

Animal Parade

STAY
ACTIVE

To get students moving and acting like different animals, improving their physical coordination, balance, and creativity in a fun and interactive way.



Learning Intentions

I can move my body like different animals to enhance coordination and physical expression:

Students will practice listening skills and improve coordination by moving along with the story's narrative.

I can follow instructions and engage in imaginative play while moving my body:

This helps students listen and follow directions while incorporating creativity and fun into their physical activity.

I can use animal-inspired movements to enhance my balance and strength:

This promotes physical development through different types of movements that engage various muscle groups.



Success Criteria

Mimicking Animal Movements:

Students can mimic the movements of different animals accurately and creatively, staying engaged in the activity.

Exploring Different Body Movements:

Students can move their bodies in different ways, such as hopping, slithering, or waddling, using various muscle groups and developing coordination.

Following Instructions and Enjoying the Animal Parade:

Students can follow the movement instructions and enjoy being part of the Animal Parade, fostering participation and teamwork.





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Objective: To get students moving and acting like different animals, improving their physical coordination, balance, and creativity in a fun and interactive way.

Players: Ideal for a group or class (5-20 students).

Materials: None required (just enough space for movement).

Time Required: 5-15 minutes.

Setup: Ensure students have enough space to move freely. The activity can be conducted in the classroom or outdoors. You may want to demonstrate the animal movements first to get students started. It's important here for you to be vulnerable and have fun with the movements, this will allow your students to feel comfortable and safe to follow your lead.

Gameplay:

1. **Introduce the Concept of Animal Movements:** Begin by discussing how animals move in different ways. Show examples of how an elephant stomps, a kangaroo hops, or a snake slithers. Encourage students to use their imagination and think about how other animals move.

2. **Start the Animal Parade:** Call out an animal (e.g., "Elephant!") and encourage students to move around the room or playground, mimicking the animal's movement. For example:

- Elephant: Stomp loudly and swing your arms.
- Kangaroo: Hop with your legs together.
- Snake: Slither on the ground with your body close to the floor.
- Duck: Waddle with your feet turned outward.

3. **Incorporate Different Animals:** Call out different animals in quick succession to keep the students engaged. You can add more animals as you go, like frogs, monkeys, or penguins, for variety and fun. Encourage students to take turns coming up with their own animal movements and leading the group in the Animal Parade. This gives students a chance to be creative and develop leadership skills.

4. **Reflection Time:** After the Animal Parade, gather the students and reflect on the activity. Ask questions like:

- "Which animal did you like pretending to be the most?"
- "How did it feel to move like that animal?"
- "Which animal movements were hardest or easiest for you?"



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Winning the Game: There is no winner in this activity. The goal is to encourage physical movement and creative play. Success is measured by students' participation, creativity, and enjoyment.

Additional Notes: The Animal Parade is a fantastic way to incorporate imaginative play into physical exercise. It helps students enhance coordination, flexibility, and strength while encouraging creative thinking. It's a great icebreaker and a fun way to get students moving and active, either at the beginning or during a break in the day.

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PLAY

