

Gratitude Pictionary

Gratitude

To creatively express and share gratitude through drawing, enhancing understanding and empathy among participants. This game encourages players to visually represent something they are grateful for, with others guessing the meaning behind each drawing.



Learning Intentions

Enhancing Creative Expression of Gratitude

Students will learn to express their feelings of gratitude through drawing, developing their ability to communicate emotions and ideas creatively without relying on words.

Fostering Empathy and Understanding

Students will build empathy and deepen their understanding of others by guessing the meaning behind each drawing and listening to the stories and emotions connected to the artwork.

Promoting Group Connection and Positive Reflection

Students will engage in a shared activity that promotes connection, reflection, and a sense of community, reinforcing the importance of gratitude in their relationships.



Success Criteria

Creative and Thoughtful Drawings

Students create meaningful drawings that reflect something they are grateful for, demonstrating their ability to translate abstract emotions into visual representations.

Active Participation in Guessing and Sharing

Students actively participate in the guessing round, offering thoughtful guesses and engaging with their peers' drawings. They also show attentiveness and interest in others' expressions of gratitude.

Contribution to a Collective Gratitude Wall

Students contribute their drawings to the gratitude wall, participating in the creation of a visual reminder that represents the group's shared appreciation and positive experiences, fostering a sense of community and connection.



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Objective:

To creatively express and share gratitude through drawing, enhancing understanding and empathy among participants. This game encourages players to visually represent something they are grateful for, with others guessing the meaning behind each drawing.

Players:

Suitable for any group size, from small gatherings to larger classes or teams.

Materials:

- A pen or pencil for each participant.
- A piece of paper for each participant.

Setup:

Distribute pens and paper to all participants. Ensure there's a space available to display the drawings later.

Gameplay:

- **Drawing Time:** Each player has one minute to draw something they are grateful for. The drawing should be picture-only, with no words, letters, or numbers.
- **Guessing Round:** After everyone has completed their drawings, participants take turns showing their artwork. The rest of the group gets one chance to guess what the drawing represents and why it might be meaningful to the artist.
- **Sharing and Reflection:** Once all drawings have been guessed, players share the actual reasons behind their gratitude drawings, enhancing group understanding and connection.

Display:

- Combine all the drawings to create a gratitude wall feature, serving as a visual reminder of shared appreciation and connections within the group.

Winning the Game:

The focus is not on winning but on expression, sharing, and appreciating the diverse aspects of gratitude represented in the group.



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Variations for Different Settings:

- **Educational Edition:** This activity fosters positive classroom dynamics and encourages creative expression.
- **Staff Edition:** Adapt as a team-building exercise to enhance workplace empathy and understanding.
- **Family Edition:** A fun and meaningful activity for family members to learn more about each other's grateful moments.

Additional Notes:

- Gratitude Pictionary is an engaging way to reflect on and share personal joys and appreciation in a creative and non-verbal manner.
- It helps build a sense of community and empathy as participants discover the diverse range of gratitude within the group.
- The resulting gratitude wall becomes a powerful visual reminder of the group's collective thankfulness and positive experiences.

