

Kindness Words

WRITTEN

To encourage students to use kind language in their interactions, fostering a positive and supportive environment.



Learning Intentions

I can choose kind words to say to others:

This encourages students to think about the power of their words and how kind language can positively affect others.

I can practice thoughtful communication and kindness:

This helps students understand the impact of using kind words in their interactions and how it fosters positive relationships.

I can express kindness through words:

This focuses on using verbal communication to spread kindness and positivity.



Success Criteria

Identifying Kind Words or Phrases:

Students can identify three kind words or phrases to say to others, ensuring they think about specific words that convey kindness and positivity.

Explaining the Importance of Kind Words:

Students can explain why kind words are important, reflecting on the emotional impact kind words can have on others and themselves.

Sharing Kind Words with Others:

Students can share their kind words with others, putting their ideas into practice by using kind words in real-life situations.



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Objective: To encourage students to use kind language in their interactions, fostering a positive and supportive environment.

Players: Perfect for small groups, classrooms.

Materials:

- Paper
- Crayons, markers, or pens

Setup: Provide each student with a piece of paper and access to markers or colouring in pencils. Encourage students to think about kind words or phrases they could say to others.

Game Play:

1. **Think About Kind Words:** Ask the students to think about three kind words or phrases they could say to someone today. These could be compliments, words of encouragement, or expressions of gratitude.
2. **Write Down the Words:** Have students write down the three kind words or phrases on their paper. They can also draw pictures or symbols that represent these kind words to help reinforce the message.
3. **Share and Practice Kindness:** After writing their words, students can share them with the class or a friend. Encourage them to use these words in real life to spread kindness throughout the day.

Reflection Prompt:

- How do you feel when you say kind words to others?
- How do you think the person will feel when you say something kind to them?
- Why is it important to use kind words?

Winning the Game: There is no winner in this activity. The goal is to encourage students to recognise the power of kind words and use them to create a positive atmosphere.

Additional Notes: Kindness Words helps students recognise the impact of positive language and encourages them to use kind words to strengthen their relationships. By practising kindness through words, students learn how simple gestures can make a big difference in the lives of others. This activity promotes empathy, gratitude, and thoughtful communication, building a supportive and caring environment.

