

Naughts & Crosses Positive Reflection

Gratitude

A twist on the classic game of naughts and crosses (tic-tac-toe), designed to encourage reflection, sharing, and connection between partners. Players must answer questions or perform tasks before making their move on the game board.



Learning Intentions

Encouraging Personal Reflection and Sharing:

Students will self-reflect by answering questions or completing tasks that encourage them to think deeply about their personal experiences and insights before proceeding to the game board.

Promoting Effective Communication and Connection:

Students will enhance their communication skills by sharing their reflections with their partner, fostering a deeper connection and understanding between them.

Integrating Critical Thinking and Strategy:

Students will combine reflective thinking with strategic gameplay, as they must balance thoughtful responses with their goal of winning the game.



Success Criteria

Thoughtful and Honest Reflection:

Students consistently provide meaningful and thoughtful answers to the questions or tasks before moving, demonstrating a commitment to self-reflection and personal growth.

Clear and Respectful Communication:

Students effectively communicate their reflections with their partner, listening actively and responding respectfully, contributing to a positive and supportive interaction.

Strategic Gameplay with Reflection:

Students successfully integrate their reflective responses into the strategic gameplay of naughts and crosses, making informed decisions that balance reflection to win the game.



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Objective:

A twist on the classic game of naughts and crosses (tic-tac-toe), designed to encourage reflection, sharing, and connection between partners. Players must answer questions or perform tasks before making their move on the game board.

Players:

Played in pairs, making it suitable for classrooms, team-building sessions, or small group activities.

Materials:

- Printed PDF game cards with naughts and crosses grids and questions or activities in each square.
- Pens for writing if incorporating a journaling element.

Setup:

Each pair receives a game card. One player is assigned naughts (O), and the other is cross's (X).

Gameplay:

- **Playing Naughts & Crosses:** Players take turns attempting to get three of their symbols in a row (horizontally, vertically, or diagonally) to win the game.
- **Reflection and Sharing:** Before players can place their naught or cross on the game board, they must answer a question or share a response with their partner. Optionally, they can also write down their reflections.
- **Variety of Themes:** Different game cards offer various themes for reflection and sharing. There's also a fitness-themed card where players must perform movements before playing and a blank card for customising questions or activities.
- **Customisation:** Use the blank game card to create a game focused on specific topics or questions relevant to the group.



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Winning the Game:

The traditional win condition of naughts and crosses applies – the first player to get three in a row wins.

Variations for Different Settings:

- **Educational Edition:** Focus on academic or learning-related questions for reflection.
- **Corporate Edition:** Tailor questions to professional development, team dynamics, or company values.
- **Youth Group Edition:** Use age-appropriate and engaging topics for younger players.

Additional Notes:

- “Naughts & Crosses Reflect & Share” combines fun gameplay with meaningful interaction and reflection.
- It's a versatile activity that can be adapted to suit various settings and purposes, from educational to team-building.
- This game offers a non-threatening, enjoyable way for participants to connect and share personal insights or experiences.



GRATITUDE NAUGHTS & CROSSES

JUGAR|LIFE

What is the
biggest win
you have had
in the last
seven days?

I get excited
when I see.....

Who is
someone you
are grateful to
have in your
life and why?

What is
something
you are very
proud of and
why?

What activity
brings you joy
and why?

Whats your
favourite
memory from
the past six
months and
why?

Who is someone
you admire and
what do you
admire about
them?

What are you
looking
forward to in
the next six
months?

When you
woke up this
morning what
were you
grateful for?

PROUD & POSITIVE NAUGHTS & CROSSES

JUGAR|LIFE

My proudest
moment at
school was?
And Why?

My proudest
moment as
part of a team
is? And why?

What
achievement in
your life are you
most proud of
and why?

When your
family talks
about you what
do you think
they are most
proud of?

Nothing in life
comes easy,
what is
something you
worked really
hard to
achieve?

If someone
wrote a book
about your life
what would
the title be?

I am really
good at.....

I admire the
determination
and dedication
I have for...

When I look in
the mirror I
love the person
I see because....

WOULD YOU RATHER

NAUGHTS

&

CROSSES

Would you rather lose the ability to read or speak?

Would you rather be covered in fur or scales?

Would you rather always be 10 minutes early or 20 minutes late?

Would you rather your only mode of transport be a Donkey or a Giraffe?

Would you rather have all green traffic lights or never stand in a line again?

Would you rather have unlimited international first class tickets or never pay for a restaurant bill again?

Would you rather lose your sight or your memories?

Would you rather have a personal maid or a personal chef?

Would you rather lounge by the pool or on the beach?

MEETING STARTER

NAUGHTS

&

CROSSES

JUGAR|LIFE

Share one thing that is going well for you?

Share one thing that you are really proud of achieving this year at work or school?

Share one thing that you do to stay emotionally and physically fit?

Share one thing that you are grateful for in the workplace or school and why?

Share one thing professionally that you would like to accomplish this year and why?

Share one struggle you are having this year?

Last year the best adventure I went on was....

Share something people might not know about you...

Whats the best piece of advice you've been given?

FITNESS NAUGHTS & CROSSES

10 Burpees

10 Push Ups

10 Sit Ups

10 Leg Raises

10 Squats

10 Lunges

10 Squat
Jumps

30 Second
Plank

10 Star Jumps