

# Naughts & Crosses Positive Reflection

Gratitude

A twist on the classic game of naughts and crosses (tic-tac-toe), designed to encourage reflection, sharing, and connection between partners. Players must answer questions or perform tasks before making their move on the game board.



## Learning Intentions

### Encouraging Personal Reflection and Sharing:

Students will self-reflect by answering questions or completing tasks that encourage them to think deeply about their personal experiences and insights before proceeding to the game board.

### Promoting Effective Communication and Connection:

Students will enhance their communication skills by sharing their reflections with their partner, fostering a deeper connection and understanding between them.

### Integrating Critical Thinking and Strategy:

Students will combine reflective thinking with strategic gameplay, as they must balance thoughtful responses with their goal of winning the game.



## Success Criteria

### Thoughtful and Honest Reflection:

Students consistently provide meaningful and thoughtful answers to the questions or tasks before moving, demonstrating a commitment to self-reflection and personal growth.

### Clear and Respectful Communication:

Students effectively communicate their reflections with their partner, listening actively and responding respectfully, contributing to a positive and supportive interaction.

### Strategic Gameplay with Reflection:

Students successfully integrate their reflective responses into the strategic gameplay of naughts and crosses, making informed decisions that balance reflection to win the game.



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## Objective:

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## Players:

Played in pairs, making it suitable for classrooms, team-building sessions, or small group activities.

## Materials:

- Printed PDF game cards with naughts and crosses grids and questions or activities in each square.
- Pens for writing if incorporating a journaling element.

## Setup:

Each pair receives a game card. One player is assigned naughts (O), and the other is cross's (X).

## Gameplay:

- Playing Naughts & Crosses:** Players take turns attempting to get three of their symbols in a row (horizontally, vertically, or diagonally) to win the game.
- Reflection and Sharing:** Before players can place their naught or cross on the game board, they must answer a question or share a response with their partner. Optionally, they can also write down their reflections.
- Variety of Themes:** Different game cards offer various themes for reflection and sharing. There's also a fitness-themed card where players must perform movements before playing and a blank card for customising questions or activities.
- Customisation:** Use the blank game card to create a game focused on specific topics or questions relevant to the group.

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## Winning the Game:

The traditional win condition of naughts and crosses applies – the first player to get three in a row wins.

## Variations for Different Settings:

- **Educational Edition:** Focus on academic or learning-related questions for reflection.
- **Corporate Edition:** Tailor questions to professional development, team dynamics, or company values.
- **Youth Group Edition:** Use age-appropriate and engaging topics for younger players.

## Additional Notes:

- “Naughts & Crosses Reflect & Share” combines fun gameplay with meaningful interaction and reflection.
- It’s a versatile activity that can be adapted to suit various settings and purposes, from educational to team-building.
- This game offers a non-threatening, enjoyable way for participants to connect and share personal insights or experiences.

What is the  
biggest win  
you have had  
in the last  
seven days?

I get excited  
when I see....

Who is  
someone you  
are grateful to  
have in your  
life and why?

# GRATITUDE

## NAUGHTS

&  
What is  
something  
you are very  
proud of and  
why?

What activity  
brings you joy  
and why?

What's your  
favourite  
memory from  
the past six  
months and  
why?

Who is someone  
you admire and  
what do you  
admire about  
them?

What are you  
looking  
forward to in  
the next six  
months?

When you  
woke up this  
morning what  
were you  
grateful for?

# PROUD & POSITIVE

My proudest moment at school was? And Why?

My proudest moment as part of a team is? And why?

What achievement in your life are you most proud of and why?

## NAUGHTS

&  
they are most proud of?

When your family talks about you what do you think

they are most proud of?

## CROSSES

I am really good at.....

I admire the determination and dedication I have for...

When I look in the mirror I love the person I see because....

Would you rather lose the ability to read or speak? Would you rather be covered in fur or scales? Would you be 10 minutes early or 20 minutes late?

## WOULD YOU RATHER

### NAUGHTS

&

Would you rather your only mode of transport be a Donkey or a Giraffe?

### CROSSES

Would you rather lose your sight or your memories?

Would you rather have all green traffic lights or never stand in a line again?

Would you rather have a personal maid or a personal chef?

Would you rather lounge by the pool or on the beach?

J U G A R | L I F E

# MEETING STARTER

## NAUGHTS

&

## CROSSES

Share one thing that is going well for you?

Share one thing that you are really proud of achieving this year at work or school?

Share one thing professionally that you would like to accomplish this year and why?

Share one thing that you are grateful for in the workplace or school and why?

Share something people might not know about you...

Whats the best piece of advice you've been given?

# **FITNESS NAUGHTS & CROSSES**

