

Naughts & Crosses Reflect & Share

Gratitude

Naughts & Crosses Reflect & Share is a delightful twist on the classic game of tic-tac-toe. In this version, family members must reflect on a prompt or complete a task before placing their symbol (naught or cross) on the grid. The aim is to create three in a row while enjoying meaningful conversation and personal sharing.



Family Objects

Encouraging Thoughtful Reflection:

Each family member takes a moment to think about personal experiences or insights by answering a question or completing a fun task before making their move on the game board.

Fostering Open Communication and Connection:

We create opportunities to share our thoughts and stories with each other, building stronger bonds and understanding within the family.

Combining Reflection with a Bit of Strategy:

Players balance meaningful reflection with the classic challenge of naughts and crosses, adding an extra layer of thoughtfulness and fun to the game.



Success Milestones

Meaningful and Honest Reflections:

Family members provide thoughtful and genuine answers or complete tasks with care, showing their commitment to sharing and self-reflection.

Respectful and Open Communication:

Everyone listens attentively and responds kindly when sharing their reflections, contributing to a supportive and warm family atmosphere.

Strategic and Reflective Gameplay:

Players integrate their reflective responses into their moves, making well-considered decisions that blend strategy with personal insight.



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Objective:

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Players:

Played in pairs, making it perfect for one-on-one family time, as well as for small group sessions or team-building activities among relatives.

Materials:

- Printed game cards featuring a naughts and crosses grid with a question or activity in each square.
- Pens for writing reflections (optional, if you'd like to keep a little journal of your thoughts).

Setup:

1. Distribute Game Cards:

Each pair receives a game card. One player is assigned naughts (O) and the other crosses (X).

2. Review the Prompts:

Each square on the grid contains a fun question or activity. The prompts can range from sharing a happy memory to describing something you're looking forward to.

Gameplay:

1. Taking Turns:

Players take turns attempting to get three of their symbols in a row—horizontally, vertically, or diagonally.

2. Reflection Before the Move:

Before placing a naught or cross on the board, the player must answer the question or complete the activity in the chosen square.

- You can also write down your thoughts if you'd like to keep a record of your reflections.
- Take your time to share a little insight or a fun story related to the prompt.

3. Placing Your Symbol:

Once you've shared your reflection, mark the square with your symbol (O or X).

4. Winning the Game:

The traditional win condition applies—the first player to get three in a row wins the game!



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Variations for Different Settings:

- **Family Storytime Edition:**

Use prompts that encourage sharing family memories or traditions, perfect for a cosy evening at home.

- **Customisation Option:**

Try out a blank game card where you can write your own questions or activities relevant to your family's interests or experiences.

- **Youth-Friendly Version:**

Adjust the prompts to be simpler and more engaging for younger family members.

Additional Notes:

Naughts & Crosses Reflect & Share – Family Edition transforms the classic game into an opportunity for meaningful interaction and reflection. Whether you're looking to spark interesting conversations at family gatherings or simply enjoy a fun, reflective challenge, this game is a fantastic way to connect with one another. Enjoy your time reflecting, sharing, and playing together as a family!



GRATITUDE NAUGHTS & CROSSES

What is the
biggest win
you have had
in the last
seven days?

I get excited
when I see.....

Who is
someone you
are grateful to
have in your
life and why?

What is
something
you are very
proud of and
why?

What activity
brings you joy
and why?

Whats your
favourite
memory from
the past six
months and
why?

Who is someone
you admire and
what do you
admire about
them?

What are you
looking
forward to in
the next six
months?

When you
woke up this
morning what
were you
grateful for?

PROUD & POSITIVE NAUGHTS & CROSSES

My proudest
moment at
school was?
And Why?

My proudest
moment as
part of a team
is? And why?

What
achievement in
your life are you
most proud of
and why?

When your
family talks
about you what
do you think
they are most
proud of?

Nothing in life
comes easy,
what is
something you
worked really
hard to
achieve?

If someone
wrote a book
about your life
what would
the title be?

I am really
good at.....

I admire the
determination
and dedication
I have for...

When I look in
the mirror I
love the person
I see because....

WOULD YOU RATHER

NAUGHTS

&

CROSSES

Would you rather lose the ability to read or speak?

Would you rather be covered in fur or scales?

Would you rather always be 10 minutes early or 20 minutes late?

Would you rather your only mode of transport be a Donkey or a Giraffe?

Would you rather have all green traffic lights or never stand in a line again?

Would you rather have unlimited international first class tickets or never pay for a restaurant bill again?

Would you rather lose your sight or your memories?

Would you rather have a personal maid or a personal chef?

Would you rather lounge by the pool or on the beach?

MEETING STARTER

NAUGHTS

&

CROSSES

Share one thing that is going well for you?

Share one thing that you are really proud of achieving this year at work or school?

Share one thing that you do to stay emotionally and physically fit?

Share one thing that you are grateful for in the workplace or school and why?

Share one thing professionally that you would like to accomplish this year and why?

Share one struggle you are having this year?

Last year the best adventure I went on was....

Share something people might not know about you...

Whats the best piece of advice you've been given?

FITNESS NAUGHTS & CROSSES

10 Burpees

10 Push Ups

10 Sit Ups

10 Leg Raises

10 Squats

10 Lunges

10 Squat
Jumps

30 Second
Plank

10 Star Jumps



NAUGHTS

&

CROSSES

