

# National Training Day: Pregnancy, Early Parenthood, and Infant (PĒPI)

September 9<sup>TH</sup> 2025 | Hybrid; online and in person | 9:30am to 4:30pm



Empower the Workforce | Manaaki Mokopuna

9:30am - 9:45am	Welcome   Karakia
9:45am - 10:00am	Whakapapa ora   The essence of perinatal mental health work Dr Hinemoa Elder   Consultant child and adolescent psychiatrist   Deputy Chair, Te Rūnanga Nui o Te Aupōuri
10:05am - 11:25am	He Oranga Ngākau, He Pikinga Waiora   Indigenising PEPI MHAS in Te Tai Tokerau Holly Coombes & team   Consultant clinical psychologist & clinical lead   Te Whatu Ora   Te Tai Tokerau
11:30am - 12:10pm	Who's holding the baby (in mind)   The critical importance of parental reflective capacity for infant mental and emotional wellbeing Marion Doherty & Meggan Lam   Consultant clinical psychologist/coordinator & consultant clinical psychologist   Te Whatu Ora
12:10pm - 12:55pm	Lunch Break
1:00pm - 1:30pm	Perinatal substance use Dr Susan Lane   Psychiatrist   Pregnancy/parent service (PPS)
1:35pm - 2:05pm	Peri and postnatal early intervention in primary care Seema Woollaston & Michelle Cooney   Clinical Head & Health Improvement Practitioner/registered psychotherapist   Te Tumu Waiora & Walsh Maternal Mental Health
2:10pm - 3:00pm	Peeling back the layers - Child Protection in the perinatal period Clare Mafi   Advanced social work clinician, Joanne Nielsen   Child Protection Coordinator & Clinical Nurse Specialist, and Jennifer Cassidy   Hospital Liaison Practice Leader   Te Whatu Ora & Oranga Tamariki
3:00pm - 3:15pm	Afternoon tea
3:20pm - 3:50pm	Weaving worlds   Tongan worldview and evidence based parenting for thriving families in Aotearoa Siosinita Alofi   Pacific Clinical Advisor   Whāraurau
3:55pm - 4:25pm	Hei pa harakeke - Nurturing the first 1000 days Nicky Cooper   Early intervention public health nurse   Te Whatu Ora
4:30pm close	