

# My Dream Team

Grade Three & Four



**To encourage students to think about the qualities they value in friends and teammates and to reflect on how they can contribute to a supportive, successful team.**



## Learning Intentions

### **I can identify the qualities I value in friends and teammates:**

This encourages students to reflect on the characteristics they appreciate in others and recognise what makes a good team member.

### **I can think about how different qualities contribute to a team's success:**

This helps students understand that teams are made stronger by the diverse strengths and qualities of their members.

### **I can reflect on how I can be a positive contributor to a team:**

This promotes self-awareness and encourages students to think about their role within a group, fostering teamwork and cooperation.



## Success Criteria

### **I can identify and describe the qualities I value in my dream team:**

This ensures that students actively think about what makes a supportive, successful team and the traits that contribute to it.

### **I can draw or write about my dream team and the qualities they have:**

This encourages creative expression while helping students articulate the traits they value in others.

### **I can reflect on how I contribute to a team and how I can be a good teammate:**

This promotes reflection on personal qualities and actions that contribute positively to teamwork and collaboration.



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## Objective:

To encourage students to think about the qualities they value in friends and teammates and to reflect on how they can contribute to a supportive, successful team.

## Players:

Ideal for individual reflection, small groups, or classrooms.

## Materials:

- Paper
- Crayons, markers, or pens

## Setup:

Provide each student with a piece of paper and access to writing and drawing materials. Encourage a quiet, reflective space for students to think about their ideal team.

## Activity:

### 1. Think About Your "Dream Team":

Ask students to imagine their "dream team" — a group of people who would help them succeed and make them feel supported. These could be friends, family members, or fictional characters who possess traits that would help them thrive, a combination of all of the above is excellent!

### 2. Write or Draw About Your Dream Team:

Have students write or draw their dream team and describe the qualities that each person brings to the group. Encourage them to think about qualities such as kindness, responsibility, encouragement, creativity, or teamwork.

### 3. Reflect on How You Can Contribute to a Team:

After writing or drawing the qualities of their dream team, ask students to reflect on the qualities they bring to a team. Have them think about how they can be a good teammate to others, such as offering support, sharing ideas, or being a good listener.

## Reflection Prompt:

- What qualities do you bring to a team?
- How can you be a good teammate to others?
- Why is it important to have a diverse team with different qualities?



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## Winning the Game:

There is no winner in this activity. The goal is for students to reflect on the qualities they value in others and how they can contribute to a team's success.

## Family or Modified Variation:

In a group setting, students can share their dream teams with each other and discuss the qualities that make a good team member. This can foster understanding and appreciation for different strengths within the group. You can also create a "Team Building Wall" where each student adds the qualities they value in others, creating a visual representation of teamwork.

## Additional Notes:

My Dream Team encourages students to think critically about what makes a team successful and how they can contribute to building supportive, positive relationships within a group. By reflecting on their own strengths and qualities, students learn the importance of cooperation, diversity, and mutual support. This activity fosters self-awareness, empathy, and teamwork skills, which are essential for personal and academic growth.