

Using PLAY as the GLUE - Reconnecting Schools and Families Without Devices or Any Screen Time

COURSE

In today's hyperconnected world, genuine human interaction is taking a back seat to screen time. Using PLAY as the GLUE is a timely and transformative webinar from The School of Play, offering practical, joyful strategies to bring people back together, without needing a single screen.



About This Course

This webinar dives into the power of play as a foundational tool to reconnect in screen-saturated times. Backed by research and grounded in fun, this session offers energising and accessible ways to reclaim health, happiness, and connection. You'll explore:

Reducing Screen Reliance:

Practical, joyful approaches to minimize device use at home and in classrooms, without conflict or guilt.

Improving Health and Well-being:

Ways to support emotional regulation, movement, mindfulness, and social bonding through play.

Strengthening Family and School Connections:

Creative and time-efficient games that spark laughter, teamwork, and meaningful moments.

This session is ideal for teachers, parents, and school leaders ready to boost mental health and belonging with low-effort, high-impact play strategies.



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About the Presenter:

Dale Sidebottom is a global advocate for play-based well-being and the energetic founder of The School of Play. With a footprint in over 20 countries, Dale's talks and workshops are known for their contagious energy and transformative impact.

A former educator, coach, and now international speaker, Dale blends research with fun to deliver programs that empower schools, teams, and families to reconnect, recharge, and reimagine what health and happiness can look like in daily life.

His mission is simple but profound: use play to spark presence, build resilience, and bring joy back into relationships one game at a time.

Why Attend

In a world of digital overwhelm, this webinar is your invitation to rediscover the simple power of presence. *Using PLAY as the GLUE* offers:

- **Practical Strategies:** Quick, effective, screen-free activities you can use immediately in any setting.
- **Expert Insights:** Tools grounded in science and real-world success stories from classrooms and homes around the globe.
- **Holistic Benefits:** Improve physical, emotional, and relational health with a method that's as accessible as it is enjoyable.

By attending, you'll leave feeling uplifted, equipped, and inspired to use play as a powerful, sustainable way to strengthen your community at school, at home, and everywhere in between.