

Gratitude Cloud

To help students practice gratitude, express themselves artistically, and collaborate with their classmates by creating individual gratitude clouds that contribute to a larger "gratitude sky." This activity promotes positive thinking, creativity, and teamwork.



Learning Intentions

I can practice gratitude by reflecting on one thing I am thankful for and expressing it through drawing or writing:

This encourages students to recognise the positive aspects of their lives and develop a habit of thankfulness.

I can express myself artistically by drawing or writing on a cloud-shaped piece of paper:

This helps students use creativity to visually represent their gratitude, enhancing their artistic expression.

I can collaborate with my classmates by contributing my gratitude cloud to create a collective "gratitude sky.":

This fosters teamwork and cooperation as students work together to build a shared display of thankfulness.



Success Criteria

I can draw or write something I am thankful for on a cloud-shaped piece of paper:

This ensures students are engaging in the reflection process and using their creativity to express gratitude

I can think about one thing that makes me happy and write or draw it clearly on the cloud:

This encourages focused reflection and clear expression of what the student is grateful for.

I can work with my classmates to create a collective "gratitude sky," contributing my cloud to the display:

This promotes collaboration and creates a sense of community as students share their gratitude with each other.



Gratitude Cloud

GRATITUDE

Objective:

To help students practice gratitude, express themselves artistically, and collaborate with their classmates by creating individual gratitude clouds that contribute to a larger "gratitude sky." This activity promotes positive thinking, creativity, and teamwork.

Players: Ideal for 4-20 students.

Materials:

- Cloud-shaped paper templates (or blank paper cut into cloud shapes).
- Crayons, markers, or coloured pencils for drawing and writing.
- Tape or glue to attach the clouds to a bulletin board or wall.

Time Required: 15-20 minutes.

Setup:

Prepare cloud-shaped paper templates for each student to use. Make sure students have access to crayons, markers, or coloured pencils for drawing or writing. Set up a large space (e.g., bulletin board or wall) where the gratitude clouds will be displayed together to form a "gratitude sky."

Gameplay:

1. Introduce the Activity:

Explain to students that they will each be drawing or writing something they are thankful for on a cloud-shaped piece of paper. Encourage them to think about one thing that brings them joy or that they appreciate, such as their family, friends, food, pets, or nature.

2. Start the Drawing or Writing:

Give each student a cloud-shaped piece of paper and ask them to draw or write one thing they are grateful for. Remind them that it can be something big or small, as long as it brings them happiness. They can add colours, designs, or patterns to decorate their cloud.

3. Reflection Time:

Once students have finished their clouds, ask them to reflect on why they are thankful for that particular thing. You can prompt them with questions like, "Why is your family important to you?" or "What do you enjoy most about spending time outdoors?"

4. Create the Gratitude Sky:

After everyone has completed their gratitude clouds, have students come up one by one to share what they are thankful for and add their cloud to the collective "gratitude sky" on the wall or bulletin board. As the clouds fill up the sky, students can admire the positive contributions and feel proud of the gratitude they've shared.



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5. Celebrate the Group Collaboration:

Once all the clouds are added, take a moment to reflect as a group on how the collective gratitude sky represents the positive things in everyone's lives. Celebrate the teamwork and appreciation shown by all students, reinforcing the importance of thankfulness in building a supportive community.

Winning the Game:

There is no winner in this activity. The goal is for students to practice gratitude, express their appreciation creatively, and collaborate with their peers to create a shared display of thankfulness. Success is measured by participation, creative expression, and collaboration.

Family or Classroom Variation:

In a family or classroom setting, students can contribute their gratitude clouds to a larger gratitude display that is kept up throughout the year. This can serve as a reminder of all the things they are thankful for and help create a positive and supportive environment.

Alternatively, the gratitude clouds can be exchanged between students to allow them to reflect on and appreciate each other's contributions.

Additional Notes:

"Gratitude Cloud" is a simple yet powerful activity for fostering a sense of community, positivity, and reflection on the good things in life. It allows students to express their gratitude creatively and work together to build something meaningful. The collective gratitude sky serves as a visual reminder of the positive impact that thankfulness can have on the classroom or family environment.

