

The Accidental Counselor Model with Rocky Biasi

COURSE

In today's demanding professional environments, individuals often find themselves offering emotional support without formal counselling training. Rocky Biasi's course, "The Accidental Counsellor Model," equips professionals with practical skills to respond effectively to emotional distress, ensuring they can provide support while maintaining their own well-being.



About This Course

Developed by Rocky Biasi, a seasoned educator and counsellor, this 45-minute course offers:

Practical Skills:

Learn solution-focused techniques to confidently address emotional distress in others.

Self-Care Strategies:

Discover methods to prevent burnout and maintain personal well-being while supporting others.

Effective Communication:

Enhance your ability to listen actively and respond empathetically, fostering a supportive environment.

Participants will learn to maintain healthy boundaries and recognise when to refer individuals to professional support services.

About the Presenter:

Rocky Biasi is the founder and presenter of the Accidental Counsellor Training. With nearly two decades of experience as a secondary high school teacher and school counsellor, Rocky has been in private practice for over 25 years. He has delivered his training to more than 10,000 individuals across Australia, New Zealand, and Southeast Asia, focusing on providing practical counselling skills to those without formal training.



The Accidental Counselor Model with Rocky Biasi

COURSE

Why This Course Will Benefit Families:

Family members often become accidental counsellors, offering support during times of emotional distress. This course empowers families to:

- **Enhance Supportive Communication:** Develop skills to listen and respond effectively to loved ones facing challenges.
- **Maintain Healthy Boundaries:** Learn strategies to provide support without compromising personal well-being.
- **Recognise Professional Referral Needs:** Understand when to seek professional assistance for family members in distress.

By adopting the Accidental Counsellor Model, families can create a more empathetic and supportive home environment, strengthening relationships and promoting collective well-being.

Join Rocky Biasi in "The Accidental Counsellor Model" course to acquire essential skills that will enhance your ability to support others while safeguarding your own mental health.

