

# Four Quadrant Fun



**Four Quadrant Fun – Family Edition** is a team-building activity designed to boost personal sharing and group understanding through creative drawing. By responding to reflective questions with pictures only, family members can express themselves freely and learn more about each other in a fun, non-threatening way.



## Family Objects

### **Fostering Self-Expression and Creativity:**

Family members get the chance to express their thoughts and feelings through drawing, showing off their creative side without needing any words.

### **Enhancing Group Understanding and Communication:**

By sharing and chatting about their drawings, everyone learns more about each other, building stronger bonds and better communication within the family.

### **Promoting Reflection on Personal and Family Dynamics:**

This activity encourages each person to reflect on their role, needs, and dreams within the family, contributing to a shared understanding of what makes your family tick.



## Success Milestones

### **Creative and Thoughtful Illustrations:**

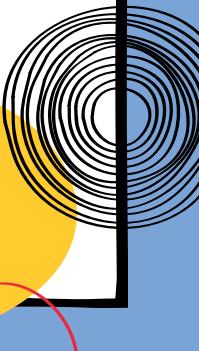
Each family member creates a meaningful drawing that reflects their answers to the reflective questions, showing how well they can express their ideas and feelings visually.

### **Active Participation in Sharing and Discussion:**

Everyone takes part by sharing their drawings with the group or in smaller breakout circles, explaining their artwork and engaging in supportive discussions.

### **Contribution to a Positive Family Atmosphere:**

Family members listen to each other, appreciate different perspectives, and value the creative expressions shared, helping to create a warm and collaborative vibe at home.



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## Objective:

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## Players:

Suitable for any family gathering—whether it's just a few members or a larger extended family get-together.

## Materials:

- A piece of paper for each participant.
- A pen or pencil for drawing.
- Optional: Alternative creative materials such as pipe cleaners, play dough, or even Lego for those who'd rather build than draw.

## Setup:

### 1. Prepare Your Paper:

- Each person takes a sheet of paper and divides it into four equal quadrants.

### 2. Get Your Creative Tools Ready:

- Make sure everyone has a pen, pencil, or any alternative creative materials they prefer.

## Gameplay:

### 1. Drawing Responses:

- Give everyone about 4 to 8 minutes to draw their answers to four provided questions—one in each quadrant.
- **Remember:** Only drawings are allowed; no words, letters, or numbers.

### 2. Reflective Questions:

Use questions like these (feel free to swap in your own family-relevant questions):

- **Quadrant 1:** What do you bring to our family?
- **Quadrant 2:** What do you need from our family?
- **Quadrant 3:** What is your favourite hobby or activity outside of home?
- **Quadrant 4:** What's your vision for our family or for the coming year?



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### 3. Sharing Time:

- Once everyone's finished, take turns sharing your drawings with the group.
- Explain what each picture represents, and listen as others share their thoughts. This is a great time to have a relaxed, open conversation about what makes your family unique.

### 4. Display:

- Consider putting all the drawings up on a wall or a board to create a "family gratitude/vision wall." This serves as a visual reminder of your shared values and dreams.

### Winning the Game:

There's no winner here—the aim is simply to participate, share, and enjoy the creative process together.

### Variations for Different Settings:

- Educational Edition:**

Adapt the questions to focus on school or learning experiences if you're doing this in a classroom with family involvement.

- Staff Edition:**

Modify the activity to reflect professional roles and team objectives if using it as a team-building exercise at work.

- Sports Team Edition:**

Tailor the questions to explore team roles, personal contributions, and collective goals if you're doing it with a sports team or club.

### Additional Notes:

Four Quadrant Fun – Family Edition is a ripper way to boost family cohesion and understanding. It allows everyone to express themselves creatively and learn about each other in a relaxed, enjoyable manner. Whether you stick to drawing or mix it up with other creative materials, this activity is sure to spark interesting conversations and bring your family closer together. Enjoy the creative process and the meaningful connections it brings!