

My Family and Me

WRITTEN

To help students practice family connection, drawing, and social interaction by creating a picture of themselves and their family members, and sharing what they like to do together. This activity strengthens the bond between students and their families and encourages communication.



Learning Intentions

I can practice family connection by thinking about the people who are important to me and drawing them:

• This helps students develop a sense of belonging and appreciation for their family members.

I can improve my drawing skills by illustrating a picture of myself and my family members:

This encourages creativity and expression through visual art, as students depict their family in a meaningful way.

I can develop social interaction skills by sharing with others what I like to do with my family:

This promotes communication, empathy, and a deeper understanding of relationships with others.



Success Criteria

I can draw a picture of myself and my family members, making sure to include everyone important to me:

This ensures students are actively engaging with the creative process and reflecting on their family.

I can think about activities I enjoy doing with my family and share them with the group:

► This encourages students to reflect on positive family moments and enhances their verbal expression skills.

I can listen to others as they share their family drawings and the activities they like to do together:

This helps develop positive listening skills and fosters a sense of community within the group.



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Objective:

To help students practice family connection, drawing, and social interaction by creating a picture of themselves and their family members, and sharing what they like to do together. This activity strengthens the bond between students and their families and encourages communication.

Players: Ideal for 4-20 students.

Materials:

- Paper and crayons, markers, or coloured pencils for drawing.
- Optional: Stickers or other craft materials to enhance the drawings.

Time Required: 10-15 minutes.

Setup:

Ensure students have enough space to draw comfortably. Provide materials such as paper, crayons, or coloured pencils. You can offer prompts, such as "Who is in your family?" or "What fun things do you do together?"

Gameplay:

1. Introduce the Game:

Explain to students that they will be drawing a picture of themselves and their family members. Encourage them to think about the people who make up their family, whether it's parents, siblings, grandparents, or other special family members.

2. Start the Drawing:

Ask students to draw a picture of themselves with their family. Encourage them to include details such as what their family members look like and what they like to do together. For example, "What's something fun you like to do with your family, like playing games or going on trips?"

3. Reflection Time:

Once students have finished their drawings, encourage them to think about their favourite activities to do with their family. They can reflect on special moments or hobbies they enjoy as a family.

4. Sharing with the Group:

After everyone has finished their drawings, invite students to share their pictures and talk about the activities they like to do with their family. They can explain who is in their picture and describe something special they enjoy together, such as playing, cooking, or going on outings.



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5. Encourage Positive Sharing:

Encourage students to listen attentively to their peers and ask questions or give compliments when others share. This helps build a supportive and inclusive environment where everyone feels valued.

Winning the Game:

There is no winner in this game. The goal is for students to reflect on their family relationships, practice drawing, and develop verbal expression skills. Success is measured by participation, self-expression, and positive social interaction.

Family or Classroom Variation:

In a family or classroom setting, students can create a "Family Wall" where their drawings are displayed for everyone to admire. This can foster a sense of pride and connection. Alternatively, students can share their drawings with a partner first before presenting to the group, promoting one-on-one communication.

Additional Notes:

"My Family and Me" is a heartwarming activity that helps students express their feelings of love and connection for their family members. It encourages creativity and verbal communication, while also promoting a positive sense of community within the group. This activity can be revisited throughout the year to celebrate the important people in students' lives and foster ongoing conversations about family relationships.

