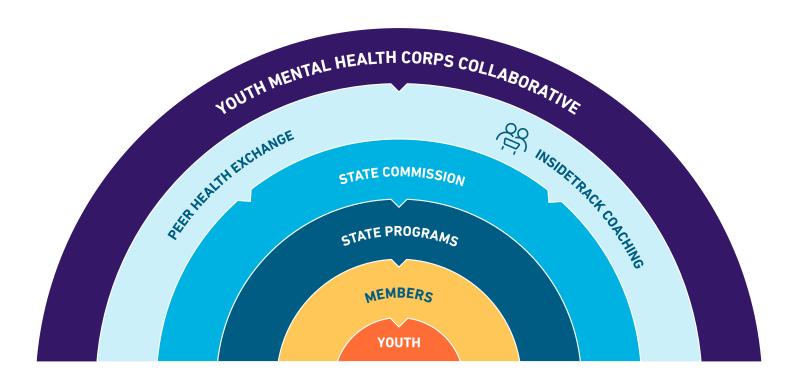
## insidetrack:



## Youth Mental Health Corps:

This collaborative initiative supports youth mental health in schools and communities while giving up to 700 young adults on-ramps into behavioral health careers.



**INSIDETRACK COACHING:** InsideTrack is here to help Members, across all states and programs, navigate and get the most out of their service with personalized 1:1 coaching via zoom, phone, email or text.

PEER HEALTH EXCHANGE: Peer Health Exchange provides young people with the support, resources, education opportunities and digital products needed to make positive healthy decisions. They provide asynchronous activities and training through their digital platform and also have synchronous group community building activities for all Members.

**STATE COMMISSION:** Commissions are governor-led public agencies or private nonprofit organizations. They are a major partner with Members and support administering programming that addresses critical community needs. They administer the Youth Mental Health Corps programs in your state.

STATE PROGRAMS: Each state commission partners with multiple programs across the state, serving youth in local communities. Members work most closely with the community programs they're involved with to serve the youth in that community. For example, many Members are part of the City Year program in their state which sets them up for their service in local schools serving youth.

**MEMBERS:** The individuals participating in training and service in order to support youth mental health in schools and communities.

**YOUTH:** The people we serve with the goal to help them navigate mental health, emotional well-being, and connect them with needed mental health supports and resources.