

POSITIVE REFLECTION

Battleships

JUGAR | LIFE

Positive Reflection Battleships

Gratitude

To combine the excitement of the classic Battleships game with positive interactions and personal reflections.



Learning Intentions

Encourage Positive Interaction and Reflection:

Students will engage in meaningful dialogue by sharing compliments and reflecting on personal experiences through gameplay, fostering a positive atmosphere and deeper connections.

Promote Communication and Social Skills:

Students will practise effective communication by taking turns and responding thoughtfully to reflective questions, helping them improve their social and conversational skills.

Combine Strategic Thinking with Emotional Engagement:

Students will employ strategic thinking during gameplay while integrating positive emotional exchanges, creating a balanced activity that stimulates both the mind and emotional well-being.



Success Criteria

Active Participation in Positive Exchanges:

Students successfully participate in the game by giving compliments and answering reflective questions when prompted, demonstrating engagement in the positive interaction element of the activity.

Strategic Engagement with the Game:

Students demonstrate strategic thinking by thoughtfully placing their battleships and guessing their opponent's coordinates, combining the excitement of classic Battleships with positive interactions.

Fostering a Positive and Supportive Environment:

Students contribute to a supportive and encouraging environment by sharing meaningful compliments and reflections, showing empathy and appreciation for their partner throughout the game.



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Objective:

To combine the excitement of the classic Battleships game with positive interactions and personal reflections.

Players:

Two players are ideal for fostering deeper connections.

Materials:

- A printed game card (grid format) from the provided PDF.
- A pen.
- Two six-sided dice.

Setup:

Each player sketches their fleet on their grid, consisting of a four-square ship, a three-square ship, and two two-square boats.

Gameplay:

- Players take turns rolling the dice to determine grid coordinates.
- A hit on a battleship requires the attacked player to share a compliment or positive remark about the attacker.
- If a player misses, they ask their partner a reflective question based on the grid square.
- Continue until all battleships are sunk or time is up.

Winning the Game:

The player with the most hits on their opponent's fleet wins, but the focus is on positive exchanges and sharing.

Additional Notes:

Positive Reflection Battleships is a unique way to engage in meaningful dialogue, share compliments, and deepen relationships in a fun, game-like setting.



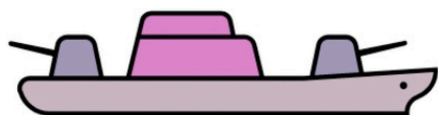
6	What is one thing you accomplished in the last six months that you're really proud of? Why does it matter to you?	What is one thing you did for your health and wellbeing in the last six months that you're proud of?	Who has been your biggest support in the past six months and why?	Share a time when you felt genuinely happy for someone else's success.	Describe a moment of personal bravery in the last six months. What led to it?	What's one habit you've developed recently that has improved your life?
5	What is one personal strength you've used to positively influence your life recently?	What's one situation where you found yourself feeling incredibly grateful recently? What sparked this feeling?	How have you used your creativity in a meaningful way recently?	Describe a moment when you overcame a fear. How did you feel afterwards?	What's a book, article, movie, or song that deeply moved you or changed your perspective recently? How did it impact you?	Can you remember a time when you were really patient with someone else? How did it make you feel?
4	Recall a time when you felt a deep sense of peace. What brought about that feeling?	Recall a moment of unexpected joy in the last six months. What led to it?	Can you remember a time when someone showed you unexpected kindness in the last six months? How did it make you feel?	Can you remember a time in the last six months when you were able to help someone else? How did it make you feel?	What is a skill or talent you've developed or improved in the last six months?	What is something you did in the last six months that brought you closer to achieving your dreams?
3	Who did you forgive, and how did it feel to let go of the resentment?	What is a personal achievement that you are proud of? How did you accomplish it?	How have you shown empathy to others in the last six months? What was the situation?	What's a challenge you faced and overcame in the past six months? What did you learn from it?	Describe a beautiful moment you witnessed. How did it affect you?	Share a moment when you felt truly present. What made you feel this way?
2	Share an instance when you chose a positive response over a negative one. How did it affect the outcome?	What is something you started doing for yourself that had a positive impact on your life?	What was a moment of laughter or fun you experienced recently?	In what ways have you grown personally in the last six months?	Can you share a moment when you felt really connected to someone else? What brought about that connection?	Who is someone that has had a positive impact on your life in the past six months? How so?
1	Who or what inspires you? How have you channeled that inspiration in the last six months?	Recall a time when you were able to resolve a conflict effectively. What strategy did you use?	Can you recall a moment when you were the receiver of empathy? How did it make you feel?	How have you expressed love or kindness to someone else in the last six months?	Share a time when you took a risk that paid off. What did it feel like?	Describe a time when you felt really appreciated by someone else. What made you feel appreciated?
	1	2	3	4	5	6

POSITIVE REFLECTION BATTLESHIPS

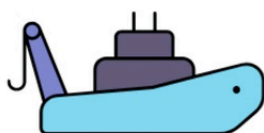


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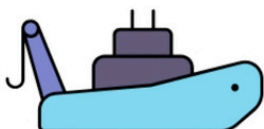
Four square ship



Three square ship



Two square ship



Two square ship

EXAMPLE OF FOUR SHIPS

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POSITIVE REFLECTION BATTLESHIPS

Introducing "Positive Reflection Battleships" – An engaging and uplifting partner game!

Get ready to delve into an experience that combines the thrill of a classic board game with thoughtful introspection and admiration for your partner. You'll need a printed game card (from the provided PDF), a pen, and a pair of six-sided dice. Yes, we're bringing the spirit of the beloved Battleships game to an entirely new context!

Start by sketching your naval fleet: a majestic four-square ship, a nimble three-square vessel, and two compact two-square boats on your game card grid.

Each turn is as easy as rolling the dice. The first dice dictates the grid's side number, and the second, the bottom grid number, leading you to a unique square. If your dice land on a battleship, expect to hear a resounding 'HIT'. But here's the twist! The player whose ship has been hit must compliment the attacker, sharing something they appreciate about them or a quality they admire. Keep those compliments fresh for every hit your battleship takes! If a player rolls a grid, they have already done it before they reroll to find another grind.

But what if you miss the battleships? Well, you're in for a treat! The player gets to read the thought-provoking question from the grid to the dice-roller, who then shares their answer with their partner.

Taking turns, you'll navigate this sea of introspection until all three battleships are sunk or until your set time runs out. When the game concludes, whichever player has scored the most hits on their partner's battleships is declared the winner.

"Positive Reflection Battleships" is designed to stimulate reflections on memories and experiences from the past six months. The intention is not to provoke feelings of guilt or inadequacy, but to inspire a positive mindset and strengthen the bond between players. Feel free to navigate away to the next square if any question feels uncomfortable.

The true beauty of this game lies in its spontaneity. No preconceived notions, no written records – just pure, heartfelt sharing of thoughts and reflections inspired by the questions on your game card. Ready for a positive journey on this sea of discovery and appreciation? Then set sail with "Positive Reflection Battleships"!

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