

# Human Alphabet

# PLAY

To promote teamwork, creativity, and physical movement while reinforcing letter recognition and spelling through forming words with bodies.



## Learning Intentions

**I can work together with my peers to form shapes and letters using my body:**

This encourages students to cooperate and use teamwork to complete tasks physically.

**I can practice recognising letters and words through physical activity:**

This helps students reinforce letter recognition and word formation in a fun and active way.

**I can challenge myself and my classmates to think creatively and move together:**

This promotes creativity, movement, and problem-solving as students work together to form letters and words.



## Success Criteria

**Forming Letters with My Body:**

Students can form letters with their body as part of a group, engaging in the activity and following instructions to form letters correctly.

**Collaborating to Form Words:**

Students can collaborate with their classmates to form words, encouraging teamwork and active participation in forming a word as a group.

**Working as a Team to Complete the Challenge:**

Students can work as a team to complete a challenge and try more difficult tasks, reinforcing the importance of collaboration and teamwork to achieve more complex goals.



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**Objective:** To promote teamwork, creativity, and physical movement while reinforcing letter recognition and spelling through forming words with bodies.

**Players:** Ideal for a group of 10-30 students.

**Materials:** None (requires only an open space)

**Time Required:** 5-10 minutes

**Setup:** Arrange the students in an open space. Explain that they will be using their bodies to form letters and words. Give instructions clearly and encourage students to work together as they form each letter or word.

## Gameplay:

1. **Start with Individual Letters:** Begin by asking the students to spread out and form individual letters with their bodies. For example, say, "Use your body to make a U. Now make an O!" You can start with simple letters and encourage them to get creative with how they form the shapes of each letter.
2. **Form Short Words:** Once the students are familiar with forming letters, call out simple, short words (e.g., "so" or "dog"). The students will have to work together to form the word, with each student using their body to form one of the letters or working in pairs to create one single letter as part of the word. This encourages teamwork as they plan and move together.
3. **Increase the Challenge:** Gradually increase the difficulty by calling out longer words (e.g., "cat," "book," "play"). As the students become more comfortable, you can challenge them with phrases or sentences that will require the entire group to collaborate. For younger students you can write each word on the board for them to follow.
4. **Complete the Challenge:** If students want more of a challenge, come up with a phrase or sentence that the whole class can complete together. This promotes collaboration and problem-solving on a larger scale.

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## Reflection Prompt:

- How did you work together to form the letters and words?
- What was challenging about forming longer words or phrases with your body?
- How did you communicate with your group to make sure the shapes were formed correctly?

**Winning the Game:** There is no winner in this activity. The goal is to collaborate, learn together, and have fun while using creativity and teamwork to form letters and words.

**Additional Notes:** Human Alphabet is a fun and active game that promotes teamwork, communication, and creativity. It's a great way to get students moving while reinforcing literacy skills in a hands-on, interactive way. The activity is suitable for all ages and can be adapted to different learning levels, making it a versatile team-building exercise.