

Mr Squiggle Gratitude

Gratitude

Inspired by the Australian children's TV show "Mr Squiggle," this creative and reflective activity encourages participants to express gratitude through imaginative drawing. Using provided sheets with random shapes and lines, players create drawings that represent their answers to gratitude-related questions.



Learning Intentions

Encourage Creative Expression of Gratitude:

Students will use their imagination to transform random shapes and lines into drawings that represent their responses to gratitude-related questions, fostering creativity and reflective thinking.

Promote Positive Reflection:

Students will reflect on meaningful moments and people they are grateful for, deepening their awareness of the positive aspects of their lives through artistic expression.

Foster Group Sharing and Connection:

Students will engage in sharing their drawings and the stories behind them, promoting a sense of community and encouraging open discussions about gratitude.



Success Criteria

Creative Interpretation of Shapes and Lines:

Students successfully transform the random shapes and lines on their sheets into creative drawings that reflect their answers to the gratitude questions, demonstrating imaginative thinking.

Meaningful Reflection on Gratitude:

Students provide thoughtful and personal responses to the gratitude questions, showing reflection on the positive experiences or people in their lives.

Active Participation in Sharing:

Students actively share their drawings and stories with the group, engaging in meaningful discussions about gratitude while fostering a positive and supportive atmosphere.



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Objective:

Inspired by the Australian children's TV show "Mr Squiggle," this creative and reflective activity encourages participants to express gratitude through imaginative drawing. Using provided sheets with random shapes and lines, players create drawings that represent their answers to gratitude-related questions.

Players:

Suitable for individuals of all ages, perfect for classroom settings, workshops, or family activities.

Materials:

- Printed sheets with pre-drawn random shapes and lines, each accompanied by a gratitude question (three different sheets provided).
- Drawing materials like pens, pencils, or markers.

Setup:

Distribute the Mr Squiggle Gratitude sheets and drawing materials to participants.

Gameplay:

- **Interpretation and Drawing:** Participants read the gratitude question on their sheet and use their imagination to transform the random shapes and lines into a drawing that represents their answer.
- **Creative Expression:** There are no limits to how the shapes can be used or interpreted, encouraging creativity and personal expression.
- **Sharing and Reflecting:** After completing their drawings, participants can share their artwork and the story behind it, fostering discussions about gratitude and positive experiences.



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Winning the Game:

The focus is not on winning but on self-expression, sharing, and reflecting on gratitude.

Variations for Different Settings:

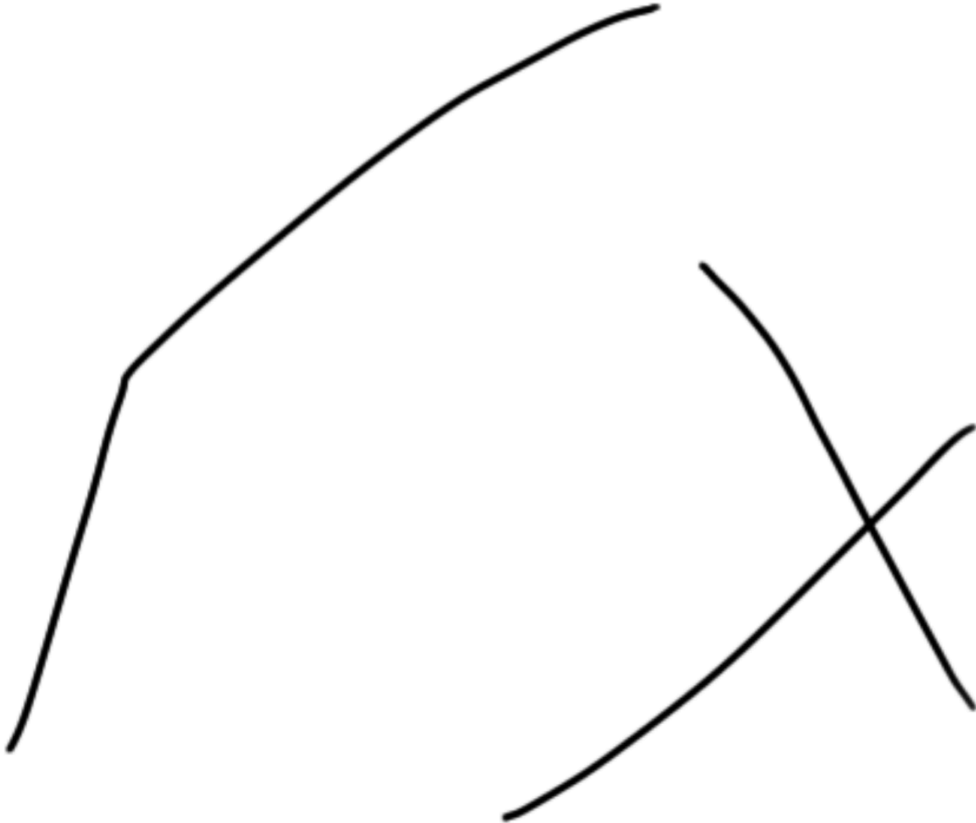
- **Educational Edition:** Tailor the gratitude questions to educational themes or learning outcomes.
- **Staff Edition:** Use the activity for team-building, with questions focused on workplace gratitude and achievements.
- **Family Edition:** Adapt for family bonding, encouraging members to share personal stories and grateful moments.

Additional Notes:

- Mr Squiggle Gratitude is an engaging and thoughtful activity that combines art and reflection.
- It's an excellent way to encourage individuals to think creatively about the positives in their lives.
- The game provides a unique and enjoyable approach to discussing and sharing gratitude, suitable for various settings and age groups.



WHATS YOUR PROUDEST MOMENT IN YOUR CAREER TO DATE?



WHATS A MEMORY THAT MAKES YOU SMILE?



WHATS YOUR FAVOURITE PLACE OR LOCATION IN THE WORLD?

