

# Lego Masters

PLAY

**Lego Masters – Family Edition** is a creative and reflective activity designed to celebrate gratitude. Participants use LEGO bricks to build a model that represents something they are thankful for from the past year. Through the building and sharing process, the game encourages self-expression, reflection, and a positive community spirit.



## Family Objects

### Encourage Creative Reflection:

Family members explore their feelings of gratitude by translating memorable moments, achievements, and personal growth into a tangible LEGO model that tells their story.

### Foster Self-Expression and Imagination:

Participants use a diverse assortment of LEGO bricks to express what has made their hearts sing over the past year, harnessing creativity and innovation.

### Build Stronger Connections Through Sharing:

By presenting and discussing their models, everyone deepens their understanding of each other's experiences, strengthening bonds and fostering a positive, supportive atmosphere.



## Success Milestones

### Thoughtful and Meaningful Builds:

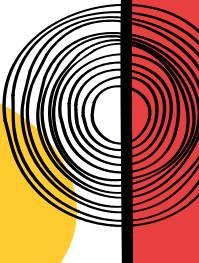
Each participant creates a LEGO model that clearly represents an aspect of their gratitude, whether it's an achievement, a joyful moment, or a person who made a difference.

### Active Engagement and Creative Expression:

Family members enthusiastically use the LEGO bricks to express their personal stories, demonstrating both imagination and a willingness to share their experiences.

### Positive Sharing and Interaction:

Everyone actively participates in the presentation and discussion of their models, asking insightful questions and sharing similar feelings, which contributes to a warm, connected environment.



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## Objective:

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## Players:

- Suitable for any group size, making it ideal for family gatherings, classroom sessions, or team-building events.
- Participants work individually, then share their creations with the entire group.

## Materials Needed:

- A large assortment of LEGO bricks and elements
- Timers (set to 5 minutes for the building phase)
- Display tables or designated spaces to exhibit completed models
- Paper and pens (optional) for note-taking or a reflection wall

## Setup:

### 1. Prepare the Building Area:

- Set up a large table or open area stocked with assorted LEGO bricks and elements, ensuring that everyone has ample space to build.

### 2. Introduction:

- Briefly explain the concept of gratitude and the purpose of the game.
- Emphasise that the activity is about reflecting on the past year and celebrating the moments that have brought joy, growth, or inspiration.

## Gameplay:

### 1. Building Phase (5 Minutes):

- Each participant has 5 minutes to build a LEGO model that represents something that has made their heart sing over the last 12 months.
- Encourage participants to think about personal achievements, memorable moments, supportive people, or lessons learned during the year.

### 2. Sharing Phase:

- After the building time, each participant presents their LEGO model to the group.
- They explain why they built what they did, how it represents something they are grateful for, and what significance the model holds in their personal journey.
- Allow for a brief Q&A after each presentation where others can ask questions or share similar experiences.

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### 3. Optional Guessing Game:

- After all presentations, participants can take turns guessing specific elements of each other's models, aiming to identify different aspects of gratitude represented in the builds. This adds an extra layer of fun and interaction.

### 4. Display and Reflection:

- Arrange all completed LEGO models on a display table or designated area where everyone can view them.
- Optionally, create a reflection wall where participants can write down what they learned or how they felt during the activity.

### Winning the Game:

- The focus of Lego Masters – Family Edition is on self-expression and gratitude, rather than competition.
- There is no formal "winner"—the real success lies in the personal insights shared and the connections built through creative expression.

### Variations for Different Settings:

- Educational Edition:**

Tailor the theme to reflect academic or personal growth experiences, such as building models that represent challenges overcome in school or lessons learned.

- Staff Edition:**

Use the activity as a team-building exercise, where colleagues build models representing their professional achievements or ways they support one another.

- Youth Group Edition:**

Encourage age-appropriate themes that resonate with younger participants, making the activity both fun and accessible while fostering gratitude.

### Additional Notes:

Lego Masters – Family Edition is an inspiring and engaging activity that combines creativity, reflection, and personal storytelling. By building and sharing LEGO models that symbolise what they are grateful for, participants not only celebrate their past year's experiences but also create a visual tapestry of positivity and connection. Enjoy the process of building, sharing, and reflecting, and let this activity remind everyone of the power of gratitude to bring us closer together!