



Supporting Parents Healthy Children

Te tautoko i ngā mātua me ngā tamariki hauora

Table 1: Summary of key elements

Organisational-level elements	
Essential elements	<p>Implementation plans for family- and whānau-focused COPMIA initiatives are in place</p> <p>COPMIA data is routinely collected, recorded, and reported</p> <p>The leadership team includes an identified COPMIA leader/champion</p> <p>Documented care and protection policies are relevant to all mental health and addiction services</p>
Best-practice elements	<p>Key performance indicators for family- and whānau -focused practice are in place, and performance against these is regularly audited and reviewed</p> <p>Overarching organisational documents refer to family- and whānau-focused practice</p> <p>Organisational approach is taken to enable and support integrated service delivery for vulnerable children and their families and whānau</p>
Service-level elements	
Essential elements	<p>COPMIA champions work at either a local or a regional level</p> <p>Family- and whānau-focused service delivery is audited regularly</p> <p>Service is working towards a family- and whānau-friendly environment</p> <p>Directory of community services is readily available</p> <p>Resources are available for parents about talking to their children about mental health and addiction issues</p> <p>Resources are available for children about mental health and addiction issues</p> <p>Forms and documents are family and whānau focused</p> <p>Coordinated systems of care for pregnant and postpartum service users are in place</p> <p>Services have access to specialist advice on care and protection issues</p> <p>Interagency planning and information sharing processes are in place</p>
Best-practice elements	<p>Written pathways outline the pathways of support and treatment available within and across services</p> <p>Mechanisms are in place for adult mental health and addiction services to access to ICAYMH/AOD consultation and liaison services</p> <p>Comprehensive range of resources is routinely available for parents and children</p> <p>Environment is family and whānau friendly</p>



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Practice-level elements

Essential elements

Conversations about children, parenting, and family and whānau are routine

Services users are linked to local parenting and family and whānau support services when needed

Family inclusive appointments are made when appropriate

Family care plans are developed as appropriate

Focused support is provided for pregnant and postpartum women

Staff feel confident and competent to talk about children and parenting

Best-practice elements

Family and whānau planning occur routinely in all services

Evidence based COPMIA programmes are in place in all adult mental health and addiction services

Specialised, evidence-based COPMIA programmes are available when needed

Specialised programmes are in place to address the needs of pregnant and postpartum women and their infants

The mental health and addiction sector workforce is confident and competent to address the needs of children of parents with mental health and/or addiction issues



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TE POU



WHĀRAURAU

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