



YOUTH MENTAL HEALTH CORPS (YMHC)

OPEN OFFICE HOURS

Hosted by YMHC, InsideTrack and Peer Health Exchange

DATE: August 21, 2026

TIME: 1:00 PM ET / 12:00 PM CT / 11:00 AM MT / 10:00 AM PT

WHERE: Virtual [VIA Zoom](#)

What to expect?

- An opportunity to learn, engage and ask questions!
- Everyone is welcome to join: **YMHC members, State Service Commission and Program staff, and partners.**
- Office Hours will take place every other Friday. Upcoming dates are listed below:
 - **Friday, September 4, 2026**
 - **Friday, September 18, 2026**
 - **Friday, October 2, 2026**
 - **Friday, October 16, 2026**
 - **Friday, October 30, 2026**
 - **Friday, November 13, 2026**
 - **Friday, December 11, 2026**

[Join here](#) or scan QR code:



No sign-up required! Office Hours are optional and open to all.