

# Activities Calendar - January 2026—Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Governor's Bend reserves the right to change the schedule due to CDC protocol updates, unexpected events, lack of interest, time restraints, weather or need.</i>  <i><b>Activity locations:</b> GR= Garden Room AR=Activity Room L=Lobby DR=Dining Room C=Chapel FP=Front Porch CR=Conference Room</i>				<div>NEW YEAR'S DAY</div> <div>1</div> <div>NO SCHEDULED ACTIVITIES</div>	<div>2</div> <div>NO SCHEDULED ACTIVITIES</div>	<div>3</div>
<div>4</div> <div>10:00– Worship Service (C)</div>	<div>5</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Color Therapy 2:00– Noodle Ball 3:00– Mystery Monday</div>	<div>6</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Memory Games 2:00– Snowball Fight 3:00– Music with Whitney</div>	<div>7</div> <div>9:00– Good Morning Chat 10:15– Worship Service 2:00– Beach Ball Battle Game 3:00– Nerf Gun Battle Game</div>	<div>8</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Brain Teasers 2:00– Bingo Birthday Bash 3:00– Hand Massages</div>	<div>9</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Devotions &amp; Hymns 2:00– Snowball Trail Mix 3:00– Snowball Craft</div>	<div>10</div>
<div>11</div> <div>10:00– Worship Service (C)</div>	<div>12</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Puzzles 2:00– Cardio Drumming 3:00– Penny Game</div>	<div>13</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Puzzles 2:00– Hot Chocolate Bar with Movie</div>	<div>14</div> <div>9:00– Good Morning Chat 10:15– Worship Service 2:00– Noodle Ball 3:00– Winter Craft</div>	<div>15</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Painting 2:00– Snowball Fight Game 3:00– Making Pizzas</div>	<div>16</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Devotions &amp; Hymns 2:00– Coffee &amp; Donuts Social with music 3:00– Beach Ball Battle</div>	<div>17</div>
<div>18</div> <div>10:00– Worship Service (C)</div>	<div>19</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Devotions &amp; Hymns 2:00– Beach Ball Battle 3:00– Concert: Willie Manning &amp; Friends (C)</div>	<div>20</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Painting 2:00– Concert: Glaymorgan Chapel Quartet in Wise, VA 3:00– Snowball Fight Game</div>	<div>21</div> <div>9:00– Good Morning Chat 10:15– Worship Service 2:00– Noodle Ball 3:00– Greeting Card Craft</div>	<div>22</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Finish the Phrase Game 2:00– Movie with Popcorn &amp; Soda</div>	<div>23</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Devotions &amp; Hymns 2:00– Cardio Drumming 3:00– Hand Massages</div>	<div>24</div>
<div>25</div> <div>10:00– Worship Service (C)</div>	<div>26</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Coloring Therapy 2:00– Noodle Ball 3:00– Mystery Monday</div>	<div>27</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Puzzles 2:00– Beachball Battle Game 3:00– Music with Whitney</div>	<div>28</div> <div>9:00– Good Morning Chat 10:15– Worship Service 2:00– Snowball Fight Game 3:00– Nerf Gun Battle Game</div>	<div>29</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Brain Twisters Game 2:00– Dancing to the Oldies 3:00– Noodle Ball</div>	<div>30</div> <div>9:00– Good Morning Chat 10:00– Chair Exercise 10:30– Devotions &amp; Hymns 2:00– Movie with Popcorn &amp; Soda</div>	<div>31</div>