



GRATITUDE

Charades



the school of

PLAY



Gratitude Charades

Instructions




Objective:

Expressing and guessing different forms of gratitude through charades fosters a fun and positive environment.

Players:

Suitable for small groups or teams.

Materials:

- Pieces of paper with written gratitude prompts.
 - A hat or bowl to draw from.
- 

Setup:

Write down various things and activities to be grateful for on separate pieces of paper and place them in a hat or bowl.



Gameplay:


- Option One: Teams guess non-verbal expressions of gratitude acted out by one of their members. Points are awarded for correct guesses.
- Option Two: Each participant writes down three gratitude prompts. Players take turns acting out a drawn prompt for others to guess, with no points involved.



Winning the Game:

The team with the most points wins in Option One. In Option Two, the focus is on sharing and experiencing gratitude.

Variations:

- Encourage creative and outside-the-box gratitude expressions.
 - Adapt the game for different age groups or settings.
- 

Additional Notes:

Gratitude Charades is an engaging way to reflect on the positive aspects of life and share them in a playful, interactive manner.

Download the video to share [HERE](#).

