

Kindness Garden

WRITTEN

To support students in recognising and celebrating acts of kindness by creating a colourful classroom display. Students will draw individual flowers, each symbolising a kind action they can do at home or at school, showing how kindness helps our classroom and our planet Earth grow stronger together.



Learning Intentions

I can use drawing and creativity to show different ways I can be kind:

This helps students express positive behaviours through art and imagination.

I can understand that small acts of kindness help the world grow:

This encourages students to make connections between kindness and caring for our planet Earth.

I can share my ideas with others and learn from their kind thoughts too:

This promotes respectful listening and builds a classroom culture of kindness.



Success Criteria

I can draw a flower and show a kind act inside it:

This ensures students practise fine motor skills while thinking about kind actions.

I can explain what my flower represents and why it is important:

This encourages students to reflect on kindness in everyday life.

I can add my flower to our classroom kindness garden:

This helps students feel proud of their contribution to a shared class display.



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Objective:

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Players:

Ideal for groups of 4–26 students working individually and then sharing as a group.

Materials:

- Paper or pre-cut flower templates (We have designed a template for you to use in the resource PDF section)
 - Coloured pencils
 - Scissors (optional, if cutting out flowers)
- Large poster or board space titled “Our Kindness Garden”

Time Required:

10 –15 minutes

Setup:

Give each student a blank sheet of paper or a flower template. Prepare a display space titled “Our Kindness Garden” on a classroom wall or board. Briefly introduce the idea that just like flowers help Earth feel beautiful and alive, kind actions help people and the planet feel happy and cared for.

Remind students that Earth is the Playful Astronauts first stop, where they learn the importance of kindness towards people, animals, and the environment.

Gameplay:

Explain the Activity:

Invite students to think of one kind act they can do at home or at school. This could include:

- “Helping to tidy up the classroom.”
- “Feeding my pet.”
- “Being kind to a friend who is sad.”

Ask them to draw or write their act of kindness in the centre of the flower, students then use colours to colour in the petals surrounding their drawing.



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Add to the Garden:

Once completed, students can cut out their flowers (with help if needed) and add them to the Kindness Garden wall. As each student adds their flower, they can explain their kind act to the group or a partner.

Continue until all flowers are displayed, creating a vibrant, shared piece of art.

Encourage Reflection and Connection:

After all flowers are added, gather students and admire the full garden. Ask:

- “How do all these kind actions help our classroom or the planet?”
- “What kind idea did you like that someone else shared?”

Use this as an opportunity to reinforce that kindness, like nature, makes the world better for everyone.

• • • Winning the Game:

• • • There are no winners in this activity. Every student's flower is a valuable contribution to the garden, and the goal is to reflect on kindness and celebrate the ways it can grow and spread.

Additional Notes:

“Kindness Garden” is a creative and visual way for students to reflect on kind behaviours and build pride in their actions. Linking the activity to Earth encourages them to think about kindness in relation to the world around them. It is a perfect follow-up to *Kindness Catch*, reinforcing the theme of Week One through thoughtful art and shared celebration.



KINDNESS GARDEN

INSTRUCTION: PRINT AND CUT OUT THE FLOWER. LET KIDS DRAW IN THE CENTER.

