



# TERM 1 MENU

## Sue's Soul Food



### BREAKFAST (from 8.20am to 8.40am)

CUP OF FRUIT (G) \$4.00

Mixed Seasonal Fruit or Grapes or Pineapple or Rockmelon or Watermelon

BACON AND EGG MUFFIN (A) \$6.00 gf \$1 extra

VEGETARIAN MUFFIN (A) tomato, spinach & a hash brown \$5.50 gf \$1 extra

OVEN BAKED HASH BROWN (A) \$1.50

BERRY SMOOTHIE (A) mixed berries - PRE-ORDERED ONLY - \$6.00



### HOT FOODS - Recess

BACON AND EGG MUFFIN (A) \$6.00 gf \$1 extra

VEGETARIAN MUFFIN (A) tomato, spinach & a hash brown \$5.50 gf \$1 extra

OVEN BAKED HASH BROWN (A) \$1.50

HOMEMADE SAUSAGE ROLL (A) \$3.50

STEAMED DIM SIM (A) \$1.20

TOASTED SANDWICH (A) gf \$1 extra, more cheese .50c extra

- Cheese \$4.50

- Baked Beans \$4.50

- Ham & Cheese \$5.00

- Chicken & Avocado \$6.00

HOMEMADE PIZZA (A) per slice \$2.50

- Margherita

- Aussie



**Skip the queue  
and order via the  
FREE Qkr App!**

Please note Qkr orders  
close at 9am (7.30am for  
breakfast orders)



## HOT FOODS - Lunch

PADDY'S CHEESEBURGER (A) meat patty and cheese on a milk bun \$6.50

BACON AND EGG MUFFIN (A) \$6.00 gf \$1 extra

VEGETARIAN MUFFIN (A) tomato, spinach & a hash brown \$5.50 gf \$1 extra

OVEN BAKED HASH BROWN (A) \$1.50

HOMEMADE SAUSAGE ROLL (A) \$3.50

STEAMED DIM SIM (A) \$1.20

TOASTED SANDWICH (A) gf \$1 extra, more cheese .50c extra

- Cheese \$4.50

- Baked Beans \$4.50

- Ham & Cheese \$5.00

- Chicken & Avocado \$6.00

HOMEMADE PIZZA (A) per slice \$2.50

- Margherita

- Aussie

MACHO NACHOS PLUS (G) cheese, homemade sauce, avocado, diced tomato & sour cream \$6.00

- with Beef (A) \$7.50

LITE PIE (A) \$5.50

HOT SWEET CHILLI CHICKEN WRAP (A) \$5.50 gf \$1 extra

tomato, cheese, lettuce & sweet chilli mayo

CHICKEN BREAST BURGER (A) \$7.00 gf \$1 extra

grilled or crumbed, in a roll with lettuce & mayo

HAMBURGER - BEEF (A) lettuce, tomato & beetroot \$7.00

HALOUMI BURGER (A) avocado, tomato & lettuce gf \$1 extra \$7.50

FOCACIA (A) - PRE-ORDERED ONLY - \$7.50

- Ham, cheese & pineapple

- Chicken, avocado & cheese

- Salami, tomato & cheese

- Vegetarian: pesto, spinach, tomato & cheese

PLANT BASED TENDER SWEET CHILLI WRAP (G) - PRE-ORDERED ONLY - \$5.50

southern style with tomato, cheese, lettuce & sweet chilli mayo

gf \$1 extra

### DAILY LUNCH SPECIALS \*pre-order only\*

**MONDAY - BENTO BOX** (G) hard boiled egg, celery, carrot, cheese, avocado, fruit & crackers \$7.00

**TUESDAY - OVEN BAKED CHICKEN SCHNITZEL** (A) with coleslaw \$7.00

**WEDNESDAY - RICE PAPER ROLLS** Chicken & Salad (A) or Salad (G) \$6.00

**THURSDAY - HONEY ROASTED VEGETABLE COUS COUS SALAD** (G) \$7.50

with an orange & poppy seed dressing

- with CHICKEN (A) \$8.50

**FRIDAY - SUSHI** (G) 6 pieces, Vegetarian, avocado, carrot & cucumber, \$6.00

or Chicken and avocado (A), or Chicken teriyaki (A)



## SANDWICHES - ROLLS - WRAPS

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choice of Wholemeal or White Wrap .50c extra  
gluten free \$1 extra

SALAD ONLY (G) lettuce, tomato, cucumber, carrot, cheese, mayo \$6.50  
- with CHICKEN, HAM or TUNA (A) \$7.50

EGG AND LETTUCE (G) \$5.00

SWEET CHILLI CHICKEN WRAP (A) \$7.50

CAESAR WRAP (G) \$7.50



## SALADS AND COLD FOODS

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SUE'S SUPER SALAD (A) lettuce, carrot, tomato, cucumber topped with oven baked sweet potato & pumpkin pieces \$7.50  
- with CHICKEN, HAM or TUNA \$8.50

CRUNCHY ASIAN SALAD (G) \$7.50

- with CHICKEN, HAM or TUNA (A) \$8.50

CAESAR SALAD (G) \$7.50

- with CHICKEN (A) \$8.50

GRILLED CHILLI LIME CHICKEN FAJITA SALAD (G) - LUNCH ONLY - \$8.00

GRILLED CHILLI LIME HALOUMI SALAD (G) - LUNCH ONLY - \$8.00



## SNACKS

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CUP OF FRUIT (G) \$4.00

- Mixed Seasonal or Grapes or Pineapple or Rockmelon or Watermelon

RED ROCK DELI CHIPS 28g (A) \$3.00

- Honey Soy  
- Sea Salt

LEMONADE ICY POLE (A) \$2.50

PADDLE POP (A) \$3.00

- Chocolate  
- Rainbow

CALIPPO MINI (A) \$2.50

- Raspberry  
- Pineapple



## CAKES

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HOMEMADE CHOCOLATE CUPCAKE (A) \$3.00

HOMEMADE VANILLA CUPCAKE (A) \$3.00

HOMEMADE CARROT CAKE (A) \$4.00

HOMEMADE SLICE (A) \$3.00

- Caramel  
- Hedgehog  
- Lemon

HOMEMADE GLUTEN FREE CUPCAKE (G) \$3.50

- Chocolate  
- Vanilla



## DRINKS

### WATER (G)

- Plain 600ml \$2.00\*
- Lightly Sparkling 500ml \$2.50
- Pump 750ml \$4.50\*

### NIPPY'S FLAVOURED MILK (G) 250ml \$3.00

- Chocolate
- Iced Coffee
- Honeycomb
- Strawberry

### NIPPY'S FLAVOURED MILK (A) 500ml \$5.00

- Chocolate
- Iced Coffee
- Strawberry
- Honeycomb

### OAK FLAVOURED MILK (A) 600ml \$5.00

- Chocolate
- Iced Coffee
- Strawberry

### NIPPY'S JUICE (G) 375ml \$4.00\*

- Orange
- Apple
- Apple/Blackcurrant
- Breakfast

### JUICE BOMB (A) 250ml \$3.50\*

- Grape
- Apple & Raspberry
- Watermelon

### COKE ZERO (A) 375ml \$3.00

### DIET COKE (A) 375ml \$3.00

### PEPSI MAX (A) 375ml \$3.00

### SOLO ZERO SUGAR (A) 375ml \$3.00

### FROZEN SLUSHIE (A) Fruit Juice \$2.50



## LEGEND

gf = gluten free

All items subject to product availability

Preparation area is not gluten free

\* gst free

Photos for illustration purposes only

(G) "Green"

(A) "Amber"



[Click here for food classifications according to health.vic.gov.au](http://health.vic.gov.au)