

TRAIL CHRISTIAN FELLOWSHIP

MEN'S BACKPACK TRIP

AUGUST 13-16 | \$75 EACH

**JOIN US FOR A TIME OF WORSHIP RELAXATION &
FELLOWSHIP IN GOD'S BEAUTIFUL CREATION.**

**MEET AT TCF AT 6:30AM AUGUST 13TH &
RETURN AUGUST 16TH AT 4PM OR
MEET AT SEVENMILE MARSH TRAILHEAD,
GRASS LAKE AT 9AM**

PACK LIST

- Sleeping Bag
- Light weight tent
- Coffee cup
- Pillow
- Snacks
- Fishing gear
- Spare shoes
- Roll up chair
- Sleeping pad
- Light jacket
- Bug spray
- Water bottle
- Toiletries
- Towel
- Bible
- Swim suit
- Flashlight
- No Dogs

FOOD & LOGISTICS

We are using pack animals to get the food, cooking gear, tents and other gear to the camp site.

You will need a backpack large enough to carry your personal items, sleeping bag and sleeping pad. We may have enough room on the pack animals for small roll up chairs.

Food and drink will be provided at the Lake.

(We will provide plastic utensils, & paper plates)

Please bring snacks for the 5 mile hike in. Lunch will be served when we arrive at lake.

If the mosquitos are not bad, sleeping under the stars is a great option!

DIRECTIONS TO GRASS LAKE

7-MILE MARSH TRAILHEAD IS LOCATED ABOUT
AN HOUR & $\frac{3}{4}$ NORTH EAST OF MEDFORD, OR.

FROM MEDFORD:

Take Oregon Highway 140 East.

At Rock Point take a left on West
Side Rd. for approx. 10 miles.

Take a left on 7-Mile Rd. to trailhead.



Bary Kaiser

541.821.2259

Church Office

541.878.3501



www.trail.org/events