6:00– Higgins Chapel Baptist Church	6 9:30– Chair Exercise with Hannah (AR) 10:30- Penny Game (AR) 12:00– Men’s Fellowship Lunch (AR) 2:00-Making Thanksgiving Card with Elizabeth (AR) 3:00– Hangman Game (AR) 4:00– Walking Club	7 9:00– Resident Walmart Shopping Trip 9:30– Exercise in physical therapy room 10:30– Noodle Ball (AR) 2:00– Making Homemade Woodland Creature Ornaments Craft (AR) 3:00– Bingo (AR) 4:00– Bird Hunt Walk (meet in AR)	8
9 10:00– Worship Service	10 9:00– Lunch Bunch Trip to Olive Garden (you must sign up with Brian) 10:30– Bible Study (C) 11:00– Playing UNO Game (AR) 2:00– Charades Game (AR) 3:00– Hand & Neck Massages (AR) 4:00– Walking Club	11 9:30– Chair Exercise with Hannah (AR) 10:30– Veteran’s Day History & Acknowledgement (AR) 2:00- Veteran’s Day Program (L) 4:00– Walking Club	12 9:30– Chair Exercise with Hannah (AR) 10:15– Worship Service (C) 2:00- Bingo with Susan from Christian Care (AR) 3:00– Beach Ball Battle (AR) 4:00– Music Walk (meet in AR)	13 9:30– Chair Exercise with Hannah (AR) 10:30– Noodle Ball (AR) 2:00– Game with Sabrina from Home Instead (AR) 3:00– Jigsaw Puzzles (GR) 5:30– Family Thanksgiving Dinner	14 9:30– Chair Exercise with Hannah (AR) 10:30– Memory Match Game (AR) 2:00– Concert: JT Oaks & Greg Sergent (L) 3:00– Thanksgiving Roll & Share Game (AR) 4:00– Walking Club	15
16 10:00– Worship Service	17 9:30– Chair Exercise with Hannah (AR) 10:30– Bible Study (C) 11:00– Mickey Mouse Trivia 2:00– Mickey Mouse Cupcake Decorating (AR) 3:00– Vintage Disney Short Films (AR) 4:00– Walking Club	18 9:30– Chair Exercise with Hannah (AR) 10:30-Noodle Ball (AR) 1:30– Scenic Road Trip (you must sign up with Brian (AR) 3:00– Fall Coloring & Coffee (AR) 4:00– Story Walk (meet in AR)	19 9:30– Chair Exercise with Hannah (AR) 10:15– Worship Service (C) 2:00– Bingo Birthday Bash sponsored by Southside Freewill Baptist Church (AR) 3:00– Embellished Christmas Tree Canvas Painting Craft (AR) 4:00– Walking Club	20 STAFF MEETING AT 9AM 9:30– Exercise in physical therapy room 10:30– Jigsaw Puzzles (GR) 2:00– Unicoi County Library (CR) 2:30– Chef Circle: Making Energy Bites (AR) 4:00– Walking Club	21 9:00– Resident Walmart Shopping Trip (you must sign up with Brian) 9:30– Exercise in physical therapy room 10:30– Noodle Ball (AR) 2:00-Christmas Tree Decorating Party with Hot Chocolate, Cookies & Christmas Carols (GR)	22
23 10:30– Worship Service	24 9:30– Chair Exercise with Hannah (AR) 10:30– Bible Study (C) 11:00- Ring Toss Game & Tic Tac Toe (AR) 2:00– Making Thanksgiving Story Mix & Thanksgiving This or That Game (AR) 3:00– Concert: Willie Manning & Friends 4:00– Walking Club	25 9:30– Chair Exercise with Hannah (AR) 10:30– Noodle Ball (AR) 2:00– Friendsgiving Party (AR) 4:00– Walking Club	26 9:30– Chair Exercise with Hannah (AR) 10:15– Worship Service (L) 2:00– A Charlie Brown Thanksgiving & Pumpkin Pie Tasting (AR) 3:00– Thanksgiving Jeopardy Game (AR) 4:00– Grab a Staff Member Walk (meet in AR)	27 NO SCHEDULED ACTIVITIES	28 NO SCHEDULED ACTIVITIES	29
30 10:00– Worship Service						