

Activities Calendar - March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 10:00– Worship Service (C)	OH THE PLACES YOU’LL GO DAY 2 9:00– Chair Exercise (AR) 10:30– Bible Study (C) 11:00– Name That State Game (AR) 2:00– All American Road Trip Adventure (AR) 3:00– Road Trip Song Challenge (AR)	ONE FISH TWO FISH RED FISH BLUE FISH DAY 3 9:00– Chair Exercise (AR) 10:30– Fishing Game (AR) 2:00– Mystery Box Memory Game (AR) 3:00– Resident Council Meeting (AR)	CAT IN THE HAT DAY WEAR YOUR SILLIEST HAT 4 9:00– Chair Exercise (AR) 10:15– Worship Service (C) 2:00– Watching the Classic Cat in the Hat short film and Making Cat in the Hat Fruit Kabobs (AR) 3:00– Rhyme Time Game & Hat Stack Challenge Game (AR)	THE LORAX DAY 5 9:00– Chair Exercise (AR) 10:30– Noodle Ball (AR) 2:00– Concert: Stateline Band (L) 3:00– Lorax Garden Tea Party: Snacks & Tea, Spring Planning, What Advice Would You Give Your Younger Self?, and Guess the Flower Game (AR)	HOW THE GRINCH STOLE CHRISTMAS DAY 6 9:00– Chair Exercise (AR) 10:30– Grinch Cup Knockdown Game, Hot Chocolate, Christmas Carol Sing Along (AR) 2:00– Steal the Presents Game & Race to Collect the Bows Game (AR) 3:00– How the Grinch Stole Christmas Classic Short Film and Grinch White Chocolate Sugar Wafers Treat (AR)	7 2:00– Wreath Decorating with the Unicoi County HOSA Program (AR)	
8 DAYLIGHT SAVINGS TIME 10:00– Worship Service (C)	9 9:00– Chair Exercise 10:30– Bible Study (C) 11:00– St. Patrick’s Day Trivia (AR) 2:00– Lucky Charms Cupcake Decorating with Caris Hospice (AR) 3:00– Hand & Neck Massages (AR)	10 9:00– Chair Exercise (AR) 10:30– Lucky Stories Game with Coffee (AR) 2:00– Balloon Volleyball Game (AR) 3:00– Try Not to Touch the Color Game (AR)	11 9:00– Chair Exercise (AR) 10:15– Worship Service (C) 2:00– Concert: Larry Pate (L) 3:00– Bingo with Susan from Christian Care (AR)	12 9:00– Chair Exercise (AR) 10:30– Animal Fact or Fiction Game (AR) 2:00– Making Easter Card with Elizabeth (AR) 3:00– Animal Crossing Toilet Paper Race Game and Best Animal Impersonations (AR) 6:00– Family Game Night Event (DR)	13 9:00– Resident Walmart Shopping Trip (you must sign up with Brian) 10:30– Noodle Ball (AR) 2:00– Arm Chair Travel to Ireland *Come learn about the history, traditions, culture, food, places and more of Ireland right from your arm chair.	14	
15 10:00– Worship Service (C)	16 9:00– Chair Exercise (AR) 10:30– Bible Study (C) 11:00– Shamrock Scavenger Hunt (meet in activity room to get your bag) 2:00– Chef Circle: Making Rainbow Pot of Gold Rice Krispie Treats with Dietary Staff (DR) 3:00– Penny Game (AR)	ST. PATRICK’S DAY 17 9:00– Chair Exercise (AR) 10:30– Noodle Ball (AR) 12:00– Lunch Bunch Take Out Order for Dari Ace *You must be signed up before the 16th because we need your order ahead of time. We will eat in AR. 2:00– Unicoi County Public Library (CR) 2:30– St. Patrick’s Day Party & Play: The Missing Pot of Gold (AR)	18 9:00– Chair Exercise (AR) 10:15– Worship Service (C) 2:00– Bingo Birthday Bash sponsored by Amedisys Home Health (AR) 3:00– Finish the Phrase Game (AR)	STAFF MEETING AT 10AM 19 9:00– Chair Exercise (AR) 10:30– Jigsaw Puzzles (GR) 2:00– Health Class & Fun with Madison from the Unicoi County Health Department (AR) 3:00– America’s Funniest Home Videos (AR)	FIRST DAY OF SPRING 20 9:00– Chair Exercise (AR) 10:30– Spring Name 3 Game (AR) 2:00– Let’s Go on a Bird Hunt (meet in activity room) 3:00– Get to Know Your Neighbor Social Game (AR)	21	
22 10:00– Worship Service (C)	23 9:00– Chair Exercise (AR) 10:30– Bible Study (C) 11:00– Velcro Catch & Toss Game (AR) 2:00– Easter Minute to Win It Games (AR) 3:00– Concert: Willie Manning & Friends (C)	24 9:00– Chair Exercise (AR) 10:30– Wii Bowling Tournament (AR) 2:00– Concert: Glaymorgan Chapel Quartet in Wise, VA (L) 3:00– Hand & Neck Massages (AR)	25 9:00– Chair Exercise (AR) 10:15– Worship Service (C) 2:00– Cardio Drumming (AR) 3:00– How Well Do You Know Spring and Story Circle (AR)	26 9:00– Resident Walmart Shopping Trip (you must sign up with Brian) 10:30– Easter Coloring & Coffee Social (AR) 2:00– Concert: Jonas Riley & Co. with Greg Sergent (L) 3:00– Noodle Ball (AR)	27 9:00– Chair Exercise (AR) 10:30– Hangman (AR) 2:00– Bingo (AR) 3:00– Making Stained Glass Art Craft with Sabrina from Adoration Home Health (AR)	28	
29 10:00– Worship Service (C)	30 9:00– Chair Exercise (AR) 10:30– Bible Study (AR) 11:00– Spring ABC Game (AR) 2:00– Making Easter Card with Elizabeth (AR) 3:00– Easter Bible Trivia Game (AR)	31 9:00– Chair Exercise (AR) 10:30– Noodle Ball (AR) 2:00– Making Easter Trail Mix with reading of the Easter Story from the Bible (AR) 3:00– Hymn Sing Along (AR) 6:00– Concert: The Mainer Family (L)	Governor’s Bend reserves the right to change the schedule due to CDC protocol updates, unexpected events, lack of interest, time restraints, weather or need. Activity Locations: DR:=Dining Room C=Chapel FP= Front Porch CR= Conference Room GR= Garden Room AR=Activity Room L= Lobby				