

Confidence Certificates

GRATITUDE

To build confidence in students by celebrating their accomplishments through the awarding of "Confidence Certificates," reinforcing positive behaviour and achievements.



Learning Intentions

I can recognise and celebrate my achievements, both big and small:

This encourages students to reflect on their personal successes and build a positive self-image by acknowledging their hard work and accomplishments.

I can build confidence by reflecting on my strengths and progress:

This helps students develop self-confidence by recognising their growth and efforts.

I can celebrate the achievements of others and learn from their experiences:

This fosters a positive classroom culture where students support each other and feel proud of one another's successes.



Success Criteria

Identifying Achievements I Am Proud Of:

Students can identify something they have achieved that they are proud of, ensuring they engage in self-reflection and celebrate personal growth.

Displaying My Confidence Certificate:

Students can accept and display their Confidence Certificate as a reminder of their accomplishments, reinforcing the importance of recognising achievements and fostering self-affirmation.

Reflecting on the Process of Achieving and Moving Toward New Goals:

Students can reflect on how it feels to achieve a goal and how they can continue working toward new goals, encouraging them to build a growth mindset and celebrate the process of learning and development.



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Objective: To build confidence in students by celebrating their accomplishments through the awarding of "Confidence Certificates," reinforcing positive behaviour and achievements.

Players: Ideal for small to medium-sized groups (5-25 students).

Materials:

- Certificate templates or blank paper to create the certificates.
- Markers, pens, or coloured pencils for decorating.
- Stickers or stamps for decoration (optional).

Time Required: 10-15 minutes

Setup: Prepare a simple template for the "Confidence Certificate," or leave it blank for students to decorate. Have markers, pens, and other decoration materials available for students to personalise their certificates.

Gameplay:

1. **Introduce the Concept of Confidence:** Begin by discussing the importance of confidence and how celebrating achievements helps us feel good about ourselves. Emphasise that achievements don't have to be big, even small steps toward a goal are worth celebrating.
2. **Celebrate Achievements:** Ask students to think about something they've accomplished recently, whether it's overcoming a challenge, trying something new, or achieving a goal they worked hard for. This could be anything from finishing a difficult task to being brave in a new situation.
3. **Create the Confidence Certificates:** Have each student create their Confidence Certificate. They should write down their accomplishments and the reason they are proud of it. Allow students to decorate their certificates with their favourite colours, stickers, or designs to make them feel special and personal.
4. **Award the Certificates:** Once the certificates are complete, gather the students and present each one with their certificate. As you hand them out, ask each student to briefly share what they're proud of. This builds confidence and allows the students to celebrate each other's successes.
5. **Reflection Time:** After receiving their certificates, encourage students to reflect on how it feels to achieve something. Ask questions like:
 - "How did it feel to accomplish your goal?"
 - "What helped you achieve this goal?"
 - "What new goal would you like to work toward next?"



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Winning the Game: There is no winner in this activity. The goal is to recognise and celebrate personal achievements, which fosters a sense of accomplishment and confidence in students. Success is measured by students' recognition of their growth and their positive reinforcement of each other's achievements.

Additional Notes: The Confidence Certificates are a simple yet effective way to celebrate students' achievements and build self-esteem. By acknowledging even small accomplishments, students learn that progress is something to be proud of, and they develop a sense of self-worth that will encourage them to keep trying new things. This activity also helps foster a positive classroom environment where students feel supported and valued.

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