

# The New Class of Influences with Lenita Abouchabake

## COURSE

In today's educational landscape, fostering meaningful connections between teachers and students is crucial for effective learning. Lenita Abouchabake's course, "The New Class of Influences," introduces the 5-step HEART framework, designed to help educators and parents thrive in guiding students toward success.



## About This Course

This interactive session focuses on:

### **HEART Framework:**

Participants will be introduced to Lenita's 5-step HEART framework, which offers fresh, effective ways to connect with and support students.

### **Reenergising Educational Approaches:**

Learn strategies to bring enthusiasm and vitality back into teaching and parenting methods, enhancing engagement and learning outcomes.

### **Building Stronger Connections:**

Develop techniques to foster deeper relationships with students, promoting their academic and personal growth.

### **Adapting to Modern Challenges**

Gain insights into navigating the evolving educational environment to better support students in today's society.

### **About the Presenter:**

Lenita Abouchabake is a former Physical Education teacher who transitioned into a Teen Life Coach to broaden her impact on youth well-being. She founded the Teen Coach Academy, aiming to empower educators, counsellors, and coaches to transform teenagers' lives. Her initiatives focus on building influential teen coaches to strengthen support in schools, homes, and communities.



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### Why This Course Will Benefit You:

Engaging in this course offers several advantages:

- **Enhanced Communication:** Learn effective methods to communicate with students, fostering trust and openness.
- **Improved Student Outcomes:** Implementing the HEART framework can lead to better academic and personal development for students.
- **Adaptability:** Equip yourself with tools to handle the dynamic challenges in education and parenting.
- **Personal Fulfillment:** Experience a renewed sense of purpose and satisfaction in your role as an educator or parent.

By participating, you'll acquire valuable strategies to strengthen your connections with students, enhancing their learning experiences and overall well-being.

