EAST BOCA SCHEDULE

155 NE SPANISH RIVER BLVD BOCA RATON, FL 33431

EMAIL: EASTBOCA@VAULT.FIT 561-717-4831

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
830am Pilates Heather	7am Pilates Cassie	830am Pilates Marina	7:30am Pilates Heather	8:30am Allegro Marina	830am Pilates Lisa	830am Barre Marina / Heather
8:30 Allegro Marina	830am Pilates Makenzie	930am Barre Lauren	930am Pilates Heather	830am Pilates Lisa	830am LIFT Lindsey	930am LIFT Marina / Heather
930am Pilates Lisa	930am Barre Lauren	930am Pilates Marina	1030am Adv Pilates Heather	930am Pilates Lisa	930am Mat Fusion Lisa	1030am Pilates Marina / Heather
930am Barre Marina	930am Pilates Makenzie	1030am LIFT Marina		930am Barre Marina	1030am Pilates Lisa	1130amPilates Marina/ Heather
1030am Pilates Marina	1030am Pilates Makenzie	1030am Pilates Makenzie		1030am LIFT [ıyŘăŜè		
1030am TRX Fusion Lisa		1130am Adv Pilates Marina		1030am Pilates Marina		
530pm Pilates Makenzie	6pm Pilates Ali	530pm Pilates aŜťăăl·	530pm Pilates Makenzie			

REMINDER WE HAVE A 24 HOUR CANCELLATION POLICY! SOCKS REQUIRED!

- **All clients new to Pilates are asked to take our Welcome Special (3 Private Sessions) to learn the safety of the apparatus before joining group classes.**
- **Pilates: Enjoy Reformer, Tower, Chair or a Combination of Apparatus.**
- **Adv. Pilates: For instructors or advanced clients that have taken 20 or more classes at Vault!**