The Pre-Marriage Course

Sample Couple Survey Report

Wing Chu and Cheryl





Survey Report - TPMC Test

Guest Name:Wing

Status: Complete

Completed on: 21 May 2020

Email: wing@email.com

Personal Information

Birthday

Ethnic Origin

Education

Employment

Months Courting Relationship

Gender

Wedding

Married Before

Living Arrangements

Children

Religion

Church Attendance

Income

Guest Name:Cheryl

Status: Complete

Completed on: 27 May 2020

Email: cheryl@email.org

Personal Information

Birthday

Ethnic Origin

Education

Employment

Relationship Engaged

Male

Other

Full Time

17 May 2021

26 Nov 1982

Graduate / Professional

Longer than 3 years

Not Married Before

Cohabiting

None Christianity

Weekly

40.000 - 69.999

1 Oct 1985

Asian

Graduate / Professional

Full Time

Months Courting Less than 3 years

Exploring Marriage Gender Female

Wedding 17 May 2020

Married Before Not Married Before

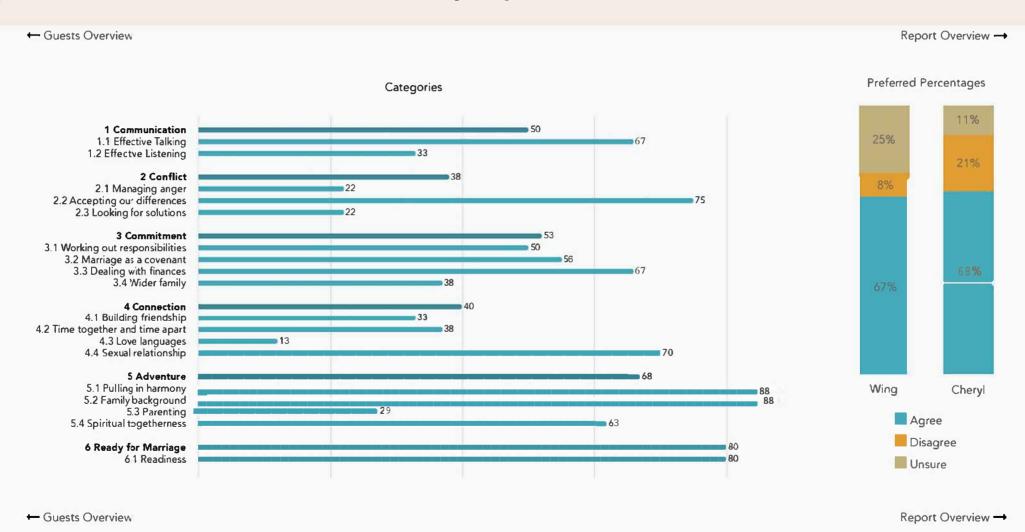
Living Arrangements Cohabiting Children None

Religion Christianity

Church Attendance Weekly

Income 70,000 - 99,999

Survey Report - TPMC Test



Agreement with each other and preferred response

- 1 Communication 50%
 - 1.1 Effective Talking 67%
 - 1.2 Effective Listening 33%
- 2 Conflict 38%
 - 2.1 Managing anger 22%
 - 2.2 Accepting our differences 75%
 - 2.3 Looking for solutions 22%
- 3 Commitment 53%
 - 3.1 Working out responsibilities 50%
 - 3.2 Marriage as a covenant 56%
 - 3.3 Dealing with finances 67%
 - 3.4 Wider family 38%
- 4 Connection 40%

- 4.1 Building friendship 33%
- 4.2 Time together and time apart 38%
- 4.3 Love languages 13%
- 4.4 Sexual relationship 70%

5 Adventure 68%

- 5.1 Pulling in harmony 88%
- 5.2 Family background 88%
- 5.3 Parenting 29%
- 5.4 Spiritual togetherness 63%
- 6 Ready for Marriage 80%
 - 6.1 Readiness 80%

1.1 Effective Talking 67%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|--|
| Q137 | Disagree | Disagree | Disagree | I sometimes feel intimidated when I have discussions with my partner |
| | | | | My partner is good at sharing personal feelings with me |
| Q66 | Agree | Unsure | Disagree | What would make it easier to share your feelings? What sort of questions could your partner ask you? Are there times and places better for talking than others? |
| | | | | I find it easy to express my true thoughts and feelings to my partner |
| Q125 | Agree | Unsure | Agree | [Critical] Have you discussed the difficulty with each other? Tell your partner why you find it difficult to verbalise your thoughts and feelings. What could your partner do to help you express your feelings? |
| Q57 | Agree | Agree | Agree | I can discuss any issue with my partner |
| Q68 | Disagree | Disagree | Disagree | I am concerned that sometimes my partner refuses to talk to me |
| Q145 | Disagree | Disagree | Disagree | I find it hard that my partner speaks to other people about our personal concerns rather than to me. |
| Q70 | Disagree | Disagree | Disagree | As a result of my past, I find it hard to talk about my feelings |

| | | | | I let my partner know whenever I am feeling anxious or stressed |
|------|----------|----------|----------|--|
| Q82 | Agree | Unsure | Disagree | Can you explain to your partner why you find it hard to tell them if you're feeling anxious or stressed? What could they do to help you to open up and communicate how you really feel? |
| Q101 | Disagree | Disagree | Disagree | I worry that my partner might not love me if they knew what I really felt |

1.2 Effective Listening 33%

| Preferred | Wing | Cheryl | |
|-----------|----------|--|---|
| | | | I sometimes feel my partner is not really listening when I am talking |
| | | | [Critical] Explain to your partner what they do that makes you feel that. Does their body language play |
| Disagree | Unsure | Agree | a part in it? Have you discussed how either or both of you might become better listeners? Summarise |
| | | | to one another what you have understood from your discussions during the course about listening effectively. |
| | | | My partner often interrupts me when I am talking |
| Disagree | Agree | Agree | Tell your partner when this happens and how it makes you feel. What might help you not to interrupt (each other)? |
| | | | My partner finds it difficult to give me their undivided attention |
| Disagree | Disagree | Agree | Describe the kind of attention you would like to be shown and how it makes you feel when you do/do not get it. How could your partner demonstrate that they are paying attention to |
| Disagree | Disagree | Disagree | Sometimes my partner dismisses my point of view |
| | Disagree | Disagree Unsure Disagree Agree Disagree Disagree | Disagree Unsure Agree Disagree Agree Agree Disagree Disagree Agree |

| | | | | We take time to listen to each other's point of view |
|-----|----------|--------|----------|---|
| Q20 | Agree | Agree | Unsure | What is the best and the most difficult times of day for both of you to communicate well and really listen? If you have different preferences, what is your plan to ensure you both feel listened to? |
| Q58 | Agree | Agree | Agree | I generally feel listened to and understood by my partner |
| | | | | My partner is very good at giving me emotional support |
| Q29 | Agree | Unsure | Unsure | Explain to your partner why you feel this way. Suggest what they could do to support you emotionally. |
| | | | | [To other partner] Are these suggestions acceptable? Could you make these changes? |
| | | | | I sometimes feel put down by my partner |
| Q45 | Disagree | Agree | Disagree | Tell your partner when this happens and how it makes you feel. What might help you not to interrupt (each other)? |
| Q61 | Agree | Agree | Agree | Communicating with my partner usually makes me feel more self-confident. |

2.1 Managing anger 22%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|---|
| | | | | My tendency is to bury my feelings when I'm angry |
| | | | | Each explain how your partner deals with anger. |
| Q77 | Disagree | Agree | Disagree | [Then give both partners the chance to say if they felt the other's view was correct!] |
| | | | | How can you let your partner in to what you are thinking and feeling? How can your partner help you to share what you are thinking and feeling? |
| | | | | My partner goes silent or withdraws emotionally when he/she is angry |
| Q139 | Disagree | Disagree | Agree | Explain to your partner how you feel when he/she acts like 'a hedgehog'. Ask your partner how you can |
| | | | | provide the space and safety your partner requires to express their anger in a more constructive way. |
| Q157 | Disagree | Disagree | Disagree | I fear that arguments will mean the end of our relationship |

| | | | | When we argue, we resist accusing or blaming each other |
|------|----------|----------|----------|--|
| Q117 | Agree | Unsure | Disagree | Explain to one another why you think this happens. How has the course encouraged you to change this pattern of communication? Explain to one another how you each plan to change in order to stop this negative cycle - be as practical as possible (e.g. using 'I' statements, focusing on the issue, recognising times and places that are unhelpful). |
| | | | | My partner is good at apologising when he/she gets it wrong |
| Q18 | Agree | Agree | Disagree | Give an example of when you expected an apology and how you felt about not receiving one. [To the other partner:] If this is fair, explain why you find it hard to admit you are wrong. [To both] What discourages apologies in your relationship? What would encourage you to apologise when necessary? |
| Q34 | Disagree | Disagree | Disagree | My partner's anger sometimes frightens me |
| Q80 | Disagree | Unsure | Agree | My partner often over-reacts when something upsets them Give your partner an example of an incident when they over-reacted. What change would you like to see? [To the other partner:] If you feel this comment is fair, what could you both do to help you react in a more constructive way when you are upset? [Ensure you affirm that it is healthy to get upset - the focus here is on how to process the emotion.] |

| Q17 | Disagree | Agree | Agree | My partner often becomes moody or critical when they are upset Give your partner an example of when they have become moody or critical. What change would you like to see? [To the other partner:] If you feel this comment is fair, what could you both do to help you to react in a more constructive way when you are upset? [Ensure you affirm that it is healthy to get upset - the focus here is on how to process that emotion.] |
|------|----------|-------|--------|--|
| Q141 | Agree | Agree | Unsure | We're both good at forgiving each other and letting go of past hurt How has the course helped you to do this? How are you both learning to be better at forgiving each other and letting go of past conflict and hurt? Are you both able to verbalise apologies and forgiveness to one another? [If it might help, offer the couple the opportunity now to say 'I'm sorry for' and 'I forgive you' to one another. If they do, give them a lot of encouragement for doing so.] |

2.2 Accepting our differences 75%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|--|
| Q163 | Agree | Agree | Agree | We understand and accept the different ways each of us likes to relax |
| | | | | I am often irritated by my partner's way of doing things |
| Q40 | Disagree | Unsure | Disagree | Explain to your partner what irritates you, being honest and gentle as you talk about the reasons. Could the irritation be caused by something in you, as much as in your partner? Tell each other some practical ways you could both change and overcome these irritations. |
| Q33 | Agree | Agree | Agree | We both make compromises to accommodate each other's way of doing things |
| Q121 | Disagree | Disagree | Disagree | My partner's lack of organisation and/or time-keeping is a problem in our relationship |
| | | | | I wish my partner would take the initiative more often |
| Q46 | Disagree | Disagree | Agree | Explain to your partner when and how you would like them to take the initiative. Be as specific as possible and use a concrete example if you can. [Give the other partner an opportunity to respond.] |
| Q122 | Agree | Agree | Agree | I respect the way my partner makes decisions |
| Q155 | Disagree | Disagree | Disagree | My partner's behaviour often embarrasses me |
| Q39 | Agree | Agree | Agree | I am able to accept my partner as he/she is |

2.3 Looking for solutions 22%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|---|
| | | | | My partner tends to avoid difficult issues rather than talk them through |
| | | | | Explain to your partner the effect this is having on your relationship. How can you both create the right |
| Q78 | Disagree | Disagree | Agree | atmosphere for difficult issues to be discussed? What would you like to see happen to improve the |
| | | | | situation? Are there any no-go areas that you tend to avoid? [Encourage them to face up to these and |
| | | | | find a way to open up a discussion.] |
| | | | | Our arguments over unimportant issues tend to escalate |
| Q165 | Disagree | Unsure | Agree | Explain to you partner the effect this is having on your relationship. Why do you think this happens? What could you both do to stop this happening? |
| Q51 | Disagree | Disagree | Disagree | When we disagree, my partner criticises me rather than addressing the real issue |
| | | | | My partner and I are good at resolving our disagreements |
| Q132 | Agree | Agree | Unsure | Describe to each other how you would like to resolve disagreements. If possible, identify a time when you did achieve a successful resolution, and describe the impact on you and your relationship. What would help you to do that more often? |

| Q136 | Disagree | Unsure | Disagree | I often deny my real feelings just to keep the peace Explain to your partner why you do this, if possible with reference to a recent occasion when you did so. Describe to one another what changes you could each make so that you both feel it is safe to share your real feelings. |
|------|----------|--------|----------|--|
| Q112 | Agree | Unsure | Agree | We agree on the best and worst times to discuss differences of opinion [Confirm that they talked about this during the course. If they didn't, try to draw out why.] Tell each other what time of the day or week are the worst for discussing differences. What times have been more constructive for you to resolve disagreements? |
| Q63 | Agree | Agree | Agree | When we have a difference of opinion, I still feel I can be open in sharing my thoughts and feelings. |
| Q32 | Disagree | Unsure | Agree | We always seem to argue over the same issues [Critical] Describe to each other what those issues are, and why they cause repetitive conflict. [If they do not seem to be good at listening to each other, ask them to 'reflect back' what their partner has said.] What possible solutions can you think of that might resolve the issue(s)? What compromises could you each make for the sake of your relationship? Do you feel you need help to resolve the issue(s)? |

Q160 Disagree Agree Agree

The different way we approach conflict causes tension between us

Who is a 'rhino' in your relationship, and who is a 'hedgehog'? How has the course helped you to understand your different approaches? With this new appreciation are you able to handle conflict better? What would you still like to change in your own approach, and how would you like your partner to change theirs?

3.1 Working out responsibilities 50%

| | Preferred | Wing | Cheryl | |
|------|-----------|--------|----------|---|
| | | | | We differ over whether one person should be the head of the household |
| Q79 | Disagree | Unsure | Disagree | Explain to your partner why you agreed with this statement, being honest about how it makes you feel and how it affects your relationship. Have you already requested change? Are these hopes of change realistic? What will happen if your partner does not change in these ways? [Give the other partner a chance to respond, encouraging them to demonstrate understanding and to be honest if they feel it is unreasonable.] How can you come to a place of agreement about making changes or accepting behaviour on these issues? |
| Q43 | Agree | Agree | Agree | I feel confident we will divide the housework fairly between us |
| Q154 | Agree | Agree | Unsure | We have discussed and agreed upon our career plans Summarise for your partner your understanding of the conversation so far. Does this issue concern you? If so, explain your hopes and fears to one another about this issue, including what you will do if and when you have a child. Do you both feel understood and supported in your career plans? Do you have a workable plan going forward? |

| | | | | We have discussed and agree on how we would combine parenthood and our careers |
|------|----------|----------|----------|---|
| Q150 | Agree | Unsure | Unsure | Summarise for your partner your understanding of the conversation so far. Does this issue concern you? If so, explain your hopes and fears to one another about this issue, including what you will do if and when you have a child. Do you both feel understood and supported in your career plans? Do you have a workable plan going forward? |
| Q103 | Disagree | Disagree | Disagree | I am concerned that my partner expects us to adopt the same roles in marriage as his/her parents |
| Q28 | Disagree | Unsure | Disagree | Sometimes my partner does not consult me when making important decisions Explain to your partner why you agreed with this statement, being honest about how it makes you feel and how it affects your relationship. Have you already requested change? Are these hopes of change realistic? What will happen if your partner does not change in these ways? [Give the other partner a chance to respond, encouraging them to demonstrate understanding and to be honest if they feel it is unreasonable.] How can you come to a place of agreement about making changes or accepting behaviour on these issues? |
| Q13 | Agree | Agree | Agree | I am content about how we will share decision-making in our marriage |
| Q128 | Agree | Agree | Agree | We both know where each other's strengths lie and how this will affect the roles we fulfil |

3.2 Marriage as a covenant 56%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|--|
| | | | | My partner regularly puts my interests before their own |
| Q116 | Agree | Disagree | Unsure | Tell your partner why you put 'disagree'. Are there areas of your life that either of you do not expect to sacrifice? Are these areas non-negotiable? What would you do if circumstances (eg you or your partner suffered ill health) changed and required major sacrifices? |
| Q73 | Agree | Agree | Agree | My partner and I have agreed on what being faithful means in practice |
| Q92 | Disagree | Disagree | Disagree | My partner and I have different beliefs and values about marriage |
| | | Unsure | Agree | I grew up seeing a good model of marriage to imitate |
| Q100 | Agree | | | What concerned you about the model of marriage you saw? How has that affected you? What do you |
| | | | | think a good model would look like? How would you try to follow that in your own marriage? |
| Q67 | Agree | Agree | Agree | We both feel confident about working through difficulties and disagreements in our marriage |
| | | | | We have talked about the meaning of the vows in the marriage ceremony |
| Q151 | Agree | Unsure | Disagree | [Critical] When you looked at the vows on the course, which word or phrase meant most to you? Try to explain your choice to your partner. |

| Q134 | Agree | Agree | Agree | We know that we will both keep changing over the course of marriage |
|------|----------|----------|----------|--|
| Q42 | Disagree | Unsure | Disagree | Always feeling in love with each other is essential for our marriage to flourish What would happen if your feelings changed? Given that feelings come and go, explain to one another how you can communicate and restore love when feelings run dry. What have you discovered on the course about the ways you can express love to each other effectively? How can you strengthen your love for each other in marriage? |
| Q54 | Disagree | Disagree | Disagree | I expect getting married will resolve any problems we are experiencing in our relationship |

3.3 Dealing with finances 67%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|---|
| Q109 | Agree | Agree | Agree | I know how much credit/debt my partner is bringing into our relationship |
| Q16 | Agree | Agree | Agree | We talk openly about our attitudes towards money |
| | | | | I worry that my partner might spend too much money |
| Q15 | Disagree | Unsure | Disagree | Explain to your partner why you worry about their spending habits. What can you both do to avoid worries about money? Would you both like to work out a budget to plan how you will handle your joint income once married? [Refer them to The Marriage Book Appendix 3 if appropriate.] |
| | | | | We agree that in marriage all of our money and possessions will belong to both of us |
| Q53 | Agree | Agree | Disagree | In the marriage vows you may promise to share 'all my worldly goods' - how do you see that applying in your relationship? Summarise to each other how you have agreed to structure your accounts and other assets in the future. |
| Q149 | Disagree | Disagree | Disagree | I am concerned that my partner comes from a family that handles money very differently to my family |
| Q138 | Disagree | Disagree | Disagree | We tend to avoid talking about money |
| Q108 | Agree | Agree | Agree | My partner and I both know how to live within our financial means |

| Q146 | Disagree | Disagree | Disagree | I am concerned that our different views on saving, giving, spending or using credit will cause conflict between us |
|------|----------|----------|----------|---|
| | | | | We are agreed on how to organise our finances and set our budget |
| Q71 | Agree | Unsure | Agree | [Confirm that they started this conversation during the course. If they haven't, try to draw out why.] Explain to your partner what your financial aim is for the future. Summarise to one another your understanding of the financial plan you are both committing to once married. [Ask whether either of them have had any experience of setting a budget. If not, suggest they read The Marriage Book Appendix 3. |

3.4 Wider family 38%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|--------|--|
| | | | | We are able to make our own decisions, even when these may differ from the views of our families |
| Q81 | Agree | Unsure | Agree | Describe to your partner an issue where your view as a couple is different to that of a parent or another family member? What are the challenges you face in making decisions that differ from the views of your families? How could you support each other in making your own decisions? How can you best tell your parents/wider family about the decisions you have made as a couple? |
| Q55 | Agree | Agree | Agree | I feel that I am respected by my partner's family |
| | | | | I am concerned that my partner is too emotionally dependent on, or influenced by, his/her family |
| Q115 | Disagree | Disagree | Agree | Explain to your partner why you find his/her involvement with his/her family difficult. Have there been times when you have discussed issues with your family before your partner? What can you both agree on as appropriate behaviour/attitudes when you are married? How do you both understand the concept of marriage to involve 'leaving mother and father' (ref. Genesis 2:24)? |

| Q153 | Disagree | Unsure | Disagree | I am concerned that one of our families may interfere in our relationship [Critical] Explain to your partner the type of interference you are concerned about. What is this concern based on? Do you both agree on this? Do you feel supported by your partner when discussing issues with their/your family? How can you present a united front to your wider family members? |
|------|----------|----------|----------|---|
| Q124 | Disagree | Disagree | Disagree | My partner's attitude to a member of our wider family causes problems between us |
| Q83 | Disagree | Disagree | Disagree | I fear my partner's parents may be expecting us to spend too much time with them |
| Q19 | Agree | Unsure | Unsure | I am confident that our parents will support us in the way we would bring up children Explain to your partner why you are concerned. Could you discuss this openly with your parents/parents-in-law? What boundaries might you need to put in place and how would you convey these? |
| Q86 | Disagree | Disagree | Agree | Our backgrounds or the different traditions we were brought up with may cause us problems Explain to your partner in what ways these differences might cause problems. Suggest ways in which you and your partner could act so as to avoid or resolve these problems. |

4.1 Building friendship 33%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|---|
| Q156 | Agree | Agree | Agree | I am totally satisfied with our shared sense of humour and how much we laugh together |
| | | | | My partner is very good at making me feel understood and appreciated |
| Q37 | Agree | Unsure | Disagree | Can you tell your partner when and how they might demonstrate that they really understand you? How would this impact the feelings you have for your partner? What aspects of your personality would you like your partner to understand better? What practical changes could your partner make to understand and appreciate you more? |
| Q64 | Agree | Agree | Agree | I always feel good about myself after spending time with my partner |
| Q91 | Disagree | Disagree | Disagree | One or more of my friends are concerned about my choice of partner |
| Q162 | Disagree | Disagree | Agree | My partner rarely joins me in activities that I enjoy Describe to your partner what activities you had in mind. How would it make you feel if they joined you? What impact yould it have an your relationship? |
| | | | | you feel if they joined you? What impact would it have on your relationship? How could you find more things to do together that you both enjoy – possibly things that are new to both of you? |

| | | | | My partner is good at drawing me out in conversation |
|------|----------|-------|----------|--|
| Q164 | Agree | Agree | Disagree | Explain to your partner when and why you find conversation difficult - if possible, give a specific recent example. Is it around particular topics or at particular times? What could help in these situations? Describe for one another the kind of conversations you would like to have more often. |
| | | | | I feel my partner spends too much time with some of his/her friends |
| Q144 | Disagree | | | Describe to your partner why you feel this way. [Encourage the other partner to respond, stating whether or not they feel this is reasonable.] Can you identify if it is about the type of people your partner has as friends or the amount of time he/she spends with them? How can you both build shared friendships and help your friends to get to know your partner better? |
| Q111 | Disagree | | | My partner usually decides what we do together Tell your partner what you feel about that. What sort of changes, if any, would either of you like to make in deciding what you do together? Focus on specific things that would make a difference. [Encourage the other partner to respond.] What could you both do that would lead to more shared decision making? |
| Q126 | Agree | | | I can always confide in my partner and have absolute trust in them to keep a secret Explain to your partner why you answered 'disagree' and what impact this has on your relationship. If possible, explain to your partner which aspects of this issue reside with you (inability to confide/trust) and which aspects with them (lack of confidentiality and trustworthiness). What could you both do to build a deeper level of trust between you? [Ensure both partners engage with this discussion.] |

4.2 Time together and time apart 38%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|--|
| Q14 | Agree | Disagree | Agree | We have mutual friends who support us in our relationship How could you develop some mutual friendships that you both enjoy? How would you like your friends to support you in your relationship? In what circumstances, if any, do you think that you might want to talk about your marriage with another married couple? |
| Q69 | Agree | Agree | Agree | We enjoy pursuing some common interests together |
| Q166 | Agree | Agree | Agree | I am happy with the amount of time we spend apart doing separate activities |
| Q65 | Agree | Agree | Disagree | I enjoy spending time with all of my partner's friends Explain to your partner why you don't feel at ease with some of their friends. Do you have any friends who are having a negative impact on your relationship? If so, how are you planning to deal with it? Talk about whether you could help your partner to get to know your friends better in a nonthreatening way. |
| Q152 | Disagree | Disagree | Disagree | I am concerned that my partner wants us to spend too much of our free time together |

| | | | | We need to set aside more time to be alone together |
|------|----------|--|---|--|
| Q44 | Disagree | Agree | Agree | [Critical] Explain to each other whether you still feel the same way. Do you both agree as to how much time you feel you each need on your own? How would you like married life to be different to your lives now? How could you plan to spend more time together? |
| | | The use of computers, ph between us | The use of computers, phones, the TV (or similar) is a source of tension between us | |
| Q106 | Disagree | Agree | Agree | Explain to your partner why you agreed with that statement and whether you still feel that way. If it is still a source of tension, what agreement could you make to limit its use (e.g. to a particular time of day or the length of time)? |
| | | | | I sometimes resent the amount of time my partner spends at work or pursuing a leisure activity |
| Q30 | Disagree | Disagree | Agree | Explain your answer to your partner, focusing on how you feel. [To the other partner:] Repeat back what your partner has said to show you have understood. In order to avoid resentment when you are married, what changes could you make? How can you show your partner that he/she is more important to you than your work/leisure activities? |

4.3 Love languages 13%

| | Preferred | Wing | Cheryl | |
|------|-----------|--------|----------|--|
| Q105 | Agree | Agree | Agree | I know what makes my partner feel especially loved |
| | | | | The different way we tend to give and receive affection causes problems between us |
| Q49 | Disagree | Unsure | Disagree | Refer to the five love languages (affirming words, kind actions, physical touch, quality time, thoughtful presents) and ask how that element of the course was helpful. Ask each partner to summarise the other's love language and give each an opportunity to respond. [Remind them that we all tend to express love in the way we would prefer to receive it.] |
| Q102 | Agree | Agree | Unsure | My partner knows what makes me feel especially loved Refer to the five love languages (affirming words, kind actions, physical touch, quality time, thoughtful presents) and ask how that element of the course was helpful. Ask each partner to summarise the other's love language and give each an opportunity to respond. [Remind them that we all tend to express love in the way we would prefer to receive it.] |

| | | | | I feel especially loved by the amount of practical help my partner gives me |
|------|----------|--------|----------|---|
| Q98 | Agree | Agree | Unsure | Describe to your partner how this makes you feel. Tell your partner how they could make you feel more loved in this way. Could you do something to signal your desire for practical help more clearly? |
| | | | | My partner is good at giving me the kind of presents I really enjoy |
| Q99 | Agree | Agree | Disagree | [Ask if this came up in discussion on the course.] (If still appropriate,) tell your partner why you put 'disagree' to this. Describe the sort of presents you enjoy. Does the timing or wrapping of the present make a significant difference to either/both of you? |
| | | | | I would like my partner to be more demonstrative with their physical affection |
| Q123 | Disagree | Unsure | Disagree | Describe to your partner how you feel when you lack physical affection. Tell them how and when they could make you feel more loved in this way. What could you do to signal your desire for physical affection more clearly? |
| | | | | My partner is very good at affirming and encouraging me |
| Q127 | Agree | Unsure | Unsure | Describe to your partner how you feel when this is lacking. Tell them how they could make you feel more loved in this way. What could you do to let them know when you need encouragement? |
| | | | | My partner is good at taking the initiative in planning time for us to be together as a couple |
| Q89 | Agree | Unsure | Agree | Tell your partner why you put 'disagree' to this statement. Describe how you feel when they fail to take the initiative in making plans. Describe to them how they could make you feel more loved in this way. What could you do to remind them of the difference this makes for you? |

4.4 Sexual relationship 70%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|--|
| Q88 | Agree | Agree | Agree | I am comfortable with the ways my partner behaves towards other men/women |
| Q107 | Disagree | Disagree | Disagree | I am concerned that I will not be able to fulfil my partner's sexual desires |
| Q148 | Disagree | Disagree | Disagree | My partner's or my own feelings about sex are affected by a sense of guilt or shame |
| Q159 | Agree | Agree | Agree | We have been able to discuss our sexual histories constructively |
| Q50 | Agree | Unsure | Unsure | Both of our families have passed on to us positive attitudes about sex How would you describe the unhelpful attitudes you or your partner grew up with? How would you like the attitude in your own future family to be different? How could you help each other to adopt more positive and constructive attitudes over time? |
| Q120 | Disagree | Disagree | Disagree | I am concerned that past sexual experiences may affect our relationship |
| Q110 | Disagree | Disagree | Disagree | I am concerned that past homosexual experiences of one or both of us may affect our relationship |

| | | | | We both agree sex is an important aspect of marriage |
|------|----------|----------|----------|---|
| Q114 | Agree | Unsure | Unsure | Explain to your partner why you disagreed with this statement and whether you still feel that way. Did your discussions during the course help to give you more confidence? |
| | | | | My partner and I can talk about our sexual hopes, fears and preferences |
| Q26 | Agree | Unsure | Agree | [Critical] Explain to your partner why you disagreed with this statement. What are your hopes for the future? |
| | | | | [Give the other partner an opportunity to respond.] What changes could either or both of you make to improve communication in this area? |
| Q23 | Disagree | Disagree | Disagree | I am concerned that my partner may be viewing pornography |

5.1 Pulling in harmony 88%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|---|
| Q22 | Disagree | Unsure | Disagree | I expect marriage to cause my partner to change his/her behaviour Tell your partner the changes you are hoping to see. Have you already requested change in these areas? Is this realistic? [Encourage the other partner to talk about his/her desire to make these changes.] What will happen if your partner does not want to, or is not able to, change in these ways? |
| Q31 | Disagree | Disagree | Disagree | My partner's use of drugs, alcohol, tobacco or gambling causes problems between us |
| Q118 | Disagree | Disagree | Disagree | I expect my partner to meet all of my emotional needs |
| Q75 | Agree | Agree | Agree | My partner and I have similar views over the use of drugs |
| Q95 | Disagree | Disagree | Disagree | I am concerned that my partner feels unhappy much of the time |
| Q52 | Agree | Agree | Agree | We agree on what is appropriate behaviour when we are with others |
| Q38 | Agree | Agree | Agree | I have seen that my partner is open to changing his/her behaviour |
| Q76 | Disagree | Disagree | Disagree | I feel under pressure to get married |

5.2 Family background 88%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|--|
| Q161 | Disagree | Disagree | Disagree | Differences in our social and economic backgrounds are a problem in our relationship |
| Q142 | Disagree | Disagree | Disagree | I am worried that what I observed in my parents' relationship might adversely affect our own relationship |
| Q158 | Agree | Agree | Agree | We have discussed our family backgrounds and understand the differences (e.g economically, socially, culturally) between us |
| Q35 | Disagree | Unsure | Agree | Our family backgrounds sometimes cause one or both of us to over-react [Critical] Explain to your partner why you agreed with this statement and how it affects your relationship. During this course have you been able to discuss constructively why one or both of you overreacts? Have you reached agreement as to how you can both reduce these reactions, or minimise their negative impact? |
| Q129 | Disagree | Disagree | Disagree | Abuse in my past affects the way I relate to my partner |
| Q85 | Disagree | Disagree | Disagree | Different values around status and money in our family backgrounds concern me |
| Q140 | Agree | Agree | Agree | We both feel completely at ease talking about every aspect of our family backgrounds |

Q97

Agree

Agree

Agree

Both of our families support us getting married

5.3 Parenting 29%

| | Preferred | Wing | Cheryl | |
|------|-----------|--------|----------|--|
| | | | | We are agreed about whether one of us would give up full-time work to look after our children |
| Q21 | Agree | Unsure | Agree | Explain to your partner why you disagreed with this statement and whether you still feel that way. Did your discussions during the course help to give you more confidence? |
| | | | | We are in agreement about our expectations for educating children |
| Q74 | Agree | Unsure | Disagree | Explain to your partner why you disagreed with this statement and whether you still feel that way. Did your discussions during the course help to give you more confidence? |
| Q90 | Agree | Agree | Agree | We are in agreement about whether we would like to have children |
| | | | | Our own relationship will still come first if we become parents |
| Q135 | Agree | Agree | Unsure | Explain your response to each other. Do you both agree that the greatest gift you can give to your children is to assure them of your love for each other and your commitment to your marriage? What could you do to ensure you do not neglect your marriage if and when you become parents? |

| Q87 | Disagree | Disagree | Unsure | I am concerned that, if we become parents, differences in parenting styles could cause problems between us Explain to your partner what (potential) differences in your parenting styles most concern you. What effect will these differences have on you and what effect will they have on your child(ren)? Can you discuss this issue freely and find a place of agreement? |
|-----|----------|----------|----------|--|
| Q62 | Agree | Agree | Agree | We are agreed on our approach to family planning |
| | | | | The different ways we were disciplined as children might make it difficult for us to agree as parents |
| Q41 | Disagree | Unsure | Disagree | Describe to each other the key differences and why these might cause conflict. What could you do to find a common approach and resolve differences? Do you both agree that a unified approach to discipline is necessary e.g. over acceptable behaviour, how much T.V. is allowed, pocket money, etc.? |

5.4 Spiritual togetherness 63%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|---|
| Q25 | Agree | Agree | Disagree | We agree on whether we should go to a place of worship together regularly Explain to your partner why you disagreed with this statement and whether you still feel that way. Did your discussions during the course help to give you more confidence? |
| Q93 | Agree | Agree | Agree | I find it easy to discuss my beliefs and values with my partner |
| Q133 | Disagree | Disagree | Disagree | I feel my partner's beliefs and values are different to mine |
| Q130 | Agree | Agree | Agree | My partner actively supports my beliefs and moral values |
| Q27 | Agree | Unsure | Unsure | We agree on how we would pass on our beliefs and values to our children [Critical] Outline for each other what beliefs and values you feel are important to pass on to your child(ren). What priorities do you agree on? Can there be compromise in other areas? [If this discussion causes tension, encourage the couple that this is a key area to find a good way of communicating with one another about rather than avoiding.] |

| | | | | I would like my partner to share more in the practice of our spiritual beliefs |
|------|----------|----------|----------|---|
| Q104 | Disagree | Agree | Disagree | Explain to your partner why you agreed with this statement, being honest about how it makes you feel and how it affects your relationship. Have you already requested change? Are these hopes of change realistic? What will happen if your partner does not change in these ways? [Give the other partner a chance to respond, encouraging them to demonstrate understanding and to be honest if they feel it is unreasonable.] How can you come to a place of agreement about making changes or accepting behaviour on these issues? |
| Q94 | Disagree | Disagree | Disagree | Spiritual beliefs cause conflict between us |
| Q56 | Agree | Agree | Agree | My partner's family respects my beliefs |

6.1 Readiness 80%

| | Preferred | Wing | Cheryl | |
|------|-----------|----------|----------|---|
| Q24 | Disagree | Disagree | Disagree | The thought of spending the rest of my life with my partner sometimes concerns me |
| Q36 | Disagree | Disagree | Disagree | Sometimes I find that our relationship drains me of energy |
| Q48 | Agree | Agree | Agree | I respect the way my partner treats other people whether they are well acquainted or strangers |
| Q60 | Disagree | Disagree | Disagree | I could not remain married if my partner did not change some of his/her current behaviour |
| Q72 | Agree | Agree | Agree | We've had disagreements and been able to work through them successfully |
| Q84 | Agree | Agree | Agree | We have a strong friendship and plenty of common interests |
| | | | | We have been together long enough to see how each other copes in difficult situations |
| Q96 | Agree | Agree | Unsure | What are the most difficult situations either of you has had to face since you've been together? What are you hoping to learn, or feel you need to learn, about your partner? What period of time do you think might be appropriate to learn these things? Does the guideline of knowing each other for at least one year sound too long or too short to you? |
| Q119 | Agree | Agree | Agree | We know all about each other's past and are able to forgive each other |

| Q131 | Disagree | Disagree | Disagree | I have sometimes felt my partner's behaviour is abusive - verbally, emotionally, physically or sexually |
|------|----------|----------|----------|---|
| | | | | All of my friends and family think we make a good couple |
| Q143 | Agree | Unsure | Agree | What do you think their main concerns are? Do you think their concerns hold any validity? Explain whether you feel honoured and protected by your partner amongst their family and friends. If not, what are you looking for from them? [Give the other partner a chance to respond.] How could you improve your relationship with family and friends? |