

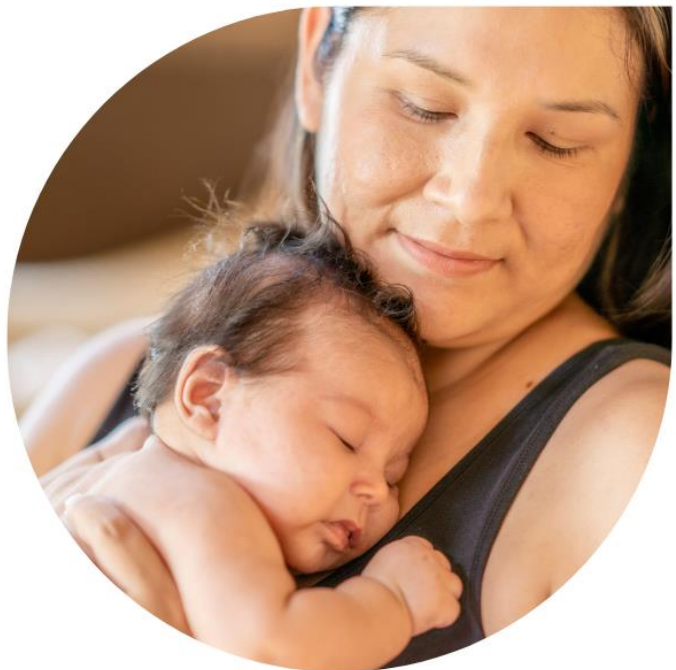


Empower the Workforce | Manaaki Mokopuna

## Project description

### External Advisory Group

National Workforce Development Initiative for the Specialist  
Maternal Mental Health and Perinatal Mental Health  
Workforce



**Project description**

The Specialist Maternal Mental Health and Perinatal Mental Health Workforce Development initiative is funded by Te Whatu Ora.

Whāraurau, the national workforce development centre for the infant, child, and adolescent mental health and addiction workforce(s), has been contracted to undertake this mahi.

The initiative aims to support mental health specialist teams with workforce development and planning, by delivering training to those working with maternal mental health and addiction needs, as well as a wider audience including practitioners working in primary care.

**Examples of the deliverables include:**

- An online resource hub connecting the workforce with training and resources.
- Delivery of a training plan inclusive of workshops, reflective practice opportunities, training in psychological approaches, and implementation support.
- Regional hui – progressing regional priorities inclusive of culturally prioritised care.
- Postgraduate paper scholarship programme.
- Update on perinatal mental health online courses to maximise the meeting of the needs of workforce (including addiction and substance harm).

Milestones and reporting schedules are in place until December 2026.

Please see the Terms of Reference (TOR) document for further information regarding the nature, composition, roles and responsibilities associated with the External Advisory Group: Specialist Maternal Mental Health and Perinatal Mental Health Workforce Development.