

FOUR QUADRANT *Fun*



Four Quadrant Fun

Instructions

Objective:

A team-building activity designed to foster personal sharing and group understanding through creative drawing. Participants respond to reflective questions by illustrating their answers, encouraging expression and communication within the group.

Players:

Suitable for any group size, from small teams to larger classes or workplace groups.

Materials:

- A piece of paper for each participant.
- A pen or pencil for drawing.
- Optional: Alternative creative materials like pipe cleaners, play dough, or Lego.

Setup:

Each participant divides their paper into four equal quadrants.

Gameplay:

- Drawing Responses: Participants are given 4 to 8 minutes to draw their answers to four provided questions, one in each quadrant. The rule is to use only drawings, no text.

- Questions:
 - What do you bring to the group?
 - What do you need from the group?
 - What is your favourite hobby or activity outside of school or work?
 - What is your vision for the group or for this year?
- Sharing: After completing their drawings, participants can either share their illustrations with the entire group or in smaller groups of three or four.

Display:

- Collect and display all drawings in a common area for ongoing inspiration and reflection.

Modification:

- Provide alternative creative materials like pipe cleaners, play dough, or Lego for those who prefer not to draw, encouraging creativity and play.

Winning the Game:

The focus is on participation and sharing rather than on winning.

Variations for Different Settings:

- Educational Edition: Tailor questions to reflect school or classroom goals and dynamics.
- Corporate Edition: Focus questions on professional roles, team objectives, and workplace visions.
- Sports Team Edition: Adapt the activity to explore team roles, personal contributions, and collective goals.

Additional Notes:

- Four Quadrant Fun is an engaging way to enhance group cohesion, understanding, and communication.
- It allows participants to express themselves creatively and learn about their peers in a non-threatening, enjoyable manner.
- The activity can be adapted to suit various settings and participant preferences, making it a versatile tool for team-building and personal reflection.