

Gratitude on Display

GRATITUDE

To encourage students to think about things that make them happy and feel thankful. They'll share their feelings and display them on a colourful gratitude wall.



Learning Intentions

I can identify and express things I am thankful for:

This encourages students to reflect on positive moments and people in their lives, helping them understand the value of gratitude.

I can share my thoughts and feelings with others in a creative way:

This focuses on communication and creative expression through writing or drawing on the gratitude wall.

I can reflect on the gratitude wall to recognise the positive things in my life and in others' lives:

This helps students develop a habit of looking for the positives around them and appreciating both their own and others' experiences.



Success Criteria

I can choose one thing I am grateful for and express it using a picture or words:

This ensures that students engage in the reflective process of identifying something they are thankful for and expressing it creatively.

I can participate in the game by rolling the dice, answering the gratitude question, and adding my note to the wall:

This focuses on participation, following the game's steps, and contributing to the group's gratitude wall.

I can look at the gratitude wall and recognise the happy thoughts and moments shared by others:

This encourages reflection on the collective gratitude, helping students connect with the positive energy shared by the group.



Gratitude on Display

GRATITUDE



Objective:

To encourage students to think about things that make them happy and feel thankful. They'll share their feelings and display them on a colourful gratitude wall.

Players:

Perfect for small groups, classrooms, or family gatherings.



Materials:

- A six-sided dice.
- Colorful sticky notes or paper strips.
- Crayons, markers, or pens.
- A wall or board to stick the notes on.

Setup:

Give each student a few colourful sticky notes and a pen or crayon. Set up a space where the notes can be stuck up, like a wall or a large piece of poster paper.

Gameplay:

1. Roll the Dice:

Each child takes turns rolling the dice. The number they roll matches a simple gratitude question.

2. Answer the Question:

After rolling, the child answers the question by drawing a picture or writing a short sentence on a sticky note. If they can't write yet, they can draw or ask for help.

Gratitude Questions for Students:

- 1 - What is something that makes you smile?
- 2 - What is your favourite thing to play with?
- 3 - Who is someone you love and why?
- 4 - What is something fun that happened this week?
- 5 - What makes you feel happy when you wake up?
- 6 - What is something you like to do with your friends?



Gratitude on Display

GRATITUDE

3. Stick the Note on the Gratitude Wall:

Once they have finished, they place their note on the gratitude wall. If there's a family or classroom, everyone can add their notes to the wall to create a colorful display.

4. Reflection Time:

Throughout the day, students can look at the gratitude wall to see the fun things and people others are thankful for. It's a wonderful way to celebrate what makes everyone happy!

Winning the Game:

There is no winner or loser. The goal is to create a wall full of happy thoughts, helping everyone feel grateful and positive!

Family or Classroom Variation:

If playing in a group, encourage kids to share their thoughts with each other after adding a note to the wall. This helps them connect with their peers and family members. Through sharing this way it also helps to foster connections between peers as they learn things they have in common with others they share a class with.

Additional Notes:

The *Gratitude on Display* is an easy and fun way to teach kids about appreciation. It's all about creating a happy place filled with good thoughts that everyone can enjoy. Plus, it's a great way to help students feel more positive and connected to their feelings!

