



SUBCUTANEOUS INJECTION INSTRUCTIONS

PHARMACY QUESTIONS:

VIOS Compounding Pharmacy

Phone: (800) 518-9831

Email: info@vioscompounding.com

Address: 31035 Schoolcraft Rd,
Livonia, MI 48150

ALL OTHER QUESTIONS:

Email: support@kiaora.com

GATHER YOUR SUPPLIES



Syringe



Vial of Medication

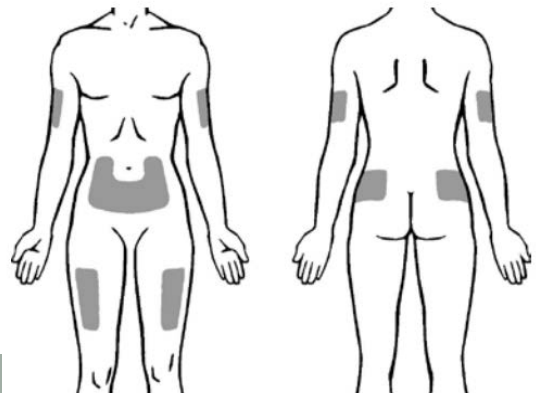
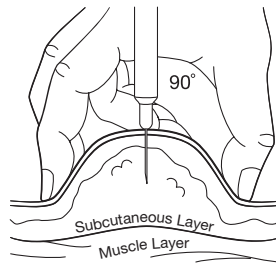
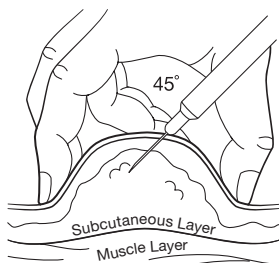


Alcohol Wipe

HOW TO INJECT MEDICATION

Please read the section all the way through before administering the injection.

1. Wash your hands thoroughly with soap and dry them completely.
2. Clean top of the vial with the alcohol wipe. Insert the needle into the vial and turn vial upside down. Draw up the prescribed unit dosage into the syringe.
3. Wipe the injection site with alcohol wipe and let the area dry. You'll want to alternate the injection site to prevent thickening of the skin at the injection site.
4. Pinch a fold of skin between the thumb and forefinger. Holding the syringe like a pencil, insert the needle through the skin.
5. Once the needle is all the way in, push the plunger down slowly to inject the medication.
6. Remove the needle at the same angle.
7. Dispose of the syringe and needle in a puncture proof container such as a Sharps Container purchased from a drug store or hard plastic detergent bottle with a screw top lid.
8. Keep medication refrigerated.



[Watch Dr. Kay's video injection instructions here!](#)