

Activities Calendar - April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Governor's Bend reserves the right to change the schedule due to CDC protocol updates, unexpected events, lack of interest, time restraints, weather or need.</i></p> <p>Activity Locations: DR:=Dining Room C=Chapel FP= Front Porch CR= Conference Room GR= Garden Room AR=Activity Room L= Lobby</p>			<p>1 9:00– Chair Exercise (AR) 10:15– Worship Service (C) 2:00– Chef Circle: Making Empty Tomb Croissants with dietary staff (DR) 3:00– Oh How He Loves Me *Jesus' Love for us (AR) 6:00– Higgins Chapel Baptist Church (L)</p>	<p>2 9:00– Chair Exercise (AR) 10:30– Easter Egg Hunt 2:00- Movie: It's the Easter Beagle Charlie Brown (GR) 5:30– Easter Family Dinner</p>	<p>3 GOOD FRIDAY HOLIDAY NO SCHEDULED ACTIVITIES</p>	<p>4</p>
<p>5 10:00– Worship Service</p>	<p>6 9:00– Chair Exercise 10:30– Bible Study (C) 11:00– Spring Scattegories Game (AR) 2:00– Craft with Elizabeth (AR) 3:00– Simon Says Movement Game (AR)</p>	<p>7 9:00– Chair Exercise (AR) 9:00– Resident Walmart Shopping Trip (you must sign up with Brian) 10:30– Noodle Ball (AR) 2:00– Price is Right Game (AR) 3:00– Resident Council Meeting (AR)</p>	<p>8 1950's Day 9:00– Chair Exercise (AR) 10:15– Worship Service 2:00– Let's Go Back to the 1950's & Root Beer Floats (AR) 3:30– Classic TV from the 1950's (AR)</p>	<p>9 9:00– Chair Exercise (AR) 9:45– Scenic Road Trip & Lunch to Pig & Grits BBQ in Burnesville, NC (you must sign up with Brian) 10:30– Jigsaw Puzzles (GR) 2:00– Noodle Ball (AR) 3:00– Nerf Target Practice Game (AR)</p>	<p>10 9:00– Chair Exercise (AR) 10:30– Playing Games on the Wii (GR) 2:00– Balloon Volleyball Game (AR) 3:00– Family Feud Game (AR) 4:00– Follow the Leader Walk (meet in activity room)</p>	<p>11 2:00– Sing Along with Melissa</p>
<p>12 10:00– Worship Service</p>	<p>13 9:00– Unicoi County Election Office here for County Primary Voting *Meet in Lobby 2:00– Bible Study 3:00– Noodle Ball (AR) 4:00– Let's Find the Color Walk (meet in activity room)</p>	<p>14 9:00– Chair Exercise (AR) 10:30– Cup Stack Relay Race (AR) 2:00– Health Class & Fun with Madison from Unicoi County Health Department (AR) 3:00– Newspaper Race Game (AR) 4:00– Let's Tell a Story Walk (meet in activity room)</p>	<p>15 9:00– Chair Exercise (AR) 10:15– Worship Service (C) 2:00– Bingo Birthday Bash sponsored by Erwin Presbyterian Church (AR) 3:00– Don't Touch the Color Game 4:00– I Spy Photo Walk (meet in activity room)</p>	<p>16 STAFF MEETING AT 10AM 9:00– Chair Exercise (AR) 10:30– Jigsaw Puzzles (GR) 2:00– Craft with Elizabeth (AR) 3:00– Table Golf Challenge Game (AR) 4:00– Music & Movement Walk (meet in activity room)</p>	<p>17 9:00– Chair Exercise (AR) 10:30– Japanese Cherry Blossom Canvas Painting Craft (AR) 2:00– Arm Chair Travel to Japan *Come learn about the history, traditions, culture, food, places and more of Japan right from your arm chair (AR)</p>	<p>18</p>
<p>19 10:00– Worship Service (C)</p>	<p>20 9:00– Chair Exercise (AR) 10:30– Bible Study 11:00– Ready, Steady, Roll Game (AR) 2:00– Bingo with Doreen & Lois (AR) 3:00– Concert: Willie Manning & Friends (C)</p>	<p>21 9:00– Chair Exercise (AR) 9:00– Resident Walmart Shopping Trip (you must sign up with Brian) 10:30– Noodle Ball (AR) 2:00– Unicoi County Public Library (CR) 2:30– Making Embroidery Hoop Dried Flower Decoration Craft (AR)</p>	<p>22 EARTH DAY 9:00– Chair Exercise (AR) 10:15– Worship Service 2:00– Penny Game with Justin from Caris Hospice (AR) 3:00– Earth Day Trivia Game (AR) 4:00– Alphabet Exercise Walk (meet in activity room)</p>	<p>23 9:00– Chair Exercise (AR) 10:30– Balloon Volleyball Game (AR) 2:00– Helping Seasonal Allergies with Essential Oils with Krista Lowe (AR) 3:00– Tabletop Air Hockey Game (AR) 4:00– Word of the Day Walking Challenge: Joy (Meet in activity room)</p>	<p>24 9:00– Exercise in physical therapy room 9:00– Shopping Trip to Kohl's and Lunch Bunch at Portobello's Italian Bistro (you must sign up with Brian) 2:00– Hit the Prize Bucket Ball Toss Challenge (AR) 3:00– Devotional & Hymns Sing Along with Coffee (AR)</p>	<p>25 2:00– Sing Along with Melissa</p>
<p>26 10:00– Worship Service (C)</p>	<p>27 9:00– Chair Exercise (AR) 10:30– Bible Study 11:00– Headbanz Game (AR) 2:00– Volunteer Appreciation Party for Whitney (AR) 3:00– Noodle Ball (AR)</p>	<p>28 9:00– Chair Exercise (AR) 10:30– Noodle Ball (AR) 2:00– Concert: Glaymorgan Chapel Quartet in Wise, VA (L) 3:00– Hand & Neck Massages (AR) 4:00– Nature Observation Walk (meet in activity room)</p>	<p>29 9:00– Chair Exercise (AR) 10:15– Worship Service 2:00– Front Porch Social with Ice Cream Sundaes & Games Outside *Ring Toss, Cornhole, Tic Tac Toe, Etc. & Music (FP)</p>	<p>30 9:30– Chair Exercise (AR) 10:30- Finish the Phrase, Hangman, and ABC Game (FP) 2:00– Noodle Ball (AR) 3:00-Bingo with Sabrina from Adoration Home Health (AR)</p>		