



**MR
SQUIGGLE**
GRATITUDE



Mr Squiggle Gratitude

Instructions

Objective:

Inspired by the Australian children's TV show "Mr Squiggle," this creative and reflective activity encourages participants to express gratitude through imaginative drawing. Using provided sheets with random shapes and lines, players create drawings that represent their answers to gratitude-related questions.

Players:

Suitable for individuals of all ages, perfect for classroom settings, workshops, or family activities.

Materials:


- Printed sheets with pre-drawn random shapes and lines, each accompanied by a gratitude question (three different sheets provided).
- Drawing materials like pens, pencils, or markers.

Setup:

Distribute the Mr Squiggle Gratitude sheets and drawing materials to participants.

Gameplay:

- Interpretation and Drawing: Participants read the gratitude question on their sheet and use their imagination to transform the random shapes and lines into a drawing that represents their answer.


- 
- Creative Expression: There are no limits to how the shapes can be used or interpreted, encouraging creativity and personal expression.
 - Sharing and Reflecting: After completing their drawings, participants can share their artwork and the story behind it, fostering discussions about gratitude and positive experiences.

Winning the Game:




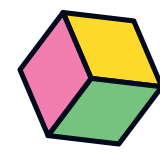

The focus is not on winning but on self-expression, sharing, and reflecting on gratitude.



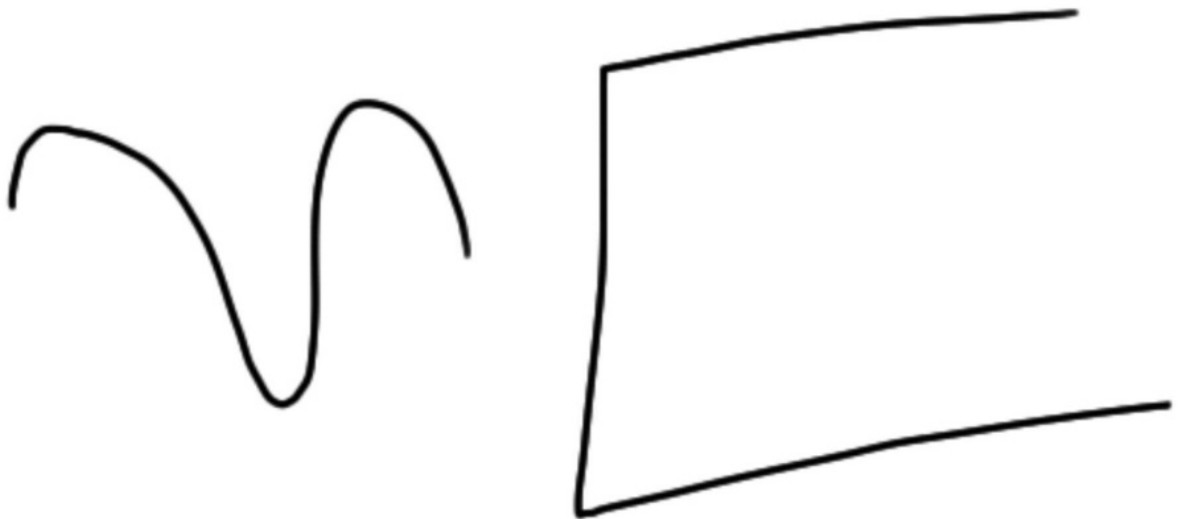
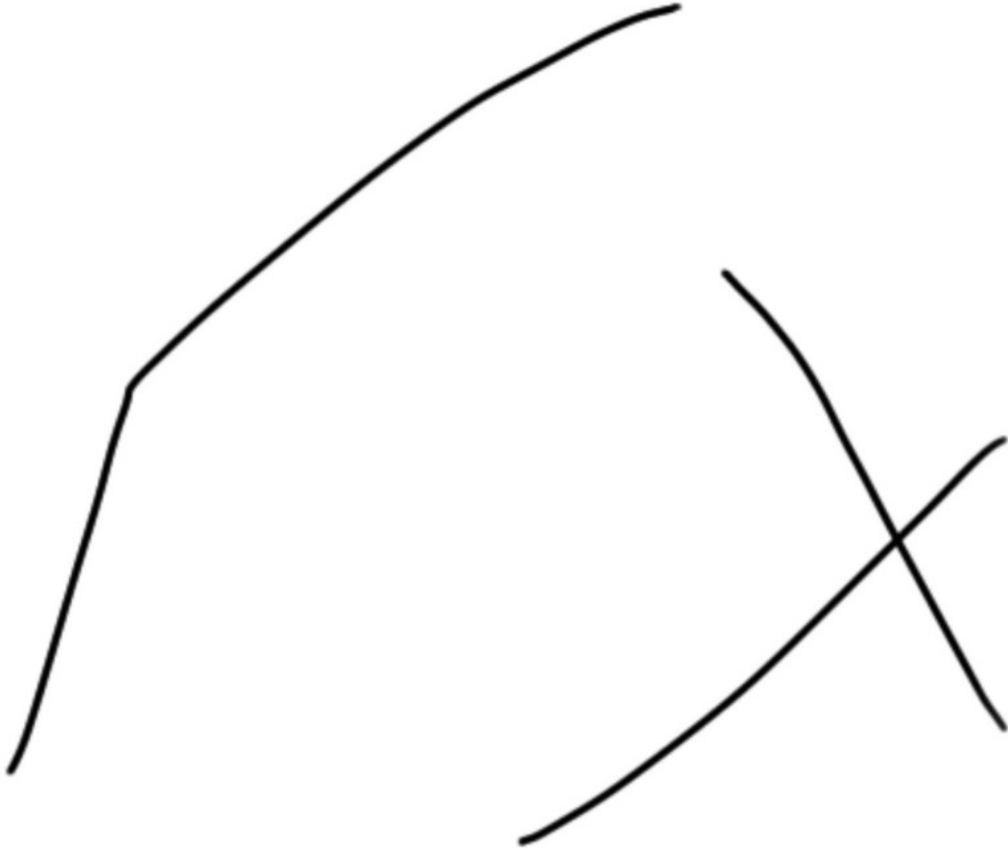
Variations for Different Settings:

- Educational Edition: Tailor the gratitude questions to educational themes or learning outcomes.
 - Corporate Edition: Use the activity for team-building, with questions focused on workplace gratitude and achievements.
 - Family Edition: Adapt for family bonding, encouraging members to share personal stories and grateful moments.
- 

Additional Notes:

- Mr Squiggle Gratitude is an engaging and thoughtful activity that combines art and reflection.
 - It's an excellent way to encourage individuals to think creatively about the positives in their lives.
 - The game provides a unique and enjoyable approach to discussing and sharing gratitude, suitable for various settings and age groups.
- 
- 
- 
- 
- 

WHATS YOUR PROUDEST MOMENT IN YOUR CAREER TO DATE?



WHATS A MEMORY THAT MAKES YOU SMILE?



WHATS YOUR FAVOURITE PLACE OR LOCATION IN THE WORLD?

