

Dice Accumulator

Gratitude

"Dice Accumulator" is designed to bring families together through a series of creative and reflective challenges determined by dice rolls. The aim is to accumulate points by successfully completing these tasks, with the first team reaching 18 points declared the winner. This game promotes teamwork, creativity, and meaningful family interactions.



Family Objects

Enhancing Communication and Teamwork:

Family members will collaborate through verbal and non-verbal interactions to accomplish various creative and reflective challenges, strengthening their ability to work together effectively.

Stimulating Creativity and Personal Reflection:

Participants will engage in activities that encourage imaginative thinking and self-reflection, allowing them to share meaningful experiences and insights with one another.

Cultivating Empathy and Active Listening:

Family members will practice attentive listening, demonstrating empathy by valuing and responding thoughtfully to each other's shared stories and feelings.



Success Milestones

Active Collaborative Engagement:

All participants contribute to each challenge, ensuring mutual involvement and support throughout the game.

Creative and Reflective Participation:

Family members approach each task with creativity and provide thoughtful reflections, enriching the shared experience.

Effective Communication and Listening:

Participants express their ideas clearly and listen attentively to others, fostering a respectful and understanding environment.



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Objective:

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Materials Needed:

- Three six-sided dice
- "Dice Accumulator Challenge Sheet" listing challenges numbered 3 through 18, each with an assigned point value
- Score sheet for tracking team points
- Timer or stopwatch
- Optional: Paper and writing utensils for drawing or writing tasks

Setup:

1. **Form Teams:** Divide family members into pairs or small teams, depending on the number of participants.
2. **Prepare Challenge Sheet:** Ensure the "Dice Accumulator Challenge Sheet" is accessible to all teams.
3. **Distribute Materials:** Provide each team with three dice, a score sheet, and any optional materials needed for specific challenges.

Instructions:

1. **Initiate the Game:**
 - Teams take turns rolling all three dice simultaneously.
 - Calculate the sum of the three dice to determine the corresponding challenge number on the "Dice Accumulator Challenge Sheet."
2. **Completing Challenges:**
 - Each challenge is assigned a point value based on its difficulty.
 - Teams must complete the designated challenge to earn the associated points.
 - If a team rolls a sum corresponding to a challenge they've already completed, they must re-roll to obtain a new challenge.
3. **Optional Dice Roll Adjustments:**
 - Teams may opt to roll only two dice up to three times during the game to aim for challenges with lower numbers.
4. **Winning the Game:**
 - The first team to accumulate exactly 18 points wins.
 - If a team's total exceeds 18 points, they must continue playing until they can reach exactly 18 points.



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Reflection:

After the game, gather as a family to discuss the experience. Consider prompts such as:

- How did collaborating on the challenges enhance our communication?
- Which challenge did you find most enjoyable or insightful, and why?
- How can we apply the teamwork and creativity we used in the game to our daily family interactions?

Variations for Different Settings:

- **Themed Challenges:** Customise the challenges to align with specific themes relevant to the family's interests or current events.
- **Team Rotation:** In larger groups, rotate team members after a set number of rounds to encourage interaction with different family members.
- **Timed Rounds:** Introduce a time limit for each challenge to add excitement and encourage quick thinking.

Additional Notes:

"Dice Accumulator" offers a dynamic and engaging way for families to connect, promoting creativity, reflection, and teamwork. By participating in this game, family members can deepen their understanding of each other and strengthen their bonds through shared challenges and achievements.



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Challenges and Points System:

Challenge Number Challenge Description Points

1. Work with your partner to come up with a secret handshake that includes a jump and a spin. (3 points)
2. Create a new superhero together! What powers do they have? What is their superhero name? (2 points)
3. Describe a moment when you felt really proud of yourself this year. Share it with your partner and listen to their proud moment. (1 point)
4. As a pair, do a funny dance for 30 seconds. Make sure you both try your best to copy each other's moves. (3 points)
5. Each of you tell your partner one thing you've learned this week. Can you both remember and share a new fact? (1 point)
6. Think of a place you've always wanted to visit. Draw a picture of it together and explain why it's special to you. (3 points)
7. Share your favourite memory from a holiday or vacation with your partner. What made it so fun or exciting? (1 point)
8. Work with your partner to create a poem about friendship. You can take turns adding one word at a time to make the poem come to life. (3 points)
9. Both of you find an object in the room that represents a memory or feeling. Share why it's meaningful to you. (2 points)
10. Tell your partner about a book, movie, or TV show you really like. What do you love about it? (1 point)
11. Together, make up a funny story that begins with the phrase, "One day, we discovered a hidden door in the playground..." (2 points)
12. Challenge each other to a 'compliment battle.' Take turns giving each other a compliment every 10 seconds. Try to come up with as many as you can! (2 points)
13. Create a 'thank you' song for someone you're grateful for in your class. Sing it together and perform it in front of the person you created it for. (3 points)
14. Tell your partner something that always makes you laugh. How does it make you feel better? (1 point)
15. Together, create a list of things that make you feel happy or calm. Can you think of five things each? (2 points)
16. What is one act of kindness you have done for someone else lately? Share it with your partner. (1 point).
17. Share with each other a new skill that you've been working on lately. What progress have you made so far? (1 point)
18. Pretend you're explorers and make up a new animal species. Describe it to each other, including its name and unique traits. (2 points)

