

Naughts & Crosses Reflect & Share

Gratitude

Naughts & Crosses Reflect & Share is a delightful twist on the classic game of tic-tac-toe. In this version, family members must reflect on a prompt or complete a task before placing their symbol (naught or cross) on the grid. The aim is to create three in a row while enjoying meaningful conversation and personal sharing.



Family Objects

Encouraging Thoughtful Reflection:

Each family member takes a moment to think about personal experiences or insights by answering a question or completing a fun task before making their move on the game board.

Fostering Open Communication and Connection:

We create opportunities to share our thoughts and stories with each other, building stronger bonds and understanding within the family.

Combining Reflection with a Bit of Strategy:

Players balance meaningful reflection with the classic challenge of naughts and crosses, adding an extra layer of thoughtfulness and fun to the game.



Success Milestones

Meaningful and Honest Reflections:

Family members provide thoughtful and genuine answers or complete tasks with care, showing their commitment to sharing and self-reflection.

Respectful and Open Communication:

Everyone listens attentively and responds kindly when sharing their reflections, contributing to a supportive and warm family atmosphere.

Strategic and Reflective Gameplay:

Players integrate their reflective responses into their moves, making well-considered decisions that blend strategy with personal insight.



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Objective:

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Players:

Played in pairs, making it perfect for one-on-one family time, as well as for small group sessions or team-building activities among relatives.

Materials:

- Printed game cards featuring a naughts and crosses grid with a question or activity in each square.
- Pens for writing reflections (optional, if you'd like to keep a little journal of your thoughts).

Setup:

1. Distribute Game Cards:

Each pair receives a game card. One player is assigned naughts (O) and the other crosses (X).

2. Review the Prompts:

Each square on the grid contains a fun question or activity. The prompts can range from sharing a happy memory to describing something you're looking forward to.

Gameplay:

1. Taking Turns:

Players take turns attempting to get three of their symbols in a row—horizontally, vertically, or diagonally.

2. Reflection Before the Move:

Before placing a naught or cross on the board, the player must answer the question or complete the activity in the chosen square.

- You can also write down your thoughts if you'd like to keep a record of your reflections.
- Take your time to share a little insight or a fun story related to the prompt.

3. Placing Your Symbol:

Once you've shared your reflection, mark the square with your symbol (O or X).

4. Winning the Game:

The traditional win condition applies—the first player to get three in a row wins the game!

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Variations for Different Settings:

- **Family Storytime Edition:**

Use prompts that encourage sharing family memories or traditions, perfect for a cosy evening at home.

- **Customisation Option:**

Try out a blank game card where you can write your own questions or activities relevant to your family's interests or experiences.

- **Youth-Friendly Version:**

Adjust the prompts to be simpler and more engaging for younger family members.

Additional Notes:

Naughts & Crosses Reflect & Share – Family Edition transforms the classic game into an opportunity for meaningful interaction and reflection. Whether you're looking to spark interesting conversations at family gatherings or simply enjoy a fun, reflective challenge, this game is a fantastic way to connect with one another. Enjoy your time reflecting, sharing, and playing together as a family!

GRATITUDE

What is the
biggest win
you have had
in the last
seven days?

I get excited
when I see....

Who is
someone you
are grateful to
have in your
life and why?

What is
something
you are very
proud of and
why?

What activity
brings you joy
and why?

What's your
favourite
memory from
the past six
months and
why?

Who is someone
you admire and
what do you
admire about
them?

What are you
looking
forward to in
the next six
months?

When you

woke up this
morning what
were you
grateful for?

PROUD & POSITIVE

NAUGHTS & CROSSES

My proudest moment at school was? And Why?

When your family talks about you what do you think they are most proud of?

My proudest moment as part of a team is? And why?

Nothing in life comes easy, what is

something you worked really hard to achieve?

What achievement in your life are you most proud of and why?

If someone wrote a book about your life what would the title be?

When I look in the mirror I love the person I see because....

I am really good at.....

I admire the determination and dedication I have for...

Would you
rather lose
the ability to
read or speak?

WOULD YOU RATHER

NAUGHTS

&
Donkey or a
Giraffe?

Would you
rather your
only mode of
transport be a

Would you
rather have all
green traffic
lights or never
stand in a line
again?

CROSSES

Would you
rather lose
your sight or
your
memories?

Would you
rather have a
personal maid
or a personal
chef?

Would you rather
have unlimited
international first
class tickets or
never pay for a
restaurant bill
again?

Would you
rather lounge
by the pool or
on the beach?

Would you
rather always
be 10 minutes
early or 20
minutes late?

MEETING STARTER

NAUGHTS

&

CROSSES

Share one thing that is going well for you?

Share one thing that you are really proud of achieving this year at work or school?

Share one thing that you are grateful for in the workplace or school and why?

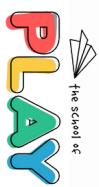
Share one thing professionally that you would like to accomplish this year and why?

Last year the best adventure I went on was....

Share something people might not know about you...

Share one thing that you do to stay emotionally and physically fit?

Whats the best piece of advice you've been given?



FITNESS NAUGHTS & CROSSES

10 Squat
Jumps

30 Second
Plank

10 Star Jumps

10 Leg Raises

10 Squats

10 Lunges

10 Burpees

10 Push Ups

10 Sit Ups



CROSSES & NAUGHTS

