

My Friendship Tree

WRITTEN

To reinforce positive friendship behaviours and encourage students to think about how they can be kind and supportive friends.



Learning Intentions

I can describe what makes a good friend:

This encourages students to reflect on the qualities that define a positive and supportive friendship.

I can identify positive friendship behaviours:

This helps students understand the actions that contribute to being a good friend, such as kindness, honesty, and support.

I can express my commitment to being a good friend through writing and drawing:

This allows students to articulate how they will practice kindness and support in their friendships.



Success Criteria

Identifying Qualities of a Good Friend:

Students can identify the qualities that make them a good friend, reflecting on their own positive behaviours and characteristics in relationships.

Describing How to Be Kind to Others:

Students can describe how they will be kind to others, making specific plans for showing kindness and support in their friendships.

Expressing My Friendship Pledge Creatively:

Students can express their friendship through writing or drawing, committing to being kind and thoughtful friends by expressing their intentions creatively.



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Objective: To reinforce positive friendship behaviours and encourage students to think about how they can be kind and supportive friends.

Players: Perfect for small groups, classrooms, or family settings.

Materials:

- Paper
- Coloured pencils, markers, or pens

Setup: Provide each student with a piece of paper and access to coloured pencils, markers, or pens. Encourage them to think about what makes a good friend and how they can embody these qualities. A class brainstorm is a good idea here to get started and share ideas.

Gameplay:

1. **Make a list of friends:** Ask students to create a list of their friends, they can be from within school, outside of school, in their extended families, hobby groups etc.
2. **Think About What Makes a Good Friend:** Ask students to reflect on the qualities that make someone a good friend. These could include qualities like honesty, kindness, trustworthiness, fun, laughter and empathy.
3. **Write or Draw Your Friendship Tree:** Have students draw a 'Friendship Tree' and use the branches to have their friends sitting on them or swinging from them or climbing them. Under each friend they draw, ask students to dot-point what makes them a good friend. Encourage students to find differences between each friend, to think about how each friend is unique.
4. **Reflect on Friendship Behaviors:** After completing their trees, students can share their friendship trees with the rest of the class or those around them.

Reflection Prompt:

- What qualities do you think are important in a good friend?
- How can you show kindness to your friends today?
- Why is it important to be a good friend?



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Winning the Game: There is no winner in this activity. The goal is to reflect on and commit to practising positive friendship behaviours.

Additional Notes: My Friendship Pledge helps students reflect on the importance of kindness, empathy, and support in friendships. By creating their own pledges, students gain a deeper understanding of the qualities that make a good friend and the behaviours that strengthen relationships. This activity encourages positive social interactions and reinforces the value of thoughtful, caring friendships.

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